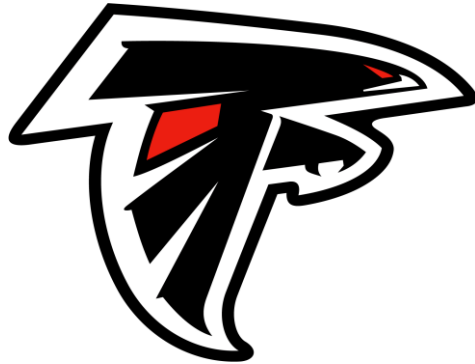


# ST. JOHNS HIGH SCHOOL

## *INTERSCHOLASTIC ATHLETICS*



### 2011-2012

## *YEAR END REPORT*



Chris R. Ervin, CAA  
Director of Activities

*"Teaching leadership and character in the quest for athletic excellence"*

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# INTRODUCTION

The following report focuses on facts and figures highlighting the 2011-12 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2011-12 school year was an astounding success for the student-athletes, coaches and teams in the seventh year of competing in the Capital Area Activities Conference (CAAC).

**Redwing success** included five CAAC Championships, two MHSAA Team District Championships, one MHSAA Team Regional Championship, 12 teams earned Academic All-State Honors, 23 student-athletes earned Academic All-State Honors, 19 All-State Athletes, And five coaches earned post season honors.

Chris R. Ervin, CAA  
Director of Activities

# CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT

## 2011-12

### Blue

East Lansing  
Grand Ledge  
Holt  
Jackson  
Lansing Eastern  
Lansing Everett  
Lansing Sexton  
Okemos  
(8)

### Red

DeWitt  
Fowlerville  
Haslett  
Ionia  
Owosso  
St. Johns  
(6)

### Gold

Charlotte  
Eaton Rapids  
Lumen Christi  
Jackson Northwest  
Mason  
Waverly  
(6)

### White

Corunna  
Lakewood  
Lansing Catholic  
Perry  
Portland  
Williamston  
(6)

26 Schools

## 2012-13

### Blue

East Lansing  
Grand Ledge  
Holt  
Jackson  
Lansing Eastern  
Lansing Everett  
Lansing Sexton  
Okemos  
(8)

### Red

DeWitt  
Fowlerville  
Haslett  
Ionia  
Owosso  
St. Johns  
(6)

### Gold

Charlotte  
Eaton Rapids  
Lumen Christi  
Jackson Northwest  
Parma Western  
Mason  
Waverly  
(7)

### White

Corunna  
Lakewood  
Lansing Catholic  
Portland  
Stockbridge  
Williamston  
(6)

27 Schools

# VARSIITY SPORTS

## Girls

### **Fall:**

Cross Country  
Golf  
Sideline Cheer\*  
Swimming & Diving  
Volleyball

### **Winter:**

Basketball  
Competitive Cheer  
Gymnastics

### **Spring:**

Soccer  
Softball  
Tennis  
Track & Field

*MHSAA Sports: (11) Var. Sports*

*SJPS Sports: (12) Var. Sports (w/Sideline Cheer) (11) Var. Sports*

## Boys

### **Fall:**

Cross Country  
Football  
Soccer  
Tennis

### **Winter:**

Basketball  
Ice Hockey (Co-op w/ DeWitt)  
Swimming & Diving  
Wrestling

### **Spring:**

Baseball  
Golf  
Track & Field

*(11) Var. Sports*

### **Additional Non-sanctioned SJPA & MHSAA activities:**

Equestrian  
Dance

# CLASSIFICATIONS

## Class A:

- Boys Basketball
- Girls Basketball
- Volleyball

## Division I:

- Gymnastics

## Division II:

- Baseball
- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Ice Hockey (Co-op w/ DeWitt)
- Boys & Girls Soccer
- Softball
- Boys Swimming & Diving
- Girls Swimming & Diving
- Boys Tennis
- Girls Tennis
- Boys & Girls Track and Field
- Wrestling

## Division III:

- Football

## PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
<b>Varsity Head Coaches</b>	<b>14</b>	<b>9</b>	<b>23</b>
<b>JV Head Coaches</b>	<b>6</b>	<b>7</b>	<b>13</b>
<b>Freshman Head Coaches</b>	<b>2</b>	<b>2</b>	<b>4</b>
<b>Assistant Coaches</b>	<b>5</b>	<b>7</b>	<b>12</b>
<b>Total</b>	<b>27</b>	<b>25</b>	<b>52</b>

52% of paid coaching staff at St. Johns High School are teaching staff personnel. This is a 6% decrease from 2010-11.

