

ST. JOHNS HIGH SCHOOL

INTERSCHOLASTIC ATHLETICS



2009-2010
YEAR END REPORT



Chris R. Ervin, CAA
Director of Activities

“Teaching leadership and character in the quest for athletic excellence”

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INTRODUCTION

The following report focuses on facts and figures highlighting the 2009-10 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2009-10 school year was an astounding success for the student-athletes, coaches and teams in just the fifth year of competing in the Capital Area Activities Conference (CAAC).

Redwing success included five CAAC Championships, three MHSAA District Championships, one MHSAA Team Regional Championship, and Wrestling won the MHSAA Division II State Championship. Twelve teams earned Academic All-State Honors, 17 student-athletes earned Academic All-State Honors, 18 student-athletes earned All-State Honors, two student-athletes won individual state championships, and four coaches earned post season honors.

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CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT

2009-10

Blue

East Lansing
Grand Ledge
Holt
Jackson
Lansing Eastern
Lansing Everett
Okemos
(7)

Red

Jackson Lumen
Jackson Northwest
Lansing Sexton
Mason
Owosso
St. Johns
Waverly
(7)

Gold

Charlotte
DeWitt
Eaton Rapids
Fowlerville
Haslett
Ionia
(6)

White

Corunna
Lakewood
Lansing Catholic
Perry
Portland
Williamston
(6)

26 Schools

VARSITY SPORTS

Girls

Fall:

Cross Country
Golf
Sideline Cheer*
Swimming & Diving
Volleyball

Winter:

Basketball
Competitive Cheer
Gymnastics

Spring:

Soccer
Softball
Tennis
Track & Field

MHSAA Sports:

(11) Var. Sports

SJPS Sports:

(12) Var. Sports (w/Sideline Cheer)

Boys

Fall:

Cross Country
Football
Soccer
Tennis

Winter:

Basketball
Ice Hockey (Co-op w/ DeWitt)
Swimming & Diving
Wrestling

Spring:

Baseball
Golf
Track & Field

(11) Var. Sports

Additional Non-sanctioned SJPA & MHSAA activities:

Equestrian
Dance

CLASSIFICATIONS

Class A:

- Boys Basketball
- Girls Basketball
- Volleyball

Division I:

- Baseball
- Gymnastics
- Ice Hockey (Co-op w/ DeWitt)
- Softball
- Girls Tennis

Division II:

- Football
- Boys Tennis
- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Boys & Girls Soccer
- Boys Swimming & Diving
- Girls Swimming & Diving
- Boys & Girls Track and Field
- Wrestling

PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
Varsity Head Coaches	14	9	23
JV Head Coaches	10	5	15
Freshman Head Coaches	2	2	4
Assistant Coaches	5	6	11
Total	31	22	53

59% of paid coaching staff at St. Johns High School are teaching staff personnel. This is a 4% increase from 2008-09.

64% of our Head Varsity Coaches are teaching staff personnel. This is a 3% increase from 2008-09.

*Excludes volunteer coaches, Dance and Equestrian. Includes coaches that split salaries and Ice Hockey (co/op w/ DeWitt).

CELEBRATIONS & ACCOLADES

CAAC Conference Champions (Team)

- Football
- Girls Swimming & Diving
- Girls Basketball
- Boys Swimming & Diving
- Wrestling

MHSAA District Champions (Team)

- Boys Soccer
- Wrestling
- Softball

MHSAA Regional Champions (Team)

- Wrestling

MHSAA Tournament Success (Team)

- Wrestling – MHSAA Division II State Champions
- Boys Swimming/Diving – MHSAA Division II - 12th Place
- Boys Track & Field – MHSAA Division II – 19th Place

Academic All-State (Teams)

- Football – MHSFCA Division II Academic All-State
- Boys Tennis - MHSTCA Division II Team Academic All-State
- Volleyball – MIVCA Class “A” Academic All-State
- Competitive Cheer – Division II Academic All-State (HM)
- Boys Swimming – Division II Academic All-State
- Boys Basketball – Class “A” Team Academic All-State
- Girls Basketball – Class “A” Team Academic All-State (HM)
- Wrestling - MWA Division II Team Academic All-State
- Boys Golf – Division II Team Academic All-State
- Softball – Division I Team Academic All-State
- Girls Soccer - Division II Team Academic All-State
- Girls Tennis - MHSTCA Division I Team Academic All-State

Academic All-State (Athletes)

- Erin Mackie (Swimming)
- Eric Ciolek, (Swimming)
- Stephen Kay (Swimming)
- Sam Stark (Swimming)
- Morsi Rayyan (Cross Country)
- Kristen Hudak (Gymnastics)
- Emily Simon (Gymnastics)
- Connor Petersen (Ice Hockey)
- Dillon Frechen (Ice Hockey)
- Olivia Droste (Girls Soccer)
- Aubree Loznak (Girls Soccer)

