

ST. JOHNS HIGH SCHOOL

INTERSCHOLASTIC ATHLETICS



2008-2009
YEAR END REPORT



Chris R. Ervin, CAA
Director of Activities

“Teaching leadership and character in the quest for athletic excellence”

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INTRODUCTION

The following report focuses on facts and figures highlighting the 2008-09 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2008-09 school year was an astounding success for the student-athletes, coaches and teams in just the fourth year of competing in the Capital Area Activities Conference (CAAC). ***REDWING SUCCESS*** included seven CAAC Team Championships, 160 student-athletes earned CAAC Post-Season Honors, and 204 student-athletes earned CAAC All-Academic Honors. At the state level two teams won MHSAA District Championships, one team won a MHSAA Regional Championship, and the Wrestling Team was a Semi-Finalist. Furthermore, eight teams earned Academic All-State Honors, 16 student-athletes earned Academic All-State Honors, 22 student-athletes earned All-State Honors, and three wrestlers won state championships.

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CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT

2008-09

Blue

East Lansing
Grand Ledge
Holt
Jackson
Lansing Eastern
Lansing Everett
Okemos
(7)

Red

Jackson Lumen
Jackson Northwest
Lansing Sexton
Mason
Owosso
St. Johns
Waverly
(7)

Gold

Charlotte
DeWitt
Eaton Rapids
Fowlerville
Haslett
Ionia
(6)

White

Corunna
Lakewood
Lansing Catholic
Perry
Portland
Williamston
(6)

26 Schools

VARSITY SPORTS

Girls

Fall:

Cross Country
Golf
Sideline Cheer*
Swimming & Diving
Volleyball

Winter:

Basketball
Competitive Cheer
Gymnastics

Spring:

Soccer
Softball
Tennis
Track & Field

MHSAA Sports:

(11) Var. Sports

SJPS Sports:

(12) Var. Sports (w/Sideline Cheer)

Boys

Fall:

Cross Country
Football
Soccer
Tennis

Winter:

Basketball
Ice Hockey (Co-op w/ DeWitt)
Swimming & Diving
Wrestling

Spring:

Baseball
Golf
Track & Field

(11) Var. Sports

Additional Non-sanctioned SJPA & MHSAA activities:

Equestrian
Dance

CLASSIFICATIONS

Class A:

- Boys Basketball
- Girls Basketball
- Volleyball

Division I:

- Gymnastics
- Ice Hockey (Co-op w/ DeWitt)
- Boys Tennis (Opted up from Div. II to Div. I)

Division II:

- Baseball
- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Boys & Girls Soccer
- Softball
- Girls Tennis
- Boys & Girls Track and Field
- Wrestling

Division III:

- Football
- Boys & Girls Swimming and Diving

PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
Varsity Head Coaches	14	10	24
JV Head Coaches	8	7	15
Freshman Head Coaches	3	1	4
Assistant Coaches	5	7	12
Total	30	25	55

55% of paid coaching staff at St. Johns High School are teaching staff personnel. This is a 9% increase from 2007-08.

61% of our Head Varsity Coaches are teaching staff personnel.

*Excludes volunteer coaches, Dance and Equestrian. Includes coaches that split salaries and Ice Hockey (co/op w/ DeWitt).

CELEBRATIONS & ACCOLADES

CAAC Conference Champions (Team)

- Boys Cross Country
- Volleyball
- Wrestling
- Boys Swim/Dive
- Girls Tennis
- Baseball
- Softball

MHSAA District Champions (Team)

- Wrestling
- Softball

MHSAA Regional Champions (Team)

- Wrestling

MHSAA Tournament Success (Team)

- Boys Cross Country – 11th Place in Division II
- Wrestling – Division II Semi Finalist
- Boys Swimming & Diving – 7th Place in Division III

Academic All-State (Teams)

- Boys Tennis - Div. I Academic All-State 3.55 GPA
- Football - Div. III Academic All-State (HM) 3.73 GPA
- Boys Cross Country – Div. II Academic All-State 3.66 GPA
- Competitive Cheer – Div. II Academic All-State (HM)
- Boys Basketball – Class “A” Academic All-State 3.44 GPA
- Girls Basketball – Class “A” Academic All-State (HM) 3.44 GPA
- Softball – Div. II Academic All-State 3.44 GPA
- Girls Tennis – Div. II Academic All-State 3.72 GPA

Academic All-State (Athletes)

- Travis Dickenson (Football)
- Morsi Rayyan (Cross Country)
- Alex Salemi (Cross Country)
- Libby Salemi (Cross Country)
- Rosie Gould (Competitive Cheer)
- Danielle McCune (Competitive Cheer)
- Ben Jackson (Swim & Dive)
- Nathan Werner (Baseball)
- Keeley Mills (Softball)
- Tonya Madar (Softball)
- Michelle Boog (Softball)
- Morsi Rayyan (Track & Field)
- Alex Salemi (Track & Field)

- Jennifer Ashley (Track & Field)
- Allie Fox (Track & Field)
- Kayla Bowles (Track & Field)