61% of our Head Varsity Coaches are teaching staff personnel. This is a 0% change from 2010-11.

\*Excludes volunteer coaches, Dance and Equestrian. Includes coaches that split salaries and Ice Hockey (co/op w/ DeWitt).

# CELEBRATIONS & ACCOLADES

## **CAAC Conference Champions (Team)**

- Boys Basketball
- Girls Basketball
- Boys Soccer
- Softball
- Wrestling

## **MHSAA District Champions (Team)**

- Softball
- Wrestling

## **MHSAA Regional Champions (Team)**

- Wrestling

## **MHSAA Tournament Success (Team)**

- Boys Golf – MHSAA Division II (15<sup>th</sup> Place)
- Boys Swimming/Diving – MHSAA Division II (15<sup>th</sup> Place)
- Girls Swimming/Diving – MHSAA Division II (24<sup>th</sup> Place)
- Wrestling - MHSAA Division II State Champions

## **Academic All-State (Teams)**

- Boys Basketball
- Girls Basketball
- Competitive Cheerleading
- Football
- Girls Golf
- Ice Hockey
- Softball
- Boys Swimming & Diving
- Girls Swimming & Diving
- Boys Tennis
- Girls Tennis
- Volleyball

## **Academic All-State (Athletes)**

- Zach Werner - Baseball
- Skylar Hebert – Girls Basketball
- Brianna Auten – Competitive Cheerleading
- Heather Pung – Competitive Cheerleading
- Sarah Nodarse – Girls Golf
- Emily Simon - Gymnastics
- Adam Frechen – Ice Hockey
- Mike Zuker – Ice Hockey
- Amanda Reust – Softball
- Mallory Rhines – Softball
- Brette Smith – Softball



### **Academic All-State (Athletes) cont.**

- Elizabeth Vincent - Softball
- Riley Brown – Boys Swimming
- Dillon Kuchuk – Boys Swimming
- Eric Olsen – Boys Swimming
- Hailey LaBar – Girls Swimming
- Stephanie Nelson – Girls Swimming
- Jacquelynn Voisin – Girls Swimming
- Maggie Wright – Girls Swimming
- Kelsey Bowles - Volleyball
- Nicole Motz - Volleyball
- Skylar Hebert – Volleyball
- Kelci Hollis - Volleyball

### **All-State Athletes**

- Skylar Hebert – Girls Basketball
- Jordyn Nurenberg – Girls Basketball
- Karrigan Smith – Cross Country
- Andrew Mulliken - Football
- Adam Frechen – Ice Hockey
- Dane Bergstom – Boys Soccer
- Megan Feldpausch – Girls Soccer
- Brennan LaBar – Boys Swimming/Diving
- Payne Hayden – Wrestling
- Zac Hall – Wrestling
- Logan Massa – Wrestling
- Jacob Schmitt – Wrestling
- Rory Bender – Wrestling
- Brant Schafer – Wrestling
- Ben Whitford – Wrestling
- Josh Pennell – Wrestling
- Travis Curley – Wrestling
- Jordan Wohlfert – Wrestling
- Taylor Massa - Wrestling

### **State Champions**

- Zac Hall – Wrestling
- Jacob Schmitt – Wrestling
- Brant Schafer – Wrestling
- Ben Whitford – Wrestling
- Jordan Wohlfert – Wrestling
- Taylor Massa – Wrestling

### **Other Awards**

- Taylor Massa – Wrestling USA Magazine All-American
- Jordan Wohlfert – Wrestling USA Magazine Academic All-American

## **Coaching**

- Jim Makarauskas – Division II Diving Coach of the Year
- Zane Ballard – MWA Division II Coach of the Year
- Fred Hingst – LSJ Ice Hockey Dream Team Coach of the Year
- Barry Palmer – MHSSCA District Coach of the Year
- Paul Sternburgh – MIGCA Regional Coach of the Year

# ATHLETIC AWARDS

## **CAAC Senior Scholar-Athletes**

- Kelsey Bowles, Conrado Dominguez, Nathan Feldpausch, Skylar Hebert, Sarah Nodarse, Michael Schafer, Mikayla Silm, Emily Simon, Zachary Werner, Brett Wreggelsworth.