- Aubrey Makara (Girls Soccer)
- Jennifer Taylor (Girls Soccer)
- Nathan Werner (Baseball)
- Morsi Rayyan (Track & Field)
- Ashley Davis (Softball)
- Eddie Peters (Boys Golf)

Academic All-American (Athletes)

- Erin Mackie (Swimming)
- Eric Ciolek, (Swimming)
- Stephen Kay (Swimming)
- Sam Stark (Swimming)

All-State Athletes

- Morsi Rayyan (Cross Country)
- Matt Pingel (Boys Soccer)
- Eric Ciolek (Boys Soccer)
- Dane Bergstrom (Boys Soccer)
- Tyler Kinsey (Boys Soccer)
- Jacob Schmitt (Wrestling)
- Brant Schafer (Wrestling)
- Josh Pennell (Wrestling)
- Jordan Wohlfert (Wrestling)
- Taylor Massa (Wrestling)
- Devin Scheick (Wrestling)
- Nick Grider (Swimming)
- Alex Harry (Swimming)
- Nick Aldrich (Swimming)
- Ben Aldrich (Swimming)
- Olivia Droste (Girls Soccer)
- Morsi Rayyan (Track & Field)
- Alex Salemi (Track & Field)

State Champions

- Jacob Schmitt (Wrestling)
- Taylor Massa (Wrestling)

Other Awards

- Ben Aldrich (LSJ/MISCA Swimmer of the Year)
- Taylor Massa (LSJ Wrestler of the Year)

Coaching

- Karl Hanover, Boys Soccer All-District Coach of the Year
- Zane Ballard, , LSJ Coach of the Year, MWA Wrestling Regional Coach of the Year, MWA State Coach of the Year
- Fred Hingst, Ice Hockey LSJ Coach of the Year
- Barry Palmer, Softball District Coach of the Year

ATHLETIC AWARDS

CAAC Senior Scholar-Athletes

- Ryan Ballinger, Eric Ciolek, Nicol Parker, Eddie Peters, Connor Petersen, Matt Pingel, Morsi Rayyan, Zach Salander, Travis Scott, Jennifer Taylor.

Detroit Free Press Scholar-Athlete Award

- Morsi Rayyan

Wendy's High School Heisman Award

- None

Army Reserves Scholar-Athlete Award

- Eddie Peters & Nicol Parker

Marines Distinguished Athlete Award

- Connor Petersen & Ashley Davis

SJYAA Volunteer Award

- Ashley Davis & Ethan Williams

Earl R. Lancaster Award

- Stephen Kay & Nicol Parker

Brent Law Award

- Madison Cook

Outstanding Senior Athlete Award

- Morsi Rayyan & Janelle Prisner

MHSAA Farm Bureau Scholar-Athlete Award

- Ashley Davis, Elizabeth Morgan, Jennifer Taylor, Nicol Parker, Travis Scott.

MIAAA Scholarship

- Morsi Rayyan

FALL SPORTS REVIEW

FOOTBALL:

Varsity Participation: 49 Student-Athletes

Record: 6-4 Overall, 4-1 CAAC (Co-Champions)

Head Coach: David Mariage

Honors:

CAAC: Eddie Peters, Jake Robinson, Brock Teelander, Taylor Pemberton, Cody Garlock, Colin Wilson, Travis Scott, Tim Moinet, Ryan Joy (HM).

CAAC All-Academic: Eddie Peters, Travis Scott, John Eaton, Andrew Flegler, Cody Gradwell, Nick Grider, Garrett Hyde, Justin Janeski, Connor Kingsbury, Tim Moinet, Kevin Root, Kyle Splitt, Gunnar Swanchara, Nick Theis, Chad Thum, Taylor Wood, Alex Zuker, Austin Koneval, Mason Sauls, Matt Bearup.

All-Area: Jake Robinson, Brock Teelander, Taylor Pemberton (HM), Colin Wilson (HM), Travis Scott (HM).

Team Academic: MHSFCA Division II Academic All-State

JV Participation: 27 Student-Athletes

Record: 5-4 Overall, 3-0 CAAC

Head Coach: Mike Maloney

Freshman Participation: 31 Student-Athletes

Record: 7-2 Overall, 2-2 CAAC

Head Coach: Jim Cleaver

Assistant Coaches: John Archambault, Jake Parker, Russ Waggoner, Pat Kennelly, Dirk Besko, Mark Burnash.

Volunteer Coaches: Bob Paksi, Rueben Martinez, Rueben Martinez, Jr., Paul Golupski, Matt Billings, Cory Barz, Brandon Smith.