All-State Athletes

- Alex Salemi (Cross Country)
- Morsi Rayyan (Cross Country)
- Libby Salemi (Cross Country)
- Travis Dickenson (Football)
- Ian Baert (Soccer)
- Nick Grider (Swimming)
- Alex Harry (Swimming)
- Corey Grider (Swimming)
- Ben Aldrich (Swimming)
- Travis Dickenson (Wrestling)
- Taylor Massa (Wrestling)
- Dan Osterman (Wrestling)
- Jake Walters (Wrestling)
- Jordan Wohlfert (Wrestling)
- Keeley Mills (Softball)
- Janelle Prisner (Tennis)
- Alex Salemi (Track & Field)
- Morsi Rayyan (Track & Field)
- Allie Fox (Track & Field)
- Kayla Bowles (Track & Field)
- Jennifer Ashley (Track & Field)
- Bre Bellinger (Track & Field)

State Champions

- Taylor Massa (Wrestling)
- Dan Osterman (Wrestling)
- Jake Walters (Wrestling)

Other Awards

- Volleyball – MHSAA District Good Sports are Winners Award
- Wrestling – MHSAA District Good Sports are Winners Award
- Wrestling – MHSAA Regional Good Sports are Winners Award

Coaching

- Bob Sackrider, Boys Cross Country (Class “A” All-Area Coach of the Year)
- Katy White, Volleyball (Class “A” All-Area Coach of the Year)
- Zane Ballard, Wrestling (LSJ Dream Team Coach of the Year)
- Kim Brewbaker, Boys Swim & Dive (LSJ Dream Team Coach of the Year)
- Jim Makarauskas, Induction into Michigan Coaches Hall of Fame
- Barry Palmer, MHSSCA Division II District Coach of the Year

ATHLETIC AWARDS

CAAC Senior Scholar-Athletes

- Michelle Boog, Travis Dickenson, Rose Gould, Ben Jackson, Ryan Lindquist, Tonya Madar, Pete Maniez, Tessa Marlatt, Tom Sperry, Lucas Sutherland.

Detroit Free Press Scholar-Athlete Award

- Travis Dickenson

Wendy's High School Heisman Award

- Tonya Madar & Tom Sperry

Army Reserves Scholar-Athlete Award

- Tonya Madar & Travis Dickenson

Marines Distinguished Athlete Award

- Breanna Bellingar & Pete Maniez

SJYAA Volunteer Award

- Jessica Lewis & Ryan Lindquist

St. Johns Youth Baseball Association Award

- Sarah Burton & Ryan Lindquist

Earl R. Lancaster Award

- Amanda Mathews & Greg Knaus

Brent Law Award

- Nathan Schafer

Outstanding Senior Athlete Award

- Breanna Bellingar & Travis Dickenson

MHSAA Farm Bureau Scholar-Athlete Award

- Rose Gould, Travis Dickenson, Tom Sperry, Sarah Burton, Ryan Lindquist, Pete Maniez (Finalist), Michelle Boog, Marites Woodbury, David Presocki, Kayla Bowles.

FALL SPORTS REVIEW

FOOTBALL:

Varsity Participation: 39 Student-Athletes

Record: 7-3 Overall, 4-1 CAAC (2nd Place)

Head Coach: David Mariage

Honors:

CAAC: Brock Teelander (OL), Zach VanEffen (OL), Greg Knaus (RB), CJ Jorae (DL/DE), Travis Dickenson (LB), Lucas Sutherland (LB), Ryan Lindquist (DB), Jake Robinson (DB), Ryan Slamka (DB), Caleb Bancroft (RB – HM), Ian Baert (K – HM).

CAAC All-Academic: Travis Dickenson, CJ Jorae, Greg Knaus, Ryan Lindquist, Ryan Lousma, Cody Loznak, Pete Maniez, Eddie Peters, Travis Scott, Zach Simon, Lucas Sutherland, Zac VanEffen, Matt Young.

All-Area: Travis Dickenson (Dream Team – LB), Greg Knaus (RB), Lucas Sutherland (HM – LB), Ryan Lindquist (HM – DB).

Individual Academic: Travis Dickenson (2nd Team Academic All-State)

Team Academic: MHSFCA Div. III Academic All-State (HM) 3.73 GPA

All-State: Travis Dickenson (LB)

JV Participation: 30 Student-Athletes

Record: 7-2 Overall, 4-1 CAAC

Head Coach: Mike Maloney

Freshman Participation: 26 Student-Athletes

Record: 5-4 Overall, 3-1 CAAC

Head Coach: Jim Cleaver

Assistant Coaches: John Archambault, Jake Parker, Russ Waggoner, Pat Kennelly, Dirk Besko, Mark Burnash.

Volunteer Coaches: Bob Paksi, Rueben Martinez, Rueben Martinez, Jr., Paul Golupski, Matt Billings.

BOYS CROSS COUNTRY:

Varsity Participation: 20 Student-Athletes

Record: CAAC 6-0 (Champions)

Head Coach: Robert Sackrider

Honors:

CAAC: Morsi Rayyan (1st), Garret Parsons (1st), Alex Salemi (1st), Nathan Schafer (2nd), Stephan Kay ((HM).