## **Detroit Free Press Scholar-Athlete Award**

- Taylor Massa

## **Detroit Athletic Club High School Athlete of the Year**

- Taylor Massa

## **Army Reserves Scholar-Athlete Award**

- Kelsey Bowles & Zachary Werner

## **Marines Distinguished Athlete Award**

- Mikayla Silm & Nathan Feldpausch

## **SJYAA Volunteer Award**

- Conrado Dominguez, Alex Hallenbeck, Zach Marier, Mikayla Silm.

## **Andrew Nelson Award**

- Dillon Kuchek & Hailey LaBar

## **Diane Moss Memorial Scholarship**

- Johnathon Snyder

## **Earl R. Lancaster Award**

- Mikayla Silm & Jon Harden

## **Outstanding Senior Athlete Award**

- Jordyn Nurenberg & Taylor Massa

## **MHSAA Farm Bureau Scholar-Athlete Award**

- Nathan Feldpausch, Kelci Hollis, Nicole Motz, Sarah Nodarse, Mikayla Silm.

## **St. Johns Athletic Boosters Scholarship**

- Quintin Bierstetel, Kelsey Bowles, Conrado Dominguez, Alex Hallenbeck, Skylar Hebert, Tyler Kinsey, Hailey LaBar, Carly Lenneman, Zach Marier, Nicole Motz, Mikayla Silm, Emily Simon, Zachary Werner, Maggie Wright.

# FALL SPORTS REVIEW

## **FOOTBALL:**

**Varsity Participation:** 44 Student-Athletes

**Record:** 7-3 Overall, 4-1 CAAC (2<sup>nd</sup> Place)

**Head Coach:** David Mariage

### **Honors:**

**CAAC:** Brad Cordes, Andrew Mullikin, Austin Koneval, C.J. Dominguez, Zach Bramble, Kris Lindquist, Ben Proctor, Mason Sauls, Quinten Bierstetel, Bo Moore (HM).

**CAAC All-Academic:** Quintin Bierstetel, John Burnash, Chase Curtin, C. J. Dominguez, Jarrod Eaton, Jake Ebert, Jon Harden, Austin Koneval, Bryce LaBar, Chad Lewis, Andrew Mullikin, Jon Niznak, Taylor Parker.

**All-Area:** Andrew Mullikin, Jon Harden, C.J. Dominguez, Quintin Bierstetel, Austin Koneval, Brad Cordes (HM), Zach Bramble (HM), Kris Lindquist (HM).

**All-State:** Andrew Mullikin (HM)

**Team Academic:** MHSFCA Team Academic All-State Honorable Mention

**JV Participation:** 24 Student-Athletes

**Record:** 7-2 Overall, 4-1 CAAC

**Head Coach:** Jake Parker

**Freshman Participation:** 32 Student-Athletes

**Record:** 4-5 Overall, 2-3 CAAC

**Head Coach:** Jim Cleaver

**Assistant Coaches:** John Archambault, Matt Woodhams, Rick LaBar, Mark Burnash, Dirk Besko, Russ Waggoner.

**Volunteer Coaches:** Bob Paksi, Rueben Martinez, Rueben Martinez, Jr., Paul Golupski, Dan Blemaster, Tyler Sigmon, Bill Burton.

