

ST. JOHNS HIGH SCHOOL

INTERSCHOLASTIC ATHLETICS



2010-2011
YEAR END REPORT



Chris R. Ervin, CAA
Director of Activities

“Teaching leadership and character in the quest for athletic excellence”

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INTRODUCTION

The following report focuses on facts and figures highlighting the 2010-11 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2010-11 school year was an astounding success for the student-athletes, coaches and teams in just the sixth year of competing in the Capital Area Activities Conference (CAAC). **Redwing success** included five CAAC Championships, two MHSAA Team District Championships, one MHSAA Team Regional Championship, and Wrestling won its second consecutive MHSAA Division II State Championship. Eleven teams earned Academic All-State Honors, 18 student-athletes earned Individual Academic All-State Honors, 20 student-athletes earned All-State Honors, four student-athletes won individual state championships, and six coaches earned post season recognition, including Paul Sternburgh who was inducted into the Michigan Interscholastic Golf Coaches Association (MIGCA) Hall of Fame.

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CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT

2010-11

Blue

East Lansing
Grand Ledge
Holt
Jackson
Lansing Eastern
Lansing Everett
Okemos
(7)

Red

Jackson Lumen
Jackson Northwest
Lansing Sexton
Mason
Owosso
St. Johns
Waverly
(7)

Gold

Charlotte
DeWitt
Eaton Rapids
Fowlerville
Haslett
Ionia
(6)

White

Corunna
Lakewood
Lansing Catholic
Perry
Portland
Williamston
(6)

26 Schools

VARSIITY SPORTS

Girls

Fall:

Cross Country
Golf
Sideline Cheer*
Swimming & Diving
Volleyball

Winter:

Basketball
Competitive Cheer
Gymnastics

Spring:

Soccer
Softball
Tennis
Track & Field

MHSAA Sports: (11) Var. Sports

SJPS Sports: (12) Var. Sports (w/Sideline Cheer) (11) Var. Sports

Boys

Fall:

Cross Country
Football
Soccer
Tennis

Winter:

Basketball
Ice Hockey (Co-op w/ DeWitt)
Swimming & Diving
Wrestling

Spring:

Baseball
Golf
Track & Field

Additional Non-sanctioned SJPA & MHSAA activities:

Equestrian
Dance

CLASSIFICATIONS

Class A:

- Boys Basketball
- Girls Basketball
- Volleyball

Division I:

- Baseball
- Gymnastics
- Softball
- Girls Tennis

Division II:

- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Ice Hockey (Co-op w/ DeWitt)
- Boys & Girls Soccer
- Boys Swimming & Diving
- Girls Swimming & Diving
- Boys Tennis
- Boys & Girls Track and Field
- Wrestling

Division III:

- Football

PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
Varsity Head Coaches	14	9	23
JV Head Coaches	10	5	15
Freshman Head Coaches	2	2	4
Assistant Coaches	4	6	10
Total	30	22	52

58% of paid coaching staff at St. Johns High School are teaching staff personnel. This is a 1% decrease from 2009-10.

61% of our Head Varsity Coaches are teaching staff personnel. This is a 0% change from 2009-10.

*Excludes volunteer coaches, Dance and Equestrian. Includes coaches that split salaries and Ice Hockey (co/op w/ DeWitt).

CELEBRATIONS & ACCOLADES

CAAC Conference Champions (Team)

- Football
- Girls Swimming & Diving
- Boys Tennis
- Wrestling
- Boys Swimming & Diving

MHSAA District Champions (Team)

- Wrestling
- Softball

MHSAA Regional Champions (Team)

- Wrestling

MHSAA Tournament Success (Team)

- Girls Cross Country (10th Place Finish in Division II)
- Boys Swimming & Diving (8th Place Finish in Division II)
- Wrestling (Division II State Champions)

Academic All-State (Teams)

- Football
- Volleyball
- Ice Hockey
- Girls Swimming & Diving
- Boys Swimming & Diving
- Boys Basketball
- Girls Basketball
- Boys Golf
- Girls Soccer
- Softball
- Girls Tennis
- Wrestling

Academic All-State (Athletes)

- Zach Werner - Baseball
- Scott Besko – Basketball
- Paige Burnash – Gymnastics
- Emily Simon - Gymnastics
- Freddie Boijer – Ice Hockey
- Alex Zuker – Ice Hockey
- Lauren Fedewa – Soccer
- Molli Heckaman – Soccer
- Miranda Roy – Soccer
- Emily Sharick – Soccer
- Emily Stoddard – Soccer
- Ally Turner - Soccer

Academic All-State (Athletes) cont.