CAAC All-Academic: Sebastian Baker, Jacob Frankmann, Justin Hurst, Steven Kay, Tyler Miske, David Pastula, Morsi Rayyan, Alex Salemi.

All Area: Alex Salemi (Dream Team), Morsi Rayyan, Garret Parsons, Coach Bob Sackrider.

Regional: Team 4th Place

State Qualifiers: Team 11th Place in Division II

All-State: Alex Salemi (21st), Morsi Rayyan (26th)

Individual Academic All-State: Morsi Rayyan, Alex Salemi

Team Academic: Div. II Academic All-State 3.66 GPA

GIRLS CROSS COUNTRY:

Varsity Participation: 13 Student-Athletes

Record: CAAC 5-1 (2nd Place)

Head Coach: Robert Sackrider

Honors:

CAAC: Libby Salemi (1st), Rebecca Peacock (1st), Kayla Maki (2nd), Samantha McMullen (2nd), Jennifer Ashley (2nd).

CAAC All-Academic: Colleen Anthes, Jenny Ashley, Tammy Cornell, Erin Faivor, Lauren Fedewa, Kayla Maki, Libby Salemi, Lauren Thelen, Rachel Warner.

All Area: Libby Salemi, Rebecca Peacock.

State Qualifiers: Libby Salemi, Becca Peacock

All-State: Libby Salemi (27th)

Individual Academic All-State: Libby Salemi

GIRLS GOLF:

Varsity Participation: 6 Student-Athletes

Record: 7-4 Overall, 2-3 CAAC (5th Place)

Head Coach: Rick Schultz

Honors:

CAAC: Chelsey Trayer (1st), Savanah Martinez (HM), Michelle Peterson (HM), Kaylee Gates (HM).

CAAC All-Academic: Kaylee Gates, Tonya Madar, Michelle Peterson, Chelsey Trayer.

JV Participation: 6 Student-Athletes

Record: NA

Head Coach: Jason Gnegy

BOYS TENNIS:

Varsity Participation: 13 Student-Athletes

Record: 11-1 Overall, 5-1 CAAC (2nd Place)

Head Coach: Al Werbish

Asst. Coach: Jamie Werbish

Honors:

CAAC: Max Swarthout (HM - #1 Singles), Josh Gove (1st Team - #2 Singles), Scott Besko (3rd Team - #3 Singles), Ben Jackson (2nd Team - #4 Singles), Jason Hettler/Dan Lewis (2nd Team - #1 Doubles), Ryan Brown/Lance Rademacher (2nd Team - #2 Doubles), Ryan Priess/John McLeod (3rd Team - #3 Doubles), Greg Harris/Austin Parsons (2nd Team - #4 Doubles).

CAAC All-Academic: Josh Gove, Scott Besko, Ben Jackson, Jason Hettler, Dan Lewis, Ryan Brown, Ryan Priess, Austin Parsons.

All-Area: Max Swarthout, Josh Gove, Jason Hettler/Dan Lewis (HM)

Team Academic: Div. I Academic All-State 3.55 GPA

JV Participation: 16 Student-Athletes

Record: 5-8 Overall

Head Coaches: Angie Pertler

BOYS SOCCER:

Varsity Participation: 21 Student-Athletes

Record: 14-7-2 Overall, 3-3 CAAC (3rd Place Tie)

Head Coach: Karl Hanover

Honors:

CAAC: Ian Baert, Taylor Ladisky, Matt Pingel, Aaron Guarnaccia, Dane Bergstrom, Eric Ciolek (HM), Spencer Olson (HM), Conner Peterson (HM), Kyle Everts (HM).

CAAC All-Academic: Eric Ciolek, Sam Hanover, Kevin Hoard, Brad Ivan, Connor Peterson, Matt Pingel, Matt Young.

All-District: Ian Baert, Taylor Ladisky, Aaron Guarnaccia, Matt Pingel.

All-Area: Ian Baert, Taylor Ladisky (HM).

All-State: Ian Baert (HM)

JV Participation: 19 Student-Athletes

Record: 10-8-1 Overall, 3-1 CAAC

Head Coach: Rick Carlson

GIRLS SWIMMING & DIVING:

Varsity Participation: 21 Student-Athletes

Record: 9-3 Overall, 4-1 CAAC (2nd Place)

Head Coach: Kim Brewbaker

Assistant Coaches: Terri Grider, Stacie Smith

Honors:

CAAC: 200 Medley Relay (1st Team – Hailey LaBar, Emily Foote, Alayna Childers, Brianna Harden), 200 Freestyle (2nd – Anna Thomas), 200 IM (1st – Emily Foote), 50 Freestyle (2nd – Brianna Harden), Diving (1st – Connie Bellant), 100 Butterfly (1st – Emily Foote, 3rd – Hope Elzinga), 100 Freestyle (2nd – Brianna Harden), 500 Freestyle (1st – Alayna Childers, 3rd – Anna Thomas), 200 Freestyle Relay (2nd – Hope Elzinga, Carly Bellant, Alayna Childers, Brianna Harden), 100 Backstroke (1st – Hailey LaBar, Kelsey Cook), 100 Breaststroke (1st – Alayna Childers, 2nd – Carly Bellant), 400 Freestyle Relay (2nd – Hope Elzinga, Carly Bellant, Hailey LaBar, Anna Thomas).