BOYS CROSS COUNTRY:

Varsity Participation: 25 Student-Athletes

Record: CAAC (3rd Place)

Head Coach: Robert Sackrider

Honors:

CAAC: Morsi Rayyan, Ryan Ballinger, Cameron Spiece (HM), Spencer Shellberg (HM)
Jacob Frankman (HM).

CAAC All-Academic: Sebastian Baker, Ryan Ballinger, Stephen Kay, Andrew Klassen,
Tyler Miske, Garret Parsons, David Pastula, Morsi Rayyan, Alex Salemi.

All Area: Morsi Rayyan (LSJ Dream Team)

Regional: Morsi Rayyan (Runner-Up)

All-State: Morsi Rayyan (5th Place)

Individual Academic All-State: Morsi Rayyan

GIRLS CROSS COUNTRY:

Varsity Participation: 14 Student-Athletes

Record: CAAC (3rd Place)

Head Coach: Robert Sackrider

Honors:

CAAC: Becca Peacock, Libby Salemi, Kayla Maki, Rachel Warner (HM).

CAAC All-Academic: Colleen Anthes, Jennifer Ashley, Erin Faivor, Lauren Fedewa,
Maleah Gust, Kayla Maki, Libby Salemi, Lauren Fedewa, Rachel Warner.

All Area: Becca Peacock, Libby Salemi.

State Qualifiers: Becca Peacock (38th), Libby Salemi.

GIRLS GOLF:

Varsity Participation: 7 Student-Athletes

Record: 9-2 Overall, 4-2 CAAC (3rd Place)

Head Coach: Rick Schultz

Honors:

CAAC: Chelsey Trayer, Michelle Peterson (HM), Savannah Martinez (HM),
Megan Stoddard (HM).

CAAC All-Academic: Kaylee Gates, Madison Lake-Wickham, Sarah Nodarse.

All-Area: Chelsey Trayer.

JV Participation: 5 Student-Athletes

Record: NA

Head Coach: Jason Gnegy

BOYS TENNIS:

Varsity Participation: 13 Student-Athletes
Record: 7-4-1 Overall, 5-1 CAAC (2nd Place)
Head Coach: Al Werbish
Asst. Coach: Chris Silker

Honors:

CAAC: Max Swarhout (HM - #1 Singles), Josh Gove (2nd Team - #2 Singles), Andres Alba (1st Team - #3 Singles), Zach Peters (2nd Team - #4 Singles), Austin Parsons & Lance Rademacher (3rd Team - #1 Doubles), Brad Morgan & Zach Werner (3rd Team - #2 Doubles), Peter McLeod & Ryan Musolf (HM - #3 Doubles), Alex Ervin & Kody Peters (HM - #4 Doubles).

CAAC All-Academic: Brandon Bellinger, Alex Ervin, Josh Gove, Ryan Musolf, Kody Peters, Zach Peters, Zach Werner.

All-Area: Max Swarhout (HM), Josh Gove (HM).

Team Academic: MHSTCA Division II Team Academic All-State

JV Participation: 14 Student-Athletes
Record: 4-7-1 Overall, 4-0 CAAC
Head Coaches: Angie Pertler

BOYS SOCCER:

Varsity Participation: 17 Student-Athletes
Record: 16-6-2 Overall, 5-1 CAAC (2nd Place)
Head Coach: Karl Hanover

Honors:

CAAC: Matt Pingel, Eric Ciolek, Dane Bergstrom, Sam Hanover, Kyle Everts, Connor Petersen, Kevin Hoard (HM), Jon Harden (HM), Spencer Olson (HM), Corbin Feldpausch (HM), Tyler Kinsey (HM).

CAAC All-Academic: Keldon Carpenter, Eric Ciolek, Jon Harden, Kevin Hoard, Brad Ivan, Connor Petersen, Matt Pingel.

Team District Champions

All-District: Coach Karl Hanover, Matt Pingel, Eric Ciolek, Dane Bergstrom, Sam Hanover, Kyle Everts, Connor Petersen, Kevin Hoard, Tyler Kinsey, Jon Harden, Spencer Olson, Keldon Carpenter, Corbin Feldpausch.

All-Area: Matt Pingel (LSJ Dream Team), Eric Ciolek, Dane Bergstrom, Tyler Kinsey (HM), Sam Hanover (HM).

All-State: Matt Pingel (2nd), Eric Ciolek (2nd), Dane Bergstrom (HM), Tyler Kinsey (HM).