## **BOYS CROSS COUNTRY:**

**Varsity Participation:** 15 Student-Athletes

**Record:** CAAC (3<sup>rd</sup> Place)

**Head Coach:** Robert Sackrider

### **Honors:**

**CAAC:** Spencer Shellberg (2<sup>nd</sup>), Cody Cook (2<sup>nd</sup>), Tyler Howard (HM), Andrew Hyatt (HM).

**CAAC All-Academic:** Ben Pierson, Spencer Shellberg, Kyler VanWormer.

**All-Area:** None

**Regional Finalists:** Codey Cook, Spencer Shellberg.

**State Qualifiers:** Codey Cook (116<sup>th</sup>), Spencer Shellberg (178<sup>th</sup>).

## **GIRLS CROSS COUNTRY:**

**Varsity Participation:** 16 Student-Athletes

**Record:** CAAC (2<sup>nd</sup> Place)

**Head Coach:** Robert Sackrider

### **Honors:**

**CAAC:** Karrigan Smith (1<sup>st</sup>), Kayla Kraft (1<sup>st</sup>), Kimberly Catlin (HM).

**CAAC All-Academic:** Nicole Leasher, Alyssa Morrow, Jenna Peterson, Bridget Voisin.

**All-Area:** Karrigan Smith (LSJ Dream Team Runner of the Year), Kayla Kraft.

**Regional Finalists:** Karrigan Smith (2<sup>nd</sup>), Kayla Kraft (7<sup>th</sup>).

**State Qualifiers:** Karrigan Smith (7<sup>th</sup>), Kayla Kraft (38<sup>th</sup>).

**All-State:** Karrigan Smith (7<sup>th</sup> Place)

## **GIRLS GOLF:**

**Varsity Participation:** 6 Student-Athletes

**Record:** 2-8 Overall, 0-5 CAAC (4<sup>th</sup> Place)

**Head Coach:** Rick Schultz

### **Honors:**

**CAAC:** Kaylee Gates, Katie DeLiso (HM), Sarah Nodarse (HM).

**CAAC All-Academic:** Madison Lake-Wickham, Kaylee Gates, Katie DeLiso, Sarah Nodarse.

**Individual Academic All-State:** Sarah Nodarse

**Team Academic All-State:** MIGCA Team Academic All-State

**JV Participation:** 9 Student-Athletes

**Head Coach:** Rick Schultz

## **BOYS TENNIS:**

**Varsity Participation:** 13 Student-Athletes

**Record:** 6-7 Overall, 2-3 CAAC

**Head Coach:** Mark Mercer

### **Honors:**

**CAAC:** Austin Parsons (1<sup>st</sup> - #1 Single), Zach Peters (1<sup>st</sup> - #2 Singles), Paul Sochor (3<sup>rd</sup> - #3 Singles), Zach Werner/Zane Nachazel (2<sup>nd</sup> - #1 Doubles), Connor Geil/Zach Bouck (3<sup>rd</sup> - #4 Doubles), Erickson Hufnagel/Brock LaBar (HM - #3 Doubles).

**CAAC All-Academic:** Connor Geil, Brennan LaBar, Brock LaBar, Mitch Marier, Zach Peters, Zack Werner, Tyler Wilkie.

**All-Area:** Austin Parsons, Zach Werner, Zane Nachazel.

**Team Academic:** MHSTCA Team Academic All-State

**JV Participation:** 8 Student-Athletes

**Record:** 3-5 Overall, 2-1 CAAC

**Head Coaches:** Angie Pertler

## **BOYS SOCCER:**

**Varsity Participation:** 20 Student-Athletes

**Record:** 13-6-3 Overall, 5-0 CAAC (Champions)

**Head Coach:** Karl Hanover

### **Honors:**

**CAAC:** Dane Bergstrom, Sam Hanover, Kevin Hoard, K.J. Carpenter, Jon Harden, Brett Wregglesworth (HM), Scott Sperry (HM), Lucas Feldpausch (HM), Alex Ho (HM), Tyler Kinsey (HM).

**CAAC All-Academic:** K.J. Carpenter, Jon Harden, Alex Ho, Kevin Hoard, Kyler Koschmider, Zach Marier, Brad McGill, Jake Smith, Brett Wregglesworth, Adam Zbiciak.