CAAC All-Academic: Alayna Childers, Kelsey Cook, Mikayla Dvorak, Emily Foote, Harley Johnson, Hailey LaBar, Erin Mackie, Stephanie Nelson, Jamie Pollock, Taylor Schroeder, Jay Voisin.

MISCA All-Zone: Alayna Childers (2nd), Bri Harden (2nd), Emily Foote (2nd), Carly Bellant (HM), Hope Elzinga (HM), Hailey LaBar (HM), Anna Thomas (HM).

All-Area: Alayna Childers, Bri Harden, Emily Foote, Hailey LaBar (HM), Connie Bellant (HM), Carly Bellant (HM).

State Qualifiers: 200 Medley Relay (Hailey LaBar, Alayna Childers, Emily Foote, Bri Harden – 17th), 200 IM (Emily Foote – 29th), 100 Butterfly (Emily Foote – 31st), 100 Freestyle (Bri Harden – 29th), 200 Freestyle Relay (Hope Elzinga, Carly Bellant, Alayna Childers, Bri Harden – 25th), 100 Backstroke (Hailey LaBar – 19th), 100 Breaststroke (Alayna Childers – 18th), 400 Freestyle Relay (Hope Elzinga, Anna Thomas, Alayna Childers, Bri Harden – 24th).

SIDELINE CHEERLEADING:

Varsity Participation: 21 Student-Athletes

Head Coach: Jennifer Brewer

Assistant Coaches: Allison Bancroft

JV Participation: 11 Student-Athletes

Head Coach: Doris Gould

VOLLEYBALL

Varsity Participation: 12 Student-Athletes

Record: 31-17-2 Overall, 6-0 CAAC (Champions)

Head Coach: Katy White

Honors:

CAAC: Bre Bellinger, Paula Brown, Mallori Morgan, Alyssa Guarnaccia (HM),
Andrea Smith (HM).

CAAC All-Academic: Michelle Boog, Paula Brown, Kelsea Cole, Mary Lewis,
Malori Morgan, Nicol Parker, Chyna Swan, Jennifer Taylor.

All-Area: Paula Brown, Bre Bellinger (HM), Malori Morgan (HM).

Coaching: Katy White (Class "A" All-Area Coach of the Year)

Other: MHSAA District Good Sports are Winners Award

JV Participation: 11 Student-Athletes

Record: 26-10-3 Overall, 6-0 CAAC

Head Coach: Sheri Becker

Freshman Participation: 12 Student-Athletes

Record: 23-10-3 Overall, 5-1 CAAC

Head Coach: Rachel Gnegy

EQUESTRIAN (Non-Sanctioned Activity)

Varsity Participation: 21 Student-Athletes

Head Coach: Kathy Lowell

WINTER SPORTS REVIEW

BOYS BASKETBALL

Varsity Participation: 11 Student-Athletes

Record: 4-17 Overall, 1-11 CAAC (6th Place Tie)

Head Coach: Caleb Miller

Volunteer Coaches: Cole Cornwell, Eli Prout, Paul Golupski

Honors:

CAAC: Tom Sperry, Ryan Lindquist (HM), Nick Rademacher (HM).

CAAC All-Academic: Dan Horvath, Ryan Lindquist, Ed Peters, Nick Rademacher, Zach Salander, Travis Scott, Tom Sperry.

All-Area: Tom Sperry (HM).

Team Academic: Class "A" Academic All-State 3.44 GPA

JV Participation: 11 Student-Athletes

Record: 9-11 Overall, 5-7 CAAC

Head Coach: John Archambault

Freshman Participation: 14 Student-Athletes

Record: 8-12 Overall, 6-6 CAAC

Head Coach: Pat Kennelly

GIRLS BASKETBALL

Varsity Participation: 13 Student-Athletes

Record: 12-9 Overall, 9-3 CAAC (2nd Place Tie)

Head Coach: Mark Lasceski

Volunteer Coaches: Kari Walters

Honors:

CAAC: Brooke Adams, Janelle Prisner, Kayle Bowles (HM), Julianna Glanz (HM).

CAAC All-Academic: Kayla Bowles, Ashley Davis, Tonya Madar, Nicol Parker, Janelle Prisner, Sarah Villarreal.

All-Area: Brooke Adams (HM), Janelle Prisner (HM).

Team Academic: Class "A" Academic All-State (HM) 3.44 GPA

JV Participation: 12 Student-Athletes

Record: 20-0 Overall, 12-0 CAAC

Head Coach: Charlie Howes

Freshman Participation: 12 Student-Athletes

Record: 14-6 Overall, 10-3 CAAC

Head Coach: Brooke Samec

WRESTLING

Varsity Participation: 16 Student-Athletes

Record: 28-3 Overall, 5-1 CAAC (Co-Champions)

Head Coach: Zane Ballard

Assistant Coaches: Derek Phillips, Mike Curly

Honors:

CAAC: Jake Walters (Champion), Travis Dickenson (Champion), Taylor Massa (Champion), Devin Scheick (Champion), Rory Bender (Runner-Up), Dan Osterman (Runner-Up), Jordan Wohlfert (Runner-Up), Taylor Pemberton (3rd Team), Cameron Bender (3rd Team), Dan McCaul (3rd Team), Nate Kurth (3rd Team), Austin Brown (3rd Team).