- Breann Hartenburg – Softball
- Baily Mageli – Softball
- Nick Grider – Swimming/Diving
- Alex Harry – Swimming/Diving
- Paige Burnash – Swimming/Diving
- Taylor Schroeder – Swimming/Diving

All-State Athletes

- Scott Besko – Boys Basketball
- Jordyn Nurenberg – Girls Basketball
- Colin Wilson - Football
- Kyle Everts – Soccer
- Dane Bergstrom – Soccer
- Kaitlin Winsor - Softball
- Ben Grider – Swimming/Diving
- Nick Grider – Swimming/Diving
- Alex Harry – Swimming/Diving
- Brennan LaBar – Swimming/Diving
- Jeff Makarauskas – Swimming/Diving
- Zac Hall – Wrestling
- Jacob Schmitt – Wrestling
- Josh Pennell – Wrestling
- Brant Schafer – Wrestling
- Payne Hayden – Wrestling
- Travis Curley – Wrestling
- Jordan Wohlfert – Wrestling
- Taylor Massa – Wrestling
- Taylor Pemberton - Wrestling

State Champions

- Brennan LaBar – Swimming & Diving/MISCA Division II Diver of the Year
- Zac Hall – Wrestling
- Jordan Wohlfert – Wrestling
- Taylor Massa - Wrestling

Coaching

- Fred Hingst, LSJ Ice Hockey Coach of the Year
- Kim Brewbaker, MISCA Zone 7 Swimming Coach of the Year
- Jim Makarauskas, MISCA Zone 7 Diving Coach of the Year
- Zane Ballard, MHSWCA Regional Coach of the Year, LSJ Coach of the Year.
- Paul Sternburgh, MIGCA Hall of Fame Inductee
- Barry Palmer, MHSSCA District Coach of the Year

ATHLETIC AWARDS

CAAC Senior Scholar-Athletes

- Jennifer Ashley, Scott Besko, Paige Burnash, Allie Fox, Amanda Glowacki, Molli Heckaman, Rebecca Peacock, Miranda Roy, Lauren Thelen, Alex Zuker.

Detroit Free Press Scholar-Athlete Award

- Nick Grider

Army Reserves Scholar-Athlete Award

- Allie Fox & Tim Moinet

Marines Distinguished Athlete Award

- Paige Burnash & Scott Besko

SJYAA Volunteer Award

- Jamie Cheeney, Alex Ervin, Andrew Flegler & Ashley Kus

Andrew Nelson Award

- Taylor Schroeder & Nick Grider

Earl R. Lancaster Award

- Jamie Cheeney & Andrew Flegler

Brent Law Award

- Scott Ketchum

Outstanding Senior Athlete Award

- Rebecca Peacock, Scott Besko & Taylor Pemberton

MHSAA Farm Bureau Scholar-Athlete Award

- None

St. Johns Athletic Boosters Scholarship

- Scott Besko, Paige Burnash, Alex Ervin, Lauren Fedewa, Amanda Glowacki, Molli Heckaman, Ashley Kus, Rebecca Peacock, Miranda Roy, Peter Sperry, Emily Stoddard, Megan Stoddard, Nick Theis & Alex Zuker.

FALL SPORTS REVIEW

FOOTBALL:

Varsity Participation: 41 Student-Athletes

Record: 8-3 Overall, 4-1 CAAC (Co-Champions)

Head Coach: David Mariage

Honors:

CAAC: Tim Moinet, Andrew Mullikin, Nick Theis, Taylor Pemberton, Austin Koneval, Colin Wilson, Mason Sauls, Cody Garlock, Aaron Fedewa, Trevor Kramer (HM), Taylor Ladisky (HM), Jordan Waeiss (HM).

CAAC All-Academic: Quintin Bierstetel, Zach Bramble, Tyler Curtis, CJ Dominguez, John Eaton, Andrew Flegler, Justin Janeski, Austin Koneval, Tim Moinet, Andrew Mulliken, Taylor Parker, Anthony Peele, Nick Theis, Dylan Thelen, Alex Zuker.

All-Area: Colin Wilson (LSJ Dream Team), Andrew Mulliken, Taylor Pemberton, Cody Garlock, Tim Moinet.

All-State: Colin Wilson

Team Academic: MHSFCA Division III Team Academic All-State

JV Participation: 21 Student-Athletes

Record: 5-4 Overall, 3-0 CAAC

Head Coach: Jake Parker

Freshman Participation: 31 Student-Athletes

Record: 8-1 Overall, 5-0 CAAC

Head Coach: Jim Cleaver

Assistant Coaches: John Archambault, Matt Woodhams, Andy Schmitt, Rick LaBar, Mark Burnash, Dirk Besko.