**All-District:** Sam Hanover, K.J. Carpenter, Jon Harden, Kevin Hoard, Scott Sperry, Brett Wregglesworth.

**All-Regional:** Dane Bergstrom

**All-Area:** Dane Bergstrom (LSJ Dream Team)

**All-State:** Dane Bergstrom (3<sup>rd</sup> Team)

**JV Participation:** 17 Student-Athletes

**Record:** 8-9-1 Overall, 1-3 CAAC

**Head Coach:** Rick Carlson

**Freshman Participation:** 16 Student-Athletes

**Record:** 2-8-1

**Head Coach:** Rick Carlson

**Volunteer Assistants:** Jim Steingreaber, Russ Melton, Curt Petrak.

## **GIRLS SWIMMING & DIVING:**

**Varsity Participation:** 27 Student-Athletes

**Record:** 8-2 Overall, 5-2 CAAC (4<sup>th</sup> Place)

**Head Coach:** Kim Brewbaker

**Assistant Coaches:** Terri Grider, Cassie Bellant

### **Honors:**

**CAAC:** Hailey LaBar (200 Medley Relay, 100 Freestyle, 200 Freestyle Relay, 100 Backstroke), Sarah Ely (200 Medley Relay, 100 Breaststroke HM), Maggie Wright (200 Medley Relay, 100 Butterfly, 200 Freestyle Relay, 200 Ind. Medley HM) Alex Davis (200 Medley Relay, 200 Freestyle, 500 Freestyle, 200 Freestyle Relay), Jacquelynn Voisin (200 Freestyle Relay, 400 Freestyle Relay HM), Connie Bellant (Diving HM), Kari Bellant (400 Freestyle Relay HM), Jordan Thelen (400 Freestyle Relay HM), Kara Petrak (400 Freestyle Relay HM).

**CAAC All-Academic:** Savannah Belbeck, Kari Bellant, Marisa Brownfield, Mikayla Dvorak, Sarah Ely, Courtney Hartenburg, Hailey LaBar, Stephanie Nelson, Karis Petrak, Megan Splitt, Chelsey Thelen, Jacquelynn Voisin, Hailey Welch, Maggie Wright.

**All-Area:** Hailey LaBar (LSJ Dream Team), Alex Davis (LSJ Dream Team), Maggie Wright (LSJ Dream Team), Connie Bellant (2<sup>nd</sup> Team), Sarah Ely (HM), Jacquelynn Voisin (HM), Kari Bellant (HM), Karis Petrak (HM).

**MISCA All-Zone:** Hailey LaBar, Maggie Wright, Alex Davis, Connie Bellant (2<sup>nd</sup>), Sarah Ely (HM), Karis Petrak (HM), Kari Bellant (HM), Jacquelynn Voisin (HM).

**Team Academic All-State:** MISCA Team Academic All-State

**Academic All-American:** Maggie Wright, Stephanie Nelson, Hailey LaBar, Jacquelynn Voisin.

**State Qualifiers:** 200 Medley Relay – 14<sup>th</sup> (Hailey LaBar, Sarah Ely, Maggie Wright, Alex Davis), Connie Bellant (30<sup>th</sup> – Diving), Maggie Wright (21<sup>st</sup> – 100 Butterfly), Alex Davis (30<sup>th</sup> – 500 Freestyle), 200 Freestyle Relay – 18<sup>th</sup> (Jacquelynn Voisin, Maggie Wright, Alex Davis, Hailey LaBar), Hailey LaBar (14<sup>th</sup> – 100 Backstroke), 400 Freestyle Relay – 22<sup>nd</sup> (Jacquelynn Voisin, Maggie Wright, Alex Davis, Hailey LaBar).

**MHSAA Team Success:** 24<sup>th</sup> Place in Division II

**School Record:** Hailey LaBar – 100 Backstroke

## **SIDELINE CHEERLEADING:**

**Varsity Participation:** 24 Student-Athletes

**Head Coach:** Jennifer Brewer

**JV Participation:** 16 Student-Athletes

**Head Coach:** Kay Moody

## **VOLLEYBALL**

**Varsity Participation:** 11 Student-Athletes

**Record:** 15-20-4 Overall, 4-6 CAAC (4<sup>th</sup> Place)

**Head Coach:** Katy White

### **Honors:**

**CAAC:** Skylar Hebert, Nicole Motz, Jordyn Nurenberg (HM).

**CAAC All-Academic:** Kelsey Bowles, MacKenzie Graff, Skylar Hebert, Kelci Hollis, Challis Karasek, Nicole Motz, Elizabeth Skaryd, Teanna VanHorn, Claire Whitford, Stephanie Whitford, Morgan Zemer.