CAAC All-Academic: Rory Bender, Travis Dickenson, Taylor Massa, Jordan Wohlfert, Andrew Flegler.

All-Area: Zane Ballard (LSJ Wrestling Coach of the Year), Taylor Massa (LSJ Dream Team Wrestler of the Year), Jake Walters (LSJ Dream Team), Dan Osterman (LSJ Dream Team), Jordan Wohlfert, Travis Dickenson, Devin Scheick (HM).

District: Team District Champions, Jake Walters (Champion), Dan Osterman (Champion), Taylor Massa (Champion), Travis Dickenson (Champion), Jordan Wohlfert (Runner-Up), Rory Bender (3rd Place), Devin Scheick (3rd Place), Travis Curley (4th Place).

Regional: Team Regional Champions, Jake Walters (Champion), Dan Osterman (Champion), Jordan Wohlfert (Runner-Up), Taylor Massa (Champion), Devin Scheick (4th Place), Travis Dickenson (Champion).

State Qualifiers: Team Semi-Finalist, Travis Dickenson (Runner-Up), Taylor Massa (State Champion), Dan Osterman (State Champion), Devin Scheick (Qualifier), Jake Walters (State Champion), Jordan Wohlfert (Runner-Up).

All-State: Travis Dickenson, Taylor Massa, Dan Osterman, Jake Walters, Jordan Wohlfert.

Other: MHSAA District Good Sports are Winners Award
MHSAA Regional Good Sports are Winners Award

JV Participation: 12 Student-Athletes

Record: NA

Head Coach: Derek Phillips

COMPETITIVE CHEERLEADING

Varsity Participation: 21 Student-Athletes

Record: CAAC (2nd Place)

Head Coach: Jennifer Brewer

Honors:

CAAC: Tessa Marlatt, Kayla Rigdon, Danielle McCune, Jessica Lewis, Kaci Wiers, Holly Lousma (HM), Kay Moody (HM), Mitzi Nelson (HM).

CAAC All-Academic: Rosie Gould, Tessa Marlatt, Sam Marlatt, Danielle McCune, Lindsey McKee, Courtney Shutes, Marites Woodbury, Becky Traxler.

All-District: Tessa Marlatt (1st), Kayla Rigdon (1st), Danielle McCune (2nd), Jessica Lewis (2nd), Kaci Wiers (HM), Holly Lousma (HM).

District: 4th Place Team Finish

All-Region: Tessa Marlatt (2nd), Kayla Rigdon (HM).

Regional: 7th Place Team Finish

Academic All-State: Team (HM), Rosie Gould, Danielle McCune.

JV Participation: 7 Student-Athletes

Record: NA

Head Coach: Doris Gould

GYMNASTICS

Varsity Participation: 17 Student-Athletes

Record: 3-11 Overall, 3-5 CAAC (6th Place)

Head Coach: Deb Davis

Honors:

CAAC All-Academic: Paige Burnash, Olivia Droste, Kristen Hudak, Madison Lake-Wickham, Emily Simon, Jennifer Taylor, Brittany Thayer, Ana Witteveen, Kari Young.

Regional Qualifiers: Team, Amanda Bidelman, Hope Elzinga, Morgan Hathcox, Kristen Hudak, Haley Jones, Jennifer Taylor, Megan Wilson.

All-Area: Morgan Hathcox (HM).

Academic All-Region: Kristen Hudak, Jennifer Taylor.

BOYS SWIMMING & DIVING

Varsity Participation: 32 Student-Athletes

Record: 11-1 Overall, 4-0 CAAC (Champions)

Head Coach: Kim Brewbaker

Assistant Coaches: Jim Makarauskas, Nick Neveau, Andy Keilen

Honors:

CAAC: 200 Freestyle (2nd – Ben Aldrich), 200 IM (3rd – Alex Harry), 50 Freestyle (1st – Nick Grider, 2nd – Corey Grider, 3rd – Tyler Wilson), 100 Butterfly (2nd – Nick Aldrich), 100 Freestyle (1st – Nick Grider, 2nd – Corey Grider), 500 Freestyle (1st – Ben Aldrich), 200 Freestyle Relay (1st – Alex Harry, Corey Grider, Ben Aldrich, Nick Grider), 100 Backstroke (2nd – Andrew Klassen, 3rd – Stephen Kay), 100 Breaststroke (1st – Tyler Wilson), 400 Freestyle Relay (1st – Alex Harry, Tyler Wilson, Ben Aldrich, Nick Grider).

CAAC All-Academic: Tyler Curtis, Nick Grider, Alex Harry, Ben Jackson, Stephen Kay, Dillon Kuchuk, Jeff Makarauskas, Sam Stark.