Volunteer Coaches: Bob Paksi, Rueben Martinez, Rueben Martinez, Jr., Paul Golupski, Brandon Smith.

BOYS CROSS COUNTRY:

Varsity Participation: 14 Student-Athletes

Record: CAAC (4th Place)

Head Coach: Robert Sackrider

Honors:

CAAC: Andrew Hyatt, Spencer Shellberg, Kyler VanWormer, Tyler Howard (HM).

CAAC All-Academic: David Pastula, Ben Pierson, Spencer Shellberg, Kyler VanWormer.

All-Area: Andrew Hyatt

Regional Qualifiers: Andrew Hyatt (10th), Tyler Howard (15th)

State Qualifiers: Tyler Howard (52nd), Andrew Hyatt (61st)

GIRLS CROSS COUNTRY:

Varsity Participation: 15 Student-Athletes

Record: CAAC (2nd Place)

Head Coach: Robert Sackrider

Honors:

CAAC: Rebecca Peacock, Libby Salemi, Kayla Kraft, Kimberly Catlin (HM), Jennifer Ashley (HM).

CAAC All-Academic: Jenny Ashley, Alyssa Morrow, Rebecca Peacock, Jenna Peterson, Libby Salemi.

All-Area: Rebecca Peacock, Libby Salemi.

Regional Qualifiers: Team (3rd), Becca Peacock (8th), Kayla Kraft (15th)

State Qualifiers: Team (10th), Libby Salemi (37th), Becca Peacock (63rd), Kayla Kraft (101st), Kimberly Catlin (125th), Nichole Leasher (176th), Jenny Ashley (237th), Lauren Thelen (246th).

GIRLS GOLF:

Varsity Participation: 6 Student-Athletes

Record: 3-7 Overall, 0-5 CAAC (6th Place)

Head Coach: Rick Schultz

Honors:

CAAC: Kaylee Gates

CAAC All-Academic: Kaylee Gates, Katie Deliso, Madison Lake-Wickham, Sarah Nodarse.

JV Participation: 5 Student-Athletes

Record: 0-3

Head Coach: Jason Gnegy

BOYS TENNIS:

Varsity Participation: 15 Student-Athletes

Record: 7-5-1 Overall, 5-0-1 CAAC (Champions)

Head Coach: Gary Taylor

Asst. Coach: Sarah Bartlett

Honors:

CAAC: Max Swarthout, Austin Parsons, Zach Peters, Paul Sochor, Zach Werner, Brad Morgan, Matt Meaton, Brennan LaBar, Zane Nachazel, Aaron Bodus, Alex Ervin, Shayne Baugher.

CAAC All-Academic: Shayne Baugher, Aaron Bodus, Alex Ervin, Brennan LaBar, Matt Meaton, Zach Peters, Zach Werner, Phil Witteveen.

All-Area: Max Swarthout

JV Participation: 13 Student-Athletes

Record: 2-7 Overall, 2-1 CAAC

Head Coaches: Angie Pertler

BOYS SOCCER:

Varsity Participation: 21 Student-Athletes

Record: 14-7-1 Overall, 5-1 CAAC (2nd Place)

Head Coach: Karl Hanover

Honors:

CAAC: Dane Bergstrom, KJ Carpenter, Kyle Everts, Sam Hanover, Kevin Hoard, Luke Feldpausch (HM), John Harden (HM), Chris McMillan (HM), Scott Sperry (HM), Brett Wreggelsworth (HM).

CAAC All-Academic: KJ Carpenter, Sam Hanover, John Harden, Alex Ho, Kevin Hoard, Steven Johnson, Zach Marier, Jake Smith, Brett Wreggelsworth.

All-District: Kyle Everts, Dan Bergstrom, Kevin Hoard, Sam Hanover, John Harden, Scott Sperry, KJ Carpenter, Brett Wreggelsworth.

All-Area: Kyle Everts, Dane Bergstrom, Kevin Hoard (HM), Sam Hanover (HM).

All-State: Kyle Everts (HM), Dane Bergstrom (HM).