JV Participation: 18 Student-Athletes
Record: 6-8-3 Overall, 4-0 CAAC
Head Coach: Rick Carlson

GIRLS SWIMMING & DIVING:

Varsity Participation: 20 Student-Athletes

Record: 11-1 Overall, 4-0 CAAC (Champions)

Head Coach: Kim Brewbaker

Assistant Coaches: Terri Grider, Cassie Bellant, Kati Brewbaker

Honors:

CAAC: 200 Medley Relay – 1st (Kelsey Cook, Sarah Ely, Karis Petrak, Anna Thomas), Anna Thomas (2nd – 200 Freestyle), Jay Voisin (8th – 200 Freestyle), Emily Foote (1st – 200 IM), Sarah Ely (3rd – 200 IM), Karis Petrak (8th – 200 IM), Hope Elzinga (2nd – 50 Freestyle), Carly Bellant (4th – 50 Freestyle), Sara Boyd (8th – 50 Freestyle), Connie Bellant (1st – Diving), Sara Boyd (3rd – Diving), Emily Foote (1st – 100 Butterfly), Hope Elzinga (2nd – 100 Butterfly), Karis Petrak (5th – 100 Butterfly), Hailey LaBar (1st – 100 Freestyle), Kelsey Cook (6th – 100 Freestyle), Anna Thomas (2nd – 500 Freestyle), Jay Voisin (8th – 500 Freestyle), Hailey LaBar (1st – 100 Backstroke), Kelsey Cook (3rd – 100 Backstroke), Erin Mackie (6th – 100 Backstroke), Carly Bellant (1st – 100 Breaststroke), Sarah Ely (2nd – 100 Breaststroke), 400 Freestyle Relay – 2nd (Emily Foote, Carly Bellant, Hope Elzinga, Hailey LaBar).

CAAC All-Academic: Mikayla Dvorak, Hailey LaBar, Erin Mackie, Stephanie Nelson, Taylor Schroeder, Jay Voisin.

MISCA All-Zone: Hailey LaBar (2nd), Emily Foote (2nd), Carly Bellant (2nd), Connie Bellant (2nd), Sarah Ely (HM), Kelsey Cook (HM), Hope Elzinga (HM), Anna Thomas (HM).

All-Area: Hailey LaBar, Emily Foote, Carly Bellant, Connie Bellant, Sarah Ely (HM), Kelsey Cook (HM), Hope Elzinga (HM), Anna Thomas (HM).

Academic All-State & All-American: Erin Mackie

State Qualifiers: 200 Medley Relay – 25th (Hailey LaBar, Carly Bellant, Emily Foote, Hope Elzinga), 400 Freestyle Relay – 27th (Emily Foote, Anna Thomas, Hope Elzinga, Hailey LaBar).

SIDELINE CHEERLEADING:

Varsity Participation: 13 Student-Athletes

Head Coach: Jennifer Brewer

JV Participation: 6 Student-Athletes

Head Coach: Kim Pung

VOLLEYBALL

Varsity Participation: 10 Student-Athletes

Record: 16-27-3 Overall, 6-3 CAAC (3rd Place)

Head Coach: Katy White

Honors:

CAAC: Nicol Parker, Alyssa Guarnaccia, Nicole Motz, Missy Goboly (HM).

CAAC All-Academic: Allie Fox, Alyssa Guarnaccia, Molli Heckaman, Ashley Kus, Mary Lewis, Nicole Motz, Nicol Parker, Jennifer Taylor.

All-Area: Nicol Parker (HM)

All-Region: Nicol Parker

Team Academic: MIVCA Class "A" Academic All-State – 3.76 GPA

JV Participation: 11 Student-Athletes

Record: 27-14 Overall, 4-2 CAAC

Head Coach: Sheri Becker

Freshman Participation: 12 Student-Athletes

Record: 17-9-4 Overall, 5-1 CAAC

Head Coach: Rachel Gnegy

EQUESTRIAN (Non-Sanctioned Activity)

Varsity Participation: 15 Student-Athletes

Head Coach: Kathy Lowell

WINTER SPORTS REVIEW

BOYS BASKETBALL

Varsity Participation: 12 Student-Athletes
Record: 6-15 Overall, 3-9 CAAC (6th Place)
Head Coach: Caleb Miller
Volunteer Coaches: Denny Baratono, Paul Golupski

Honors:

CAAC: Travis Scott, Scott Besko (HM), Mitch Jewell (HM), Kyler Parker (HM).
CAAC All-Academic: Scott Besko, Jon Harden, Dan Horvath, Eddie Peters, Kevin Root, Zach Salander, Travis Scott.
Team Academic: Class “A” Team Academic All-State

JV Participation: 12 Student-Athletes
Record: 8-11 Overall, 4-7 CAAC
Head Coach: John Archambault
Volunteer Coaches: Jason Hetler

Freshman Participation: 15 Student-Athletes
Record: 8-11 Overall, 6-5 CAAC
Head Coach: Cole Cornwell

GIRLS BASKETBALL

Varsity Participation: 10 Student-Athletes
Record: 16-5 Overall, 11-1 CAAC (Champions)
Head Coach: Mark Lasceski
Volunteer Coaches: Kari Walters

Honors:

CAAC: Janell Prisner, Jordyn Nurenberg, Sarah Empie (HM), Erica Smith (HM), Nicol Parker (HM).
CAAC All-Academic: Amanda Glowacki, Alex Hallenbeck, Skylar Hebert, Nicol Parker, Janelle Prisner, Mikayla Silm.
All-Area: Janell Prisner (HM), Jordyn Nurenberg (HM).
Team Academic: Class “A” Team Academic All-State (HM)

JV Participation: 12 Student-Athletes
Record: 13-6 Overall, 10-1 CAAC
Head Coach: Charlie Howes

Freshman Participation: 10 Student-Athletes
Record: 16-2 Overall, 9-0 CAAC
Head Coach: Brooke Samec

WRESTLING

Varsity Participation: 16 Student-Athletes

Record: 36-3 Overall, 6-0 CAAC (Champions)

Head Coach: Zane Ballard

Assistant Coaches: Derek Phillips, Mike Curly

Honors:

CAAC: Team (League Champions), Jacob Schmitt (Champion), Brant Schafer (Champion), Josh Pennell (Runner-Up), Rory Bender (Champion), Cameron Bender (Champion), Kevin Hoard (3rd Team), Travis Curley (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), Devin Scheick (Champion), Ryan Schueller (3rd Team), Austin Brown (3rd Team), Conrado Dominguez (Champion), Taylor Pemberton (3rd Team).

CAAC All-Academic: Conrado Dominguez, Kevin Hoard, Taylor Massa, Josh Pennell, Jacob Schmitt, Jordan Wohlfert.

All-Area: Taylor Massa (LSJ Wrestler of the Year), Jacob Schmitt (LSJ Dream Team), Jordan Wohlfert (LSJ Dream Team), Brant Schafer, Josh Pennell, Travis Curley, Devin Scheick, Austin Brown (HM), Conrado Dominguez (HM), Taylor Pemberton (HM), Zane Ballard (LSJ Coach of the Year).

District: Team (District Champions), Jacob Schmitt (Champion), Brant Schafer (Runner-Up), Josh Pennell (Champion), Rory Bender (3rd), Cameron Bender (4th), Travis Curley (Runner-Up), Jordan Wohlfert (Champion), Taylor Massa (Champion), Devin Scheick (Champion), Ryan Schueller (4th), Austin Brown (Runner-Up), Conrado Dominguez (Champion), Taylor Pemberton (Runner-Up).

Regional: Team (Regional Champions), Jacob Schmitt (Champion), Brant Schafer (Runner-Up), Josh Pennell (Champion), Travis Curley (Runner-Up), Jordan Wohlfert (Champion), Taylor Massa (Champion), Devin Scheick (Runner-Up), Austin Brown (Runner-Up), Conrado Dominguez (4th – Qualifier), Taylor Pemberton (4th – Qualifier).

MHSAA Division II Team State Champions

State Qualifiers: Jacob Schmitt (State Champion), Brant Schafer (5th), Josh Pennell (Runner-Up), Travis Curley, Jordan Wohlfert (3rd), Taylor Massa (State Champion), Devin Scheick (5th), Austin Brown, Conrado Dominguez, Taylor Pemberton.

All-State: Jacob Schmitt, Brant Schafer, Josh Pennell, Jordan Wohlfert, Taylor Massa, Devin Scheick.

Team Academic: MWA Division II Academic All-State – 3.42 GPA

JV Participation: 18 Student-Athletes

Record: NA

Head Coach: Derek Phillips

COMPETITIVE CHEERLEADING

Varsity Participation: 16 Student-Athletes

Record: CAAC (2nd Place)

Head Coach: Jennifer Brewer

Honors:

CAAC: Danielle McCune, Kay Moody, Kayla Rigdon, Courtney Shutes, Kelsie VanBeelen, Kaci Wiers, Amber Ettinger (HM), Sam Marlatt (HM), Megan Massey (HM), Meghan West (HM).

CAAC All-Academic: Sam Marlatt, Danielle McCune, Kay Moody, Courtney Shutes, Liz Sheehan.

All-District: Kay Moody (1st), Kayla Rigdon (2nd), Kaci Wiers (2nd), Danielle McCune (HM), Kelsie VanBeelen (HM).

Academic All-State: Division II Team Academic All-State (HM)

JV Participation: 12 Student-Athletes

Record: NA

Head Coach: Kim Pung

GYMNASTICS

Varsity Participation: 11 Student-Athletes

Record: 1-13 Overall, 1-7 CAAC (8th Place)

Head Coach: Deb Davis

Honors:

CAAC All-Academic: Laura Botzet, Paige Burnash, Holly Hamlin, Kristen Hudak, Liz Morgan, Emily Simon, Brittany Thayer.

Regional Qualifiers: Amanda Bidelman, Kristen Hudak, Emily Simon.

Academic All-State: Emily Simon, Kristen Hudak.