All-Area: Kim Brewbaker (LSJ Swim Coach of the Year), Ben Aldrich (LSJ Dream Team), Nick Grider (LSJ Dream Team), Corey Grider (LSJ Dream Team), Tyler Wilson, Alex Harry (HM), Nick Aldrich (HM).

State Qualifiers: Team – 7th Place in Division III, 50 Freestyle (Nick Grider – 5th Place & Corey Grider – 12th Place), 100 Freestyle (Nick Grider – 7th Place & Ben Alrich – 19th Place), 200 Freestyle Relay (Alex Harry, Corey Grider, Ben Aldrich, Nick Grider – State Runner-Up), Medley Relay (Corey Grider, Tyler Wilson, Nick Aldrich, Alex Harry – 10th Place), 200 Freestyle (Ben Aldrich – 20th Place), 100 Breaststroke (Nick Aldrich – 26th Place & Tyler Wilson – 31st Place), 400 Freestyle Relay (Alex Harry, Corey Grider, Ben Aldrich, Nick Grider – 9th Place).

All-State: Nick Grider (50 Freestyle, 100 Freestyle), Alex Harry, Corey Grider, Ben Aldrich, Nick Grider(200 Freestyle Relay).

Academic All-State: Ben Jackson

ICE HOCKEY

Varsity Participation: 8 Student-Athletes

Record: 18-5-2 Overall, 12-2-2 CAAC (2nd Place)

Head Coach: Fred Hingst

Honors:

CAAC: Lance Radamacher (HM), Ryan Slamka (HM), Dillon Frechen (HM), Connor Petersen (HM), Alex Zuker (HM).

CAAC All-Academic: Dillon Frechen, CJ Jorae, Connor Petersen, Ryan Slamka, Alex Zuker.

DANCE TEAM (Non-Sanctioned Activity)

Varsity Participation: 16 Student-Athletes

Head Coach: Michelle Lindquist

SPRING SPORTS REVIEW

BASEBALL:

Varsity Participation: 15 Student-Athletes

Record: 23-11 Overall, 10-2 CAAC (Co-Champions)

Head Coach: Chris Cramer

Volunteer Coaches: Rick Vining

Honors:

CAAC: Jake Ely, Tom Sperry, Ryan Joy, Ryan Slamka, Dan Nelson, Jake Pearsall (HM), Jake Robinson (HM).

CAAC All-Academic: Ryan Lindquist, Pete Maniez, Dan Nelson, Dave Presocki, Ryan Slamka, Tom Sperry, Nate Werner.

All-Area: Ryan Slamka, Ryan Joy, Tom Sperry, Jake Ely, Dan Nelson (HM), Jake Pearsall (HM).

All-District: Dan Nelson, Jake Pearsall, Jake Ely, Ryan Joy, Tom Sperry, Ryan Slamka.

All-District Academic: Nate Werner, Pete Maniez, Dave Presocki.

All-Region: Ryan Joy, Ryan Slamka, Jake Ely.

Academic All-State: Nate Werner

Diamond Classic Participant

JV Participation: 16 Student-Athletes

JV Record: 10-12 Overall, 7-5 CAAC

Head Coach: Rick LaBar

BOYS GOLF:

Varsity Participation: 7 Student-Athletes

Record: CAAC (5th Place)

Head Coach: Paul Sternburgh

Honors:

CAAC: Scott Besko, Ed Peters (HM).

CAAC All-Academic: Scott Besko, Dustin Coulter, Taylor Gates, Ed Peters, Matt Protasiewicz.

JV Participation: 12 Student-Athletes

Record: NA

Head Coaches: Rick Schultz

GIRLS SOCCER:

Varsity Participation: 22 Student-Athletes

Record: 11-6-1 Overall, 4-2 CAAC (3rd Place)

Head Coach: Kim Brewbaker

Volunteer Coach: Katie Brewbaker

Honors:

CAAC: Kara Stephens, Allie Fox, Olivia Droste, Kassondra Fox, Erika Smith (HM), Nicolle LeMay (HM), Katie Ivan (HM), Lauren Fedewa (HM), Nicole Malewska (HM), Jennifer Taylor (HM).

CAAC All-Academic: Lauren Fedewa, Allie Fox, Molli Heckaman, Katie Ivan, Carly Lennaman, Aubree Loznak, Aubrey Makara, Nicole Malewska, Nicol Parker, Miranda Roy, Kara Stephens, Jennifer Taylor, Rachel Warner.

All-Area: Kara Stephens, Allie Fox (HM).

All-District: Kara Stephens, Olivia Droste, Nicolle LeMay, Erika Smith, Kassondra Fox.

JV Participation: 20 Student-Athletes

Record: 12-2-1 Overall, 3-1 CAAC

Head Coach: Wendi Eldridge

GIRLS SOFTBALL

Varsity Participation: 11 Student-Athletes

Record: 23-16 Overall, 9-3 CAAC (Co-Champions)

Head Coach: Barry Palmer

Volunteer Coaches: Tim Palmer, Sheri Becker, Kevin Smith

Honors:

CAAC: Felicia Gingrich, Tonya Madar, Keeley Mills, Chelsey Trayer, Michelle Boog (HM).