**All-Area:** Nicole Motz, Skylar Hebert (HM).

**Individual Academic All-State:** Kelsey Bowles, Nicole Motz, Skylar Hebert, Kelci Hollis.

**Team Academic:** MIVCA Team Academic All-State

**JV Participation:** 12 Student-Athletes

**Record:** 26-2-2 Overall, 9-1 CAAC

**Head Coach:** Sheri Becker

**Freshman Participation:** 12 Student-Athletes

**Record:** 25-5-2 Overall, 9-1 CAAC

**Head Coach:** Rachel Gnegy

## **EQUESTRIAN (Non-Sanctioned Activity)**

**Varsity Participation:** 12 Student-Athletes

**Head Coach:** Kathy Lowell



# WINTER SPORTS REVIEW

## BOYS BASKETBALL

**Varsity Participation:** 14 Student-Athletes

**Record:** 12-9 Overall, 9-1 CAAC (Champions)

**Head Coach:** Caleb Miller

**Volunteer Coaches:** Denny Baratono, Paul Golupski

### **Honors:**

**CAAC:** Nate Feldpausch, Zach Glanz, Jon Harden, Josh Hafner (HM).

**CAAC All-Academic:** Jarrod Eaton, Nate Feldpausch, Jon Harden, Tyler Mazzolini, Ted Motz, Jon Niznak.

**All-Area:** Jon Harden (HM).

**All-State:** None

**Individual Academic:** None

**Team Academic:** BCAM Team Academic HM Academic All-State

**JV Participation:** 13 Student-Athletes

**Record:** 13-7 Overall, 7-3 CAAC

**Head Coach:** John Archambault

**Volunteer Coaches:** Matt Martens

**Freshman Participation:** 16 Student-Athletes

**Record:** 15-4 Overall, 9-1 CAAC

**Head Coach:** Cole Cornwell

**Volunteer Coaches:** TJ Witt

## GIRLS BASKETBALL

**Varsity Participation:** 12 Student-Athletes

**Record:** 17-4 Overall, 9-1 CAAC (Co-Champions)

**Head Coach:** Mark Lasceski

**Volunteer Coaches:** Kari Walters

### **Honors:**

**CAAC:** Alex Hallenbeck, Skylar Hebert, Jordyn Nurenberg, Dallas Austin (HM), Mikayla Silm (HM).

**CAAC All-Academic:** Megan Feldpausch, Molly Feldpausch, Alex Hallenbeck, Skylar Hebert, Megan Hyde, Mikayla Silm, Teanna VanHorn, Claire Whitford.

**All-Area:** Jordyn Nurenberg (LSJ Dream Team), Skylar Hebert.

**All-State:** Jordyn Nurenberg (AP Class A Special Mention), Skylar Hebert (BCAM Class A Special Mention).

**Individual Academic:** Skylar Hebert (BCAM Academic All-State)

**Team Academic:** BCAM Team Academic HM Academic All-State

**JV Participation:** 11 Student-Athletes

**Record:** Overall, CAAC

**Head Coach:** Charlie Howes

**Freshman Participation:** 9 Student-Athletes

**Record:** 7-12 Overall, 2-4 CAAC

**Head Coach:** Brooke Samec

## **WRESTLING**

**Varsity Participation:** 21 Student-Athletes

**Record:** 25-1 Overall, 5-0 CAAC (Champions)

**Head Coach:** Zane Ballard

**Assistant Coaches:** Derek Phillips, Mike Curly

### **Honors:**

**CAAC:** Team (League Champions), Dillon Cornell (HM), Zac Hall (Champion), Logan Massa (Champion), Jacob Schmitt (Champion), Rory Bender (Champion), Brant Schafer (Champion), Josh Pennell (Champion), Ben Whitford (Champion), Travis Curley (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), Payne Hayden (2<sup>nd</sup> Place), Blake Cooper (2<sup>nd</sup> Place).