BOYS SWIMMING & DIVING

Varsity Participation: 30 Student-Athletes

Record: 9-2 Overall, 4-0 CAAC (Champions)

Head Coach: Kim Brewbaker

Assistant Coaches: Jim Makarauskas

Honors: (Top 3 All-League, 4th-8th HM)

CAAC: 200 Medley Relay (1st – Andrew Klassen, Brennan LaBar, Nick Aldrich, Aaron Stine), 200 Freestyle (1st – Ben Aldrich, 5th – Aaron Stine, 6th – Peter Sperry), 200 IM (1st – Nick Aldrich, 3rd – Steve Peterson, 5th – Dillon Kuchuk, 8th – Stephen Kay), 50 Freestyle (1st – Nick Grider, 2nd – Alex Harry, 5th – Ben Grider, 7th – Gage Denney), Diving (1st – Brennan LaBar, 5th – Jerry Cupples), 100 Butterfly (1st – Ben Aldrich, 4th – Andrew Klassen, 5th – Alex Harry, 7th – Sam Stark), 100 Freestyle (1st – Nick Grider, 3rd – Jeff Makarauskas, 4th – Ben Grider, 7th – Jacob Crosby), 500 Freestyle (2nd – Peter Sperry, 7th – Andres Teran Alba), 200 Freestyle Relay (1st – Alex Harry, Ben Grider, Nick Grider, Ben Aldrich), 100 Backstroke (1st – Andrew Klassen, 2nd – Aaron Stine, 3rd – Jeff Makarauskas, 4th – Stephen Kay), 100 Breaststroke (1st – Nick Aldrich, 2nd – Brennan LaBar, 3rd – Steve Peterson, 5th – Dillon Kuchuk), 400 Freestyle Relay (1st – Ben Grider, Alex Harry, Nick Grider, Ben Aldrich).

CAAC All-Academic: Zach Bouck, Eric Ciolek, Tyler Curtis, Gage Denney, Ben Grider, Nick Grider, Alex Harry, Stephen Kay, Andrew Klassen, Dillon Kuchuk, Brennan LaBar, Dimitre Leikert, Jeff Makarauskas, Sam Stark, Jeff Taylor.

All-Area: Ben Aldrich (LSJ/MISCA Zone 7 Swimmer of the Year), Nick Grider (MISCA 1st Team), Brennan LaBar (MISCA 1st Team), Alex Harry (MISCA 2nd Team), Nick Aldrich (MISCA 2nd Team), Andrew Klassen (MISCA HM), Ben Grider (MISCA HM), Aaron Stine (MISCA HM).

State Qualifiers: Team 12th Place, 200 Medley Relay (17th – Andrew Klassen, Brennan LaBar, Nick Aldrich, Alex Harry), 200 IM (12th – Ben Aldrich), 50 Freestyle (8th – Nick Grider, 13th – Ben Aldrich), Diving (13th – Brennan LaBar), 100 Freestyle (20th – Nick Grider), 200 Freestyle Relay (8th – Alex Harry, Nick Aldrich, Nick Grider, Ben Aldrich), 400 Freestyle Relay (14th – Ben Grider, Alex Harry, Nick Grider, Ben Aldrich).

All-State: Nick Grider (50 Freestyle), 200 Freestyle Relay (Alex Harry, Nick Aldrich, Nick Grider, Ben Aldrich).

Academic All-State: Team (Div. II – 3.57 GPA), Eric Ciolek, Stephen Kay, Sam Stark.

Academic All-American: Eric Ciolek, Stephen Kay, Sam Stark.

ICE HOCKEY

Varsity Participation: 6 Student-Athletes

Record: 17-8-2 Overall, 11-2-1 CAAC (2nd Place)

Head Coach: Fred Hingst

Honors:

CAAC: Connor Petersen, Lance Rademacher (HM), Dillon Frechen (HM), Alex Zuker (HM).

CAAC All-Academic: Adam Frechen, Dillon Frechen, Connor Petersen, Alex Zuker.

All-Area: Connor Petersen (LSJ Dream Team), Dillon Frechen, Lance Rademacher (HM), Alex Zuker (HM), Fred Hingst (LSJ Coach of the Year).

Academic All-State: Connor Petersen, Dillon Frechen.

DANCE TEAM (Non-Sanctioned Activity)

Varsity Participation: 20 Student-Athletes

Head Coach: Michelle Lindquist

SPRING SPORTS REVIEW

BASEBALL:

Varsity Participation: 13 Student-Athletes

Record: 13-18 Overall, 5-7 CAAC (5th)

Head Coach: Chris Cramer

Volunteer Coaches: Rick Vining

Honors:

CAAC: Ryan Joy, Jacob Robinson, Jared Nurenberg, Cody Garlock (HM), Jake Pearsall (HM), Dustin Pung (HM).