JV Participation: 21 Student-Athletes

Record: 4-11-2 Overall, 1-2-1 CAAC

Head Coach: Rick Carlson

GIRLS SWIMMING & DIVING:

Varsity Participation: 23 Student-Athletes

Record: 11-1 Overall, 4-0 CAAC (Champions)

Head Coach: Kim Brewbaker

Assistant Coaches: Terri Grider, Cassie Bellant, Kati Brewbaker

Honors:

CAAC: Medley Relay – 1st Place (Kelsey Cook, Sarah Ely, Karis Petrak, Kari Bellant), 200 Freestyle – Hailey LaBar (1st), Marisa Brownfield (4th), Jacquelynn Voisin (5th), 200 Ind. Medley – Emily Foote (2nd), Sarah Ely (3rd), 50 Freestyle – Kelsey Cook (2nd), Karie Petrak (3rd), Diving – Connie Bellant (1st), Paige Burnash (6th), 100 Butterfly – Maggie Wright (1st), Karis Petrak (2nd), Marisa Brownfield (5th), 100 Freestyle – Jacquelynn Voisin (4th), Laura Paz (7th), 500 Freestyle – Emily Foote (2nd), Kari Bellant (6th), 200 Freestyle Relay – 1st Place (Maggie Wright, Kelsey Cooke, Hailey LaBar, Emily Foote), 100 Backstroke – Hailey LaBar (1st), Kelsey Cook (2nd), Kari Bellant (5th), 100 Breastsroke – Sarah Ely (2nd), Maggie Wright (3rd), 400 Freestyle Relay – 1st (Emily Foote, Jacquelynn Voisin, Maggie Wright, Hailey LaBar).

CAAC All-Academic: Paige Burnash, Mikayla Dvorak, Sarah Ely, Emily Foote, Courtney Hartenburg, Hailey LaBar, Kim Massuch, Stephanie Nelson, Karis Petrak, Taylor Schroeder, Megan Splitt, Jacquelynn Voisin, Maggie Wright.

All-Area: Hailey LaBar (LSJ Dream Team), Maggie Wright, Emily Foote, Connie Bellant, Sarah Ely (HM), Kelsey Cook (HM).

MISCA All-Zone: Hailey LaBar (1st), Emily Foote (2nd), Maggie Wright (2nd), Connie Bellant. (2nd), Sarah Ely (HM), Kelsey Cook (HM).

Academic All-State: MISCA Division II Team Academic All-State

Academic All-American: Paige Burnash, Taylor Schroeder.

State Qualifiers: Connie Bellant (32nd - Place Diving), Hailey LaBar (28th Place - 100 Backstroke).

SIDELINE CHEERLEADING:

Varsity Participation: 17 Student-Athletes

Head Coach: Jennifer Brewer

JV Participation: 17 Student-Athletes

Head Coach: Kim Pung

VOLLEYBALL

Varsity Participation: 12 Student-Athletes

Record: 17-17-2 Overall, 7-5 CAAC (4th Place)

Head Coach: Katy White

Honors:

CAAC: Nicole Motz, Jessi Fedewa, Amanda Glowacki (HM).

CAAC All-Academic: Kelsey Bowles, Jessi Fedewa, Allie Fox, Amanda Glowacki, Skylar Hebert, Molli Heckaman, Kelci Hollis, Katie Ivan, Ashley Kus, Nicole Motz, Chandler Petersen, Liz Vincent.

All-Area: Nicole Motz (HM), Jessi Fedewa (HM).

Team Academic: MIVCA Division II Team Academic All-State

JV Participation: 12 Student-Athletes

Record: 19-8 Overall, 10-2 CAAC

Head Coach: Sheri Becker

Freshman Participation: 12 Student-Athletes

Record: 23-3-1 Overall, 11-1 CAAC

Head Coach: Rachel Gnegy

EQUESTRIAN (Non-Sanctioned Activity)

Varsity Participation: 9 Student-Athletes

Head Coach: Kathy Lowell

WINTER SPORTS REVIEW

BOYS BASKETBALL

Varsity Participation: 11 Student-Athletes
Record: 14-8 Overall, 8-4 CAAC (3rd Place)
Head Coach: Caleb Miller
Volunteer Coaches: Denny Baratono, Paul Golupski

Honors:

CAAC: Scott Besko, Jon Harden (HM), Zach Glanz (HM).
CAAC All-Academic: Scott Besko, Nate Feldpausch, Jon Harden, Garrett Hyde, Ted Motz, Kevin Root.
All-Area: Scott Besko.
All-State: Scott Besko (AP – HM), BCAM Class “A” All-State
Individual Academic: Scott Besko – BCAM Academic All-State
Team Academic: BCAM Class “A” Team Academic All-State

JV Participation: 15 Student-Athletes
Record: 11-8 Overall, 8-3 CAAC
Head Coach: John Archambault
Volunteer Coaches: Matt Martens

Freshman Participation: 14 Student-Athletes
Record: 3-15 Overall, 2-8 CAAC
Head Coach: Cole Cornwell
Volunteer Coaches: Casey Eisler