**CAAC All-Academic:** C.J. Dominguez, Zac Hall, Payne Hayden, Taylor Massa, Josh Pennell, Jacob Schmitt, Jordan Whitford, Robert Edwards, Mike Schafer.

**All-Area:** Taylor Massa (LSJ Co-Wrestler of the Year), Zac Hall (LSJ Dream Team), Logan Massa (LSJ Dream Team), Jacob Schmitt (LSJ Dream Team), Brant Schafer (LSJ Dream Team), Ben Whitford (LSJ Dream Team), Josh Pennell (LSJ Dream Team), Jordan Wohlfert (LSJ Dream Team), Payne Hayden (LSJ Dream Team), Rory Bender (All-Area), Travis Curley (All-Area).

**District:** Team District Champions, Zach Hall (Champion), Logan Massa (Champion), Jacob Schmitt (Champion), Rory Bender (2<sup>nd</sup> Place), Brant Schafer (Champion), Cam Bender (3<sup>rd</sup> Place), Ben Whitford (Champion), Josh Pennell (Champion), Travis Curley (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), Payne Hayden (Champion), C. J. Dominguez (3<sup>rd</sup> Place).

**Regional:** Team Regional Champions, Zach Hall (Champion), Logan Massa (Champion), Jacob Schmitt (Champion), Rory Bender (2<sup>nd</sup> Place), Brant Schafer (Champion), Cam Bender (3<sup>rd</sup> Place), Ben Whitford (Champion), Josh Pennell (Champion), Travis Curley (Champion), Jordan Wohlfert (Champion), Taylor Massa (Champion), Payne Hayden (Champion), C. J. Dominguez (3<sup>rd</sup> Place).

**State Qualifiers:** C. J. Dominguez, Cam Bender.

**All-State:** Payne Hayden (Runner-Up), Logan Massa (Runner-Up), Rory Bender (4<sup>th</sup>), Josh Pennell (3<sup>rd</sup>), Travis Curley (Runner-Up).

**State Champions:** Zac Hall (112), Jacob Schmitt (125), Brant Schafer (135), Ben Whitford (140), Jordan Wohlfert (160), Taylor Massa (171).

**All-American:** Taylor Massa – Wrestling USA Magazine

**Academic All-American:** Jordan Wohlfert – Wrestling USA Magazine

**MHSAA Division II Team State Champions**

**Academic All-State:** None

**Coaching:** Zane Ballard - MWA Division II Coach of the Year

**JV Participation:** 21 Student-Athletes

**Record:** NA

**Head Coach:** Derek Phillips

## **COMPETITIVE CHEERLEADING**

**Varsity Participation:** 16 Student-Athletes

**Record:** CAAC (3rd Place)

**Head Coach:** Jennifer Brewer

### **Honors:**

**CAAC:** Megan Chant, Brittany Thayer, Taylor Rewerts, Nicole Fransted, Madison Hutton, Danielle Schmidtman, Liz Sheehan (HM), Rebecca Schafer (HM), Brianna Auten (HM).

**CAAC All-Academic:** Brianna Auten, Megan Chant, Nicole Fransted, Erin Harrington, Alyssa June, Heather Pung, Danielle Schmidtman, Brittany Thayer.

**All-District:** Megan Chant (2<sup>nd</sup> Team), Brittany Thayer (HM).

**Individual Academic All-State:** Brianna Auten, Heather Pung.

**Academic All-State:** Team Academic Honorable Mention All-State

**JV Participation:** 16 Student-Athletes

**Record:** NA

**Head Coach:** Kay Moody

## **GYMNASTICS**

**Varsity Participation:** 11 Student-Athletes

**Record:** 1-13 Overall, 1-8 CAAC (9<sup>th</sup> Place)

**Head Coach:** Deb Davis

### **Honors:**

**CAAC All-Academic:** Paige Hufnagel, Aubree Newhall, Emily Simon.

**All-Area:** Emily Simon (HM)

**All-Regional:** Lauren St. George (Qualifier), Sarah Sochor (Qualifier), Emily Simon (Qualifier), Aubree Newhall (Qualifier), Lilly Burns (Qualifier).