CAAC All-Academic: Ashley Davis, Tonya Madar, Keeley Mills, Marie Minarik, Anna Thomas.

District: Team District Champions, Tonya Madar, Keeley Mills, Felicia Gingrich.

All-Region: Felicia Gingrich, Keeley Mills.

AllArea: Keeley Mills (LSJ Dream Team), Tonya Madar, Felicia Gingrich.

All-State: Keeley Mills (HM)

Individual Academic All-State: Keeley Mills, Tonya Madar, Michelle Boog.

Team Academic: Div. II Academic All-State 3.44 GPA

Coaching: Barry Palmer – MHSSCA Division II District Coach of the Year

JV Participation: 18 Student-Athletes

Record: 16-6 Overall, 9-1 CAAC

Head Coach: Jake Parker

Freshman Participation: 13 Student-Athletes

Record: 5-7 Overall

Head Coach: Sheri Becker

GIRLS TENNIS

Varsity Participation: 17 Student-Athletes

Record: 7-2-1 Overall, 5-0-1 CAAC (Champions)

Head Coach: Angela Pertler

Honors:

CAAC: Janelle Prisner (1st Team - #1 Singles), Trish Bellgowan (1st Team – #2 Singles), Liz Morgan (1st Team - #3 Singles), Brook Chant (1st Team - #4 Singles), Bailey Gurski/Sarah Klein (1st Team - #1 Doubles), Chyna Swan/Sarah Burton (2nd Team - #2 Doubles), Felicia Medina/Karli Henning (3rd Team - #3 Doubles), Paige Burnash/Monique Jorae (3rd Team - #4 Doubles).

CAAC All-Academic: Trisha Bellgowan, Sarah Burton, Paige Burnash, Jamie Cheeney, Bailey Gurski, Karli Henning, Monique Jorae, Sarah Klein, Lexy Krasovec, Felicia Medina, Chyna Swan.

All-Area: Janelle Prisner (LSJ Dream Team), Bailey Gurski/Sarah Klein.

Regional: Janelle Prisner (Runner-Up - #1 Singles), Bailey Gurski/Sarah Klein (Runners-Up - #1 Doubles).

State Qualifiers: Janelle Prisner (#1 Singles)

All-State: Janelle Prisner

Team Academic: Div. II Academic All-State 3.72 GPA

JV Participation: 19 Student-Athletes

Record: 1-6-1 Overall, 1-4 CAAC

Head Coach: Karl Hanover

BOYS TRACK & FIELD

Varsity Participation: 62 Student-Athletes

Record: 3-3 CAAC (4th Place)

Head Coach: David Mohre

Assistant Coaches: Neil Feldpausch & Gary Sykes

Honors:

CAAC: Lucas Sutherland (2nd – Long Jump), Caleb Bancroft (1st – Pole Vault, 4th – 300 M Hurdles), Scott Ketchum (2nd – Discus, 8th – Shot Put), Alex Salemi (1st – 1600 M Run, 3rd – 800 M Run), Morsi Rayyan (1st – 3200 M Run, 2nd – 1600 M Run), Alex Salemi, Morsi Rayyan, Nathan Schafer & Garret Parsons (2nd – 3200 M Relay), Nate Feldpausch (4th – High Jump), Greg Knaus (5th – 100 M Dash, 5th – 200 M Run).

CAAC All-Academic: Sebastian Baker, Ryan Ballinger, KJ Carpenter, John Corser, Tyler Curtis, Nate Feldpausch, Jacob Frankman, Connor Geil, Stephen Kay, Dillon Kuchuk, Andrew Mullikin, Morsi Rayyan, Billy Richardson, Zach Salander, Alex Salemi, Zach Savoie, Travis Scott, Jacob Seibert, Josh Spicer, Kyle Splitt, Lucas Sutherland, Gunnar Swanchara, Geoffrey Sykes, Nick Theis, Dylan Thelen, Matt Thelen, Chad Thum, Evan VanBeelen, Phil Witteveen, Brett Wreggelsworth.

All-Area: Morsi Rayyan (3200 M Run), Alex Salemi HM (1600 M Run).

Regional Performers: Alex Salemi (2nd – 1600 M Run), Morsi Rayyan (1st – 3200 M Run).

Honor Roll Meet Performers: Lucas Sutherland, Caleb Bancroft, Morsi Rayyan, Alex Salemi.
State Qualifiers: Alex Salemi (1600 M Run), Morsi Rayyan (3200 M Run).
Individual Academic All-State: Alex Salemi, Morsi Rayyan
All-State: Alex Salemi (5th – 1600 M Run), Morsi Rayyan (8th – 3200 M Run).