CAAC All-Academic: Nate Werner

All-Area: Jared Nurenberg, Jacob Robinson, Ryan Joy.

All-District: Ryan Joy

All-District Academic: Nathan Werner

Academic All-State: Nathan Werner

JV Participation: 19 Student-Athletes

JV Record: 15-8 Overall, 8-1 CAAC

Head Coach: Rick LaBar

Volunteer Coaches: Matt Woodhams

BOYS GOLF:

Varsity Participation: 7 Student-Athletes

Record: 3-3 CAAC (2nd Place)

Head Coach: Paul Sternburgh

Honors:

CAAC: Eddie Peters, Scott Besko, Kevin Pratl (HM).

CAAC All-Academic: Scott Besko, Eddie Peters, Taylor Wood.

Individual Academic All-State: Eddie Peters

Team Academic: Division II Academic All-State

All-Area: Eddie Peters, Scott Besko.

JV Participation: 12 Student-Athletes

Record: 5-1 Overall, 2-2 CAAC

Head Coaches: Rick Schultz

GIRLS SOCCER:

Varsity Participation: 21 Student-Athletes

Record: 12-5-2 Overall, 4-2 CAAC (3rd Place)

Head Coach: Kim Brewbaker

Volunteer Coach: Katie Brewbaker

Honors:

CAAC: Olivia Droste, Kassondra Fox, Allie Fox, Katie Ivan, Erika Smith (HM), Lauren Fedewa (HM), Randee Roy (HM), Jennifer Taylor (HM).

CAAC All-Academic: Olivia Droste, Lauren Fedewa, Allie Fox, Molli Heckaman, Katie Ivan, Aubree Loznak, Aubrey Makara, Miranda Roy, Emily Sharick, Emily Stoddard, Jennifer Taylor, Ally Turner.

All-Area: Olivia Droste, Allie Fox (HM).

All-District: Olivia Droste, Kassondra Fox, Allie Fox, Jennifer Taylor.

All-State: Olivia Droste (HM).

Team Academic: Division II Team Academic All-State – 3.66 GPA

Individual Academic: Olivia Droste, Aubree Loznak, Aubrey Makara, Jennifer Taylor.

JV Participation: 21 Student-Athletes

Record: 11-3 Overall, 4-1 CAAC

Head Coach: Wendi Eldridge

GIRLS SOFTBALL

Varsity Participation: 15 Student-Athletes

Record: 23-13-3 Overall, 8-4 CAAC (2nd Place)

Head Coach: Barry Palmer

Volunteer Coaches: Tim Palmer, Sheri Becker, Kevin Smith, Sarah Bartlett

Honors:

CAAC: Felicia Gingrich, Chelsey Trayer, Ashley Davis, Hannah Schneider, Anna Thomas (HM).

CAAC All-Academic: Ashley Davis, Ceara Grant, Breann Hartenburg, Baily Mageli, Marie Minarik, Hannah Schneider, Anna Thomas, Chelsey Trayer, Liz Vincent.

District: Team District Champions, Felicia Gingrich, Chelsey Trayer, Ashley Davis.

All-Region: Felicia Gingrich, Ashley Davis.

AllArea: Felicia Gingrich (LSJ Dream Team), Chelsey Trayer, Ashley Davis, Hannah Schneider (HM),

Team Academic: Division I Team Academic All-State – 3.4 GPA

Individual Academic: Ashley Davis

Coaching: Barry Palmer (District Coach of the Year)

JV Participation: 12 Student-Athletes

Record: 19-6 Overall, 8-1 CAAC

Head Coach: Jake Parker

Freshman Participation: 10 Student-Athletes

Head Coach: Sarah Bartlett

GIRLS TENNIS

Varsity Participation: 14 Student-Athletes

Record: Overall, 4-2 CAAC (3rd Place)

Head Coach: Angela Pertler

Honors:

CAAC: Janelle Prisner (1st Team - #1 Singles), Trisha Bellgowan (3rd Team - #2 Singles), Liz Morgan (1st Team - #3 Singles), Hannah Schupp (2nd Team - #4 Singles), Brooke Chant/Karli Henning (2nd Team - #1 Doubles), Morgan Pline/Monique Jorae (2nd Team - #2 Doubles), Jamie Cheeney/Loni Platte (3rd Team - #4 Doubles).

CAAC All-Academic: Trisha Bellgowan, Paige Burnash, Jamie Cheeney, Jessica Fedewa, Karli Henning, Monique Jorae, Lexy Krasovec, Liz Morgan, Morgan Pline, Janelle Prisner.