**Academic All-State:** Emily Simon

## **BOYS SWIMMING & DIVING**

**Varsity Participation:** 32 Student-Athletes

**Record:** 6-5 Overall, 3-4 CAAC (5<sup>th</sup> Place)

**Head Coach:** Kim Brewbaker

**Assistant Coaches:** Jim Makarauskas

**Honors:** (Top 3 All-League, 4<sup>th</sup>-8<sup>th</sup> HM)

**CAAC:** Medley Relay – 3<sup>rd</sup> Place (James Schroeder, Brennan LaBar, Tom Banninga, Ben Grider), Ben Grider (2<sup>nd</sup> Place – 50 Freestyle), Brennan LaBar (1<sup>st</sup> Place – Diving), Jared Gregory (4<sup>th</sup> Place – Diving), Tom Banninga (7<sup>th</sup> Place – 100 Butterfly), Ben Grider (2<sup>nd</sup> Place – 100 Freestyle), 200 Freestyle Relay – 4<sup>th</sup> Place (Brennan LaBar, Kyler Koschmider, Tyler Curtis, Ben Grider), James Schroeder (8<sup>th</sup> Place – 100 Backstroke), Brennan LaBar (4<sup>th</sup> Place – 100 Breaststroke), 400 Freestyle Relay – (Tom Banninga, Jacob Crosby, Kyler Koschmider, Eric Rossow).

**CAAC All-Academic:** Tom Banninga, Tyler Boyd, Riley Brown, Gage Denney, Dave Elzinga, Jared Gregory, Ben Grider, Kyler Koschmider, Dillon Kuchuk, Brennan LaBar, Eric Olsen, Chris Wells.

**MISCA/All-Area:** Ben Grider (LSJ Dream Team), Jared Gregory, Tom Banninga (HM), Brennan LaBar (MISCA Zone 7 Diver of the Year/LSJ Diver of the Year).

**State Qualifiers:** Team (15<sup>th</sup> Place in Division II), Medley Relay – 19<sup>th</sup> Place (Eric Olsen, Brennan LaBar, Tom Banninga, Ben Grider), Ben Grider (10<sup>th</sup> Place – 50 Freestyle), Jared Gregory (10<sup>th</sup> Place – Diving), Jerry Cupples (31<sup>st</sup> Place – Diving) Ben Grider (9<sup>th</sup> Place – 100 Freestyle), 200 Freestyle Relay – 26<sup>th</sup> Place (Kyler Koschmider, Tyler Curtis, Brennan LaBar, Ben Grider), 400 Freestyle Relay – 35<sup>th</sup> Place (Kyler Koschmider, James Schroeder, Eric Olsen, Tyler Curtis).

**All-State:** Brennan LaBar (2<sup>nd</sup> Place – Diving)

**Team Academic All-State:** MISCA Team Academic All-State

**Academic All-American:** Dillon Kuchuk, Riley Brown, Eric Olsen.

**Coaching:** Jim Makarauskas (Division II Diving Coach of the Year)

## **ICE HOCKEY**

**Varsity Participation:** 5 Student-Athletes

**Record:** 15-9-1 Overall, 9-4-1 CAAC (3<sup>rd</sup> Place)

**Head Coach:** Fred Hingst

**Honors:**

**CAAC:** Adam Frechen, Tyler Lamb (HM).

**CAAC All-Academic:** Adam Frechen, Mike Zuker.

**All-Area:** Adam Frechen (LSJ Dream Team), Tyler Lamb (HM), Fred Hingst (LSJ Dream Team Coach of the Year)

**All-State:** Adam Frechen (HM)

**Individual Academic All-State:** Adam Frechen, Mike Zuker.

**Team Academic All-State:** MSHCA Team Academic All-State

## **DANCE TEAM (Non-Sanctioned Activity)**

**Varsity Participation:** 23 Student-Athletes

**Head Coach:** Michelle Lindquist

# SPRING SPORTS REVIEW

## BASEBALL:

**Varsity