GIRLS BASKETBALL

Varsity Participation: 12 Student-Athletes
Record: 15-6 Overall, 10-2 CAAC (2nd Place)
Head Coach: Mark Lasceski
Volunteer Coaches: Kari Walters

Honors:

CAAC: Skylar Hebert, Jordyn Nurenberg, Alex Hallenbeck (HM), Mikayla Silm (HM).
CAAC All-Academic: Kelsey Bowles, Molly Feldpausch, Amanda Glowacki, Alex Hallenbeck, Skylar Hebert, Chandler Petersen, Mikayla Silm.
All-Area: Jordyn Nurenberg, Skylar Hebert (HM).
All-State: Jordyn Nurenberg (HM)
Team Academic: BCAM Class “A” Team Academic All-State (HM)

JV Participation: 12 Student-Athletes
Record: 13-5 Overall, 9-2 CAAC
Head Coach: Charlie Howes

Freshman Participation: 8 Student-Athletes
Record: 12-2 Overall, 7-0 CAAC
Head Coach: Brooke Samec

WRESTLING

Varsity Participation: 17 Student-Athletes

Record: 32-0 Overall, 5-0 CAAC (Champions)

Head Coach: Zane Ballard

Assistant Coaches: Derek Phillips, Mike Curly

Honors:

CAAC: Team (League Champions), Zac Hall (Champion), Jacob Schmitt (Champion), Brant Schafer (Champion), Rory Bender (Champion), Josh Pennell (Champion), Payne Hayden (Champion), Travis Curley (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), Conrado Dominguez (Champion), Taylor Pemberton (Champion).

CAAC All-Academic: Conrado Dominguez, Zac Hall, Payne Hayden, Taylor Massa, Josh Pennell, Mike Schafer, Jacob Schmitt, Jordan Wohlfert.

All-Area: Taylor Massa (LSJ Wrestler of the Year), Zac Hall (LSJ Dream Team), Jacob Schmitt (LSJ Dream Team), Travis Curley (LSJ Dream Team), Jordan Wolfert (LSJ Dream Team), Brant Schafer, Josh Pennell, Payne Hayden, Conrado Dominguez, Cam Bender (HM), Rory Bender (HM), Taylor Pemberton (HM), Zane Ballard (LSJ Coach of the Year).

District: Team (District Champions), Zac Hall (Champion), Jacob Schmitt (Champion), Brant Schafer (Champion), Cam Bender (Runner-Up), Josh Pennell (Champion), Rory Bender (Runner-Up), Payne Hayden (Champion), Travis Curley (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), Mike Schafer (3rd Place), C.J. Dominguez (3rd Place), Taylor Pemberton (Champion).

Regional: Team (Regional Champions), Zane Ballard (Regional Coach of the Year), Zach Hall (Champion), Jacob Schmitt (Champion), Brant Schafer (Champion), Cam Bender (3rd Place), Josh Pennell (2nd Place), Rory Bender (3rd Place), Payne Hayden (Champion), Travis Curly (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), CJ Dominguez (3rd Place), Taylor Pemberton (Champion).

State Qualifiers: Rory Bender, Cam Bender, C.J. Dominguez.

All-State: Jacob Schmitt (Runner-Up), Brant Schafer (Runner-Up), Josh Pennell (3rd), Payne Hayden (3rd), Travis Curley (3rd), Taylor Pemberton (4th).

State Champions: Zac Hall, Jordan Wohlfert, Taylor Massa.

Team Academic: MWA Team Academic All-State

MHSAA Division II Team State Champions

JV Participation: 19 Student-Athletes

Record: NA

Head Coach: Derek Phillips

COMPETITIVE CHEERLEADING

Varsity Participation: 16 Student-Athletes

Record: CAAC (2nd Place)

Head Coach: Jennifer Brewer

Honors:

CAAC: Kelsie VanBeelen, Megan Massey, Taylor Rewerts, Madison Hutton, Bri Auten, Danielle Schmidtman, Liz Sheehan, Sarah Bentley (HM), Megan Chant (HM), Morgan Hurtst (HM).

CAAC All-Academic: Megan Chant, Bri Auten, Nicole Fransted, Alyssa June, Danielle Schmidtman, Liz Sheehan.

All-District: Kelsie VanBeelen (2nd Team), Megan Massey (HM).

JV Participation: 17 Student-Athletes

Record: NA

Head Coach: Kim Pung

GYMNASTICS

Varsity Participation: 9 Student-Athletes

Record: 1-13 Overall, 1-8 CAAC (10th Place)

Head Coach: Deb Davis

Honors:

CAAC All-Academic: Paige Burnash, Emily Simon, Miranda Roy.