All-Area: Janelle Prisner (LSJ Dream Team),

Team Academic: MHSTCA Division I Team Academic All-State

JV Participation: 21 Student-Athletes

Head Coach: Karl Hanover

BOYS TRACK & FIELD

Varsity Participation: 47 Student-Athletes

Record: 3-3 CAAC (4th Place)

Head Coach: David Mohre

Assistant Coaches: Neil Feldpausch & Gary Sykes

Honors:

CAAC: Morsi Rayyan (1st – 3,200 M Run, 1st – 1,600 M Run, 2nd – 3,200 M Relay), Alex Salemi (1st – 800 M Run, 2nd – 1,600 M Run, 2nd – 3,200 M Relay, HM 1,600 M Relay), Tyler Howard (2nd – 3,200 M Relay), Spencer Shellberg (2nd – 3,200 M Relay), Trevor Kramer (2nd – Shot Put), Nate Feldpausch (3rd – High Jump), Scott Ketchum (4th – Discus, 6th – Shot Put), Matt Leyrer (4th – Pole Vault), Sebastian Baker (5th – 110 M Hurdles), Michael Dainton (5th – 800 M Relay, 4th – 400 M Relay), Jason Villarreal (5th – 800 M Relay, 4th – 400 M Relay, HM – 1,600 M Relay), Ben Thelen (5th – 800 M Relay), Dylan Thelen (5th – 800 M Relay, 4th – 400 M Relay, HM – 1,600 M Relay, 5th – 300 M Hurdles), Tyler Miske (4th – 400 M Relay, HM 1,600 M Relay).

CAAC All-Academic: Sebastian Baker, Ryan Ballinger, Nate Feldpausch, Stephen Kay, Morsi Rayyan, Mike Schafer, Spencer Shellberg, Ben Thelen, Dylan Thelen, Kyler VanWormer.

All-Area: Alex Salemi (800 M Run), Morsi Rayyan (LSJ Dream Team – 3,200 M Run)

Regional Performers: Alex Salemi (3rd – 800 M Run), Morsi Rayyan (1st – 3,200 M Run)

Honor Roll Meet Performers: Morsi Rayyan (3rd – 1,600 M Run), Alex Salemi (4th – 1,600 M Run).

State Qualifiers: Team (19th Place in Division 2), Morsi Rayyan (2nd – 3,200 M Run), Alex Salemi (4th – 800 M Run).

Individual Academic All-State: Morsi Rayyan

All-State: Morsi Rayyan, Alex Salemi

School Record: Morsi Rayyan (3,200 M Run – 9:25.55, 1,600 M Run – 4:20.96)

GIRLS TRACK & FIELD

Varsity Participation: 22 Student-Athletes

Record: 0-6 CAAC (7th Place)

Head Coach: Darren Scott

Assistant Coaches: Neil Feldpausch & Gary Sykes

Honors:

CAAC: Katie Thelen (2nd – Discus), Andrea Smith (2nd – High Jump), Jennifer Ashley (2nd – 100 M Hurdles, 1st 300 M Hurdles), Rebecca Peacock (1st – 800 M Run), Krista Moore (4th – Shot Put), Brittany Farson (5th – Shot Put), Rachel Warner (4th – 1,600 M Run), Lauren Thelen (5th – Pole Vault).

CAAC All-Academic: Jennifer Ashley, Nicol Parker, Rebecca Peacock, Katie Thelen, Lauren Thelen, Rachel Warner.

Honor Roll Meet Performers: Becca Peacock (5th – 800 M Run), Jenny Ashley (3rd – 300 M Hurdles).

State Qualifiers: Becca Peacock (800 M Run), Jennifer Ashley (300 M Hurdles).

2009-10 OVERALL ATHLETIC PARTICIPATION STATISTICS

OF SPORTS PER MALE ATHLETE

BOYS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL MALE ATHLETES
9 th Grade Boys	52	24	6	0	82
10 th Grade Boys	47	28	5	0	80
11 th Grade Boys	39	18	1	0	58
12 th Grade Boys	36	22	2	0	60
Total	174	92	14	0	280

OF SPORTS PER FEMALE ATHLETE

GIRLS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL FEMALE ATHLETES
9 th Grade Girls	26	17	5	0	48
10 th Grade Girls	42	23	2	0	67
11 th Grade Girls	28	12	0	0	40
12 th Grade Girls	36	13	2	0	51
Total	132	65	9	0	206

ATHLETIC PARTICIPATION BY GRADE / GENDER

GRADE	BOYS	GIRLS	TOTAL	% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION (486)
9 th	82	48	130	27%
10 th	80	67	147	30%
11 th	58	40	98	20%
12 th	60	51	111	23%
TOTAL	280	206	486	
% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (1,101)	25%	19%	44%	

ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

GRADE	# OF ATHLETES	% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (1,101)
9 th	130	12%
10 th	147	13%
11 th	98	9%
12 th	111	10%
TOTAL	486	44%

*Total enrollment based on February 11, 2009 MHSAA count (1,101 Students).

*Excludes Equestrian and Dance.