GIRLS TRACK & FIELD

Varsity Participation: 39 Student-Athletes
Record: 4-2 CAAC (2nd Place)
Head Coach: Darren Scott
Assistant Coaches: Neil Feldpausch & Gary Sykes

Honors:

CAAC: Katie Thelen (2nd – Discus), Bre Bellinger (2nd – Long Jump, 1st – 300 M Hurdles), Andrea Smith (1st – High Jump, 4th - Discus), Kayla Maki, Samantha McMullen, Libby Salemi & Rebecca Peacock (3rd - 3200 M Relay), Jennifer Ashley (2nd – 100 M Hurdles), Brianna Harden, Kayla Bowles, Jennifer Ashley & Bre Bellinger (3rd - 800 M Relay), Libby Salemi (2nd – 1600 M Run, 3rd – 3200 M Run), Rebecca Peacock (3rd – 800 M Run), Heather Mutch, Brianna Harden, Rebecca Peacock & Jennifer Ashley (3rd – 1600 M Relay), Brittany Farson (4th – Shot Put), Katelyn Peacock (4th – 100 M Run), Samantha McMullen (5th – 1600 M Run), Brianna Harden (8th – 400 M Run), Melissa Peffley (7th – 3200 M Run), Kayla Bowles, Jennifer Ashley, Katelyn Peacock & Bre Bellinger (4th – 400 M Relay).

CAAC All-Academic: Jennifer Ashley, Brea Bellinger, Kayla Bowles, Lauren Fedewa, Allie Fox, Brianna Harden, Kayla Maki, Samantha McMullen, Heather Mutch, Nicol Parker, Katelyn Peacock, Rebecca Peacock, Melissa Peffley, Libby Salemi, Andrea Smith, Jennifer Taylor, Katie Thelen.

All-Area: Allie Fox (100 M Dash), Kayla Bowles, Jennifer Ashley, Bre Bellinger, & Allie Fox HM (800 M Relay).

Regional Performers: Team 4th Place Regional Finish. Jennifer Ashley (2nd – 100 M Hurdles), Allie Fox (4th – Long Jump, 1st – 100 M Run), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (3rd – 800 M Relay), Libby Salemi (2nd – 1600 M Run), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (4th – 400 M Relay), Bre Bellinger (2nd – Long Jump & 2nd – 300 M Hurdles), Brittany Farson (8th – Shot Put), Andrea Smith (6th – High Jump), Katie Thelen (8th – Discus), Libby Salemi (6th – 3200 M Run), Nicol Parker (7th – 400 M Run), Rebecca Peacock (6th – 800 M Run), Breanna Harden, Jennifer Ashley, Jennifer Taylor & Nicol Parker (4th – 1600 M Relay), Samantha McMullen (8th – 1600 M Run).

Honor Roll Meet Performers: Andrea Smith, Bre Bellinger, Jennifer Ashley, Allie Fox, Libby Salemi, Kayla Bowles.

State Qualifiers: Jennifer Ashley (100 M Hurdles), Allie Fox (100 M Dash), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (800 M Relay), Libby Salemi (1600 M Run), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (400 M Relay), Bre Bellinger (Long Jump & 300 M Hurdles),

Individual Academic All-State: Jennifer Ashley, Allie Fox, Kayla Bowles

All-State: Allie Fox (3rd – 100 M Run), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (8th - 800 M Relay).

School Record: Allie Fox (12.27 – 100 M Dash), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (51.44 - 400 M Relay), Kayla Bowles, Jennifer Ashley, Bre Bellinger & Allie Fox (147.13 - 800 M Relay).

2008-09 OVERALL ATHLETIC PARTICIPATION STATISTICS

OF SPORTS PER MALE ATHLETE

BOYS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL MALE ATHLETES
9 th Grade Boys	44	29	8	0	81
10 th Grade Boys	44	24	4	0	72
11 th Grade Boys	35	25	4	0	64
12 th Grade Boys	30	15	4	0	49
Total	153	93	20	0	266

OF SPORTS PER FEMALE ATHLETE

GIRLS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL FEMALE ATHLETES
9 th Grade Girls	40	23	10	0	73
10 th Grade Girls	27	19	3	0	49
11 th Grade Girls	32	24	2	2	60
12 th Grade Girls	27	17	1	0	45
Total	126	83	16	2	227

ATHLETIC PARTICIPATION BY GRADE / GENDER

GRADE	BOYS	GIRLS	TOTAL	% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION (493)
9 th	81	73	154	31%
10 th	72	49	121	25%
11 th	64	60	124	25%
12 th	49	45	94	19%
TOTAL	266	227	493	
% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (1,092)	24%	21%	45%	

ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

GRADE	# OF ATHLETES	% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (1,092)
9 th	154	14%
10 th	121	11%
11 th	124	11%
12 th	94	9%
TOTAL	493	45%

*Total enrollment based on February 27, 2008 MHSAA count (1,092 Students).

*Excludes Equestrian and Dance.

DUAL PARTICIPATION ATHLETES

<u>Name</u>	<u>Grade</u>	<u>Season</u>	<u>Primary/Secondary</u>
Ian Baert	11 th	Fall	Soccer/Football
Lauren Fedewa	10 th	Spring	Soccer/Track
Allie Fox	10 th	Spring	Soccer/Track
Missy Goboly	11 th	Fall	Volleyball/Golf
Nicol Parker	11 th	Spring	Soccer/Track
Jennifer Taylor	11 th	Spring	Soccer/Track