All-Regional: Ana Cameron, Emily Simon (Qualifier), Paige Burnash (Qualifier).

Academic All-State: Emily Simon, Paige Burnash.

BOYS SWIMMING & DIVING

Varsity Participation: 31 Student-Athletes

Record: 4-0 Overall, 11-0 CAAC (Champions)

Head Coach: Kim Brewbaker

Assistant Coaches: Jim Makarauskas

Honors: (Top 3 All-League, 4th-8th HM)

CAAC: Medley Relay – 1st (Aaron Stine, Steven Peterson, Brennan LaBar, Jeff Makarauskas), 200 Freestyle – Alex Harry (2nd), Peter Sperry (4th), Aaron Stine (6th), 200 Ind. Medley – Nick Grider (1st), Steven Peterson (4th), Dillon Kuchuk (6th), Tom Banninga (8th), 50 Freestyle – Ben Grider (1st), Tyler Curtis (5th), Jacob Crosby (6th), Eric Olsen (8th), Diving – Brennan LaBar (1st), Jared Gregory (3rd), Jerry Cupples (5th), Riley Brown (6th), 100 Butterfly – Nick Grider (1st), Alex Harry (6th), 100 Freestyle – Ben Grider (1st), Jeff Makarauskas (2nd), Jacob Crosby (5th), Tyler Curtis (7th), 500 Freestyle – Peter Sperry (2nd), James Schroeder (5th), Brandon Geiersbach (7th), 200 Freestyle Relay – 1st (Alex Harry, Brennan LaBar, Ben Grider, Nick Grider), 100 Backstroke – Aaron Stine (2nd), Jeff Makarauskas (3rd), Gage Denney (4th), James Schroeder (6th), 100 Breaststroke – Brennan LaBar (2nd), Steven Peterson (3rd), Dillon Kuchuk (4th), Zach Bouck (8th), 400 Freestyle Relay – 1st (Alex Harry, Jeff Makarauskas, Ben Grider, Nick Grider).

CAAC All-Academic: Tyler Boyd, Riley Brown, David Collins, Gage Denney, David Elzinga, Jared Gregory, Ben Grider, Nick Grider, Alex Harry, Dillon Kuchuk, Jeff Makarauskas, Brennan LaBar, Eric Olsen, Sebastian Schroeder.

All-Area: Nick Grider (LSJ Swimmer of the Year), Ben Grider (LSJ Dream Team), Brennan LaBar (LSJ Dream Team), Alex Harry, Jeff Makarauskas, Aaron Stine, Steven Peterson (HM), Peter Sperry (HM), Jared Gregory (HM).

MISCA: Brennan LaBar (MISCA Zone 7 Diver of the Year/MISCA Division II Diver of the Year), Nick Grider (MISCA Zone 7 Swimmer of the Year), Nick Grider (All-Zone 1st Team), Ben Grider (All-Zone 1st Team), Alex Harry (All-Zone 2nd Team), Jeff Makarauskas (All-Zone 2nd Team), Aaron Stine (All-Zone 2nd Team), Steven Peterson (All-Zone HM), Peter Sperry (All-Zone HM), Jared Gregory (All-Zone HM), Jim Makarauskas (MISCA Zone 7 Diving Coach of the Year), Kim Brewbaker (MISCA Zone 7 Coach of the Year).

State Qualifiers: Aaron Stine, Jared Gregory.

All-State: 8th Place Team Finish, Nick Grider (50 Freestyle -5th, 100 Freestyle – 6th, 200 Freestyle Relay – 4th), Brennan LaBar (Diving – 1st), Alex Harry (200 Freestyle Relay – 4th), Jeff Makarauskas (200 Freestyle Relay – 4th), Ben Grider (200 Freestyle Relay – 4th).

State Champion: Brennan LaBar (Diving)

Academic All-State: MISCA Division II Team Academic All-State

Academic All-American: Nick Grider, Alex Harry.

Coaching: Kim Brewbaker, LSJ Coach of the Year, MISCA Zone 7 Coach of the Year. Jim Makarauskas, LSJ Diving Coach of the Year.

ICE HOCKEY

Varsity Participation: 7 Student-Athletes

Record: 14-9-2 Overall, 9-3-2 CAAC (3rd Place)

Head Coach: Fred Hingst

Honors:

CAAC: Adam Frechen (HM), Freddie Boijer (HM), Alex Zuker (HM).

CAAC All-Academic: Freddie Boijer, Adam Frechen, Alex Zuker, Mike Zuker.

All-Area: Fred Hingst (LSJ Coach of the Year), Freddie Boijer (HM), Alex Zuker (HM), Adam Frechen (HM).

Academic All-State: Team, Alex Zuker, Freddie Boijer

DANCE TEAM (Non-Sanctioned Activity)

Varsity Participation: 19 Student-Athletes

Head Coach: Michelle Lindquist

SPRING SPORTS REVIEW

BASEBALL:

Varsity Participation: 14 Student-Athletes

Record: 10-20 Overall, 6-6 CAAC (4th Place)

Head Coach: Jake Parker

Volunteer Coaches: Bob Barber, Denny Parker, Rick Vining, Doug Wooley

Honors:

CAAC: Jared Nurenberg, Kris Lindquist, Max Ballinger.

CAAC All-Academic: Alec Seman, Bryce LaBar, Zach Werner.

All-Area: Jared Nurenberg

All-District: Jared Nurenberg

All-District Academic: Zach Werner, Alec Seman.

Academic All-State: Zach Werner

JV Participation: 19 Student-Athletes

JV Record: 8-13-1 Overall, 5-3 CAAC

Head Coach: Rick LaBar

Volunteer Coaches: Matt Woodhams

BOYS GOLF:

Varsity Participation: 6 Student-Athletes

Record: CAAC (2nd Place)

Head Coach: Paul Sternburgh

Honors:

CAAC: Scott Besko, Zach Peters (HM), Tyler Mazzolini (HM), Jamison Galloway (HM), Chad Vandenberg (HM).

CAAC All-Academic: Scott Besko, Tyler Mazzolini, Zach Peters.

Team Academic: MIGCA Team Academic All-State

All-Area: Scott Besko (HM).

Coaching Honors: Paul Sternburgh, MIGCA Hall of Fame Inductee

JV Participation: 11 Student-Athletes

Record: 9-1 Overall, 4-0 CAAC

Head Coaches: Rick Schultz

GIRLS SOCCER:

Varsity Participation: 22 Student-Athletes

Record: 9-8-1 Overall, 3-3 CAAC (4th Place)

Head Coach: Kim Brewbaker

Volunteer Coach: Jennifer Benjamin

Honors:

CAAC: Megan Feldpausch, Lauren Fedewa, Katie Curley, Kelsey Tyler (HM), Kayla Wilcox (HM), Randee Roy (HM), Molly Feldpausch (HM), Katie Ivan (HM), Autumn Guarnaccia (HM).

CAAC All-Academic: Chelsea Connolly, Lauren Fedewa, Megan Feldpausch, Molly Feldpausch, Molli Heckaman, Jordan Hufnagel, Katie Ivan, Madison Lake-Wickham, Carly Lenneman, Miranda Roy, Emily Sharick, Mikayla Silm, Emily Simon, Emily Stoddard, Chelsey Thelen, Alexandra Turner.

All-District: Autumn Guarnaccia, Lauren Fedewa, Katie Ivan, Megan Feldpausch, Kelsey Tyler, Randee Roy, Katie Curley.

Team Academic: Division II Team Academic All-State

Individual Academic All-State: Alexandra Turner, Emily Stoddard, Emily Sharick, Molli Heckaman, Lauren Fedewa, Miranda Roy.

JV Participation: 16 Student-Athletes

Record: 11-3 Overall, 4-1 CAAC

Head Coach: Wendi Eldridge

GIRLS SOFTBALL

Varsity Participation: 13 Student-Athletes

Record: 23-13 Overall, 9-3 CAAC (2nd Place)

Head Coach: Barry Palmer

Volunteer Coaches: Tim Palmer, Kevin Smith

Honors:

CAAC: Hannah Schneider, Kaitlin Winsor, Elizabeth Vincent, Mallory Rhines, Brette Smith (HM), Marie Minarik (HM).

CAAC All-Academic: Breann Hartenburg, Baily Mageli, Marie Minarik, Amanda Reust, Mallory Rhines, Hannah Schneider, Brette Smith, Mackenzie Thelen, Elizabeth Vincent.

District: District Champions, Kaitlin Winsor, Elizabeth Vincent, Hannah Schneider, Mallory Rhines, Amanda Reust, Mackenzie Thelen.

All-Region: Kaitlin Winsor, Hannah Schneider.

AllArea: Kaitlin Winsor (LSJ Dream Team), Hannah Schneider, Elizabeth Vincent.

All-State: Kaitlin Winsor (HM)

Team Academic: MHSSCA Academic All-State

Individual Academic All-State: Breann Hartenburg, Baily Mageli.

Coaching: Barry Palmer (District Coach of the Year)

JV Participation: 15 Student-Athletes

Record: 10-10 Overall, 4-6 CAAC

Head Coach: Sarah Bartlett

GIRLS TENNIS

Varsity Participation: 13 Student-Athletes

Record: 3-5 Overall, 3-3 CAAC (4th Place)

Head Coach: Angela Pertler

Volunteer Coach: Bailey Gurski

Honors:

CAAC: Emily Fedewa, Karli Henning, Monique Jorae, Morgan Pline, Jessi Fedewa, Jaimie Cheeney, Amanda Baugher, Paige Burnash, Morgan Wierman,

CAAC All-Academic: Amanda Baugher, Paige Burnash, Megan Chant, Jamie Cheeney, Emily Fedewa, Jessica Fedewa, Karli Henning, Monique Jorae, Emily Knaus, Lexy Krasovec, Sarah Nodarse, Lauren Suidgeest.

All-Area: Karli Henning (HM), Monique Jorae (HM).

Team Academic: MHSTCA Academic All-State

JV Participation: 25 Student-Athletes

Record: 3-4-1 Overall, 3-2 CAAC

Head Coach: Karl Hanover

BOYS TRACK & FIELD

Varsity Participation: 60 Student-Athletes

Record: 2-4 CAAC (5th Place)

Head Coach: David Mohre

Assistant Coaches: Neil Feldpausch, Gary Sykes

Honors:

CAAC: Nate Feldpausch, Scott Ketchum, Spencer Shellberg.

CAAC All-Academic: Josh Ewart, Nate Feldpausch, Michael Hentemann, Andrew Hyatt, Collin Nurenberg, Michael Schafer, Spencer Shellberg, Brett Wreggelsworth.

Honor Roll Meet Performers: Nate Feldpausch, Andrew Hyatt, Scott Ketchum, Spencer Shellberg.

State Qualifiers: Scott Ketchum (Shot Put & Discus)

GIRLS TRACK & FIELD

Varsity Participation: 26 Student-Athletes

Record: 3-3 CAAC (4th Place)

Head Coach: Darren Scott

Assistant Coaches: Neil Feldpausch, Gary Sykes

Honors:

CAAC: DeAmber Adams, Jennifer Ashley, Dallas Austin, Jenee Chapko, Allie Fox, Breanna Gaffney, Rebecca Peacock, Libby Salemi, Rachel Smith, Lauren Thelen.

CAAC All-Academic: Jennifer Ashley, Allie Fox, Rebecca Peacock, Libby Salemi.

All-Area: Allie Fox (100 M)

Honor Roll Meet Performers: Allie Fox, Jennifer Ashley, Rebecca Peacock.

State Qualifiers: Allie Fox (100 M, LJ), Jennifer Ashley (100 M Hurdles, 300 Hurdles), Rebecca Peacock (800 M Run), 400 M Relay (Austin, Ashley, R. Smith, Fox).

School Record: Lauren Thelen (Pole Vault - 9'0), Jennifer Ashley (100 M Hurdles – 16.18), 400 M Relay (Dallas Austin, Jennifer Ashley, Rachel Smith, Allie Fox – 51.08).

2010-11 OVERALL ATHLETIC PARTICIPATION STATISTICS

OF SPORTS PER MALE ATHLETE

BOYS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL MALE ATHLETES
9 th Grade Boys	42	24	8	0	74
10 th Grade Boys	51	32	3	0	86
11 th Grade Boys	59	16	1	0	76
12 th Grade Boys	38	11	2	0	51
Total	190	83	14	0	287

OF SPORTS PER FEMALE ATHLETE

GIRLS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL FEMALE ATHLETES
9 th Grade Girls	49	24	5	0	78
10 th Grade Girls	22	21	3	0	46
11 th Grade Girls	27	21	2	0	50
12 th Grade Girls	29	13	3	0	45
Total	127	79	13	0	219

ATHLETIC PARTICIPATION BY GRADE / GENDER

GRADE	BOYS	GIRLS	TOTAL	% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION (506)
9 th	74	78	152	30%
10 th	86	46	132	26%
11 th	76	50	126	25%
12 th	51	45	96	19%
TOTAL	287	219	506	
% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (1,060)	27%	21%	48%	

ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

GRADE	# OF ATHLETES	% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (1,060)
9 th	152	14%
10 th	132	13%
11 th	126	12%
12 th	96	9%
TOTAL	506	48%

*Total enrollment based on February 9, 2011 MHSAA count (1,060 Students).

*Excludes Equestrian and Dance.

*2 Dual Participants in 2010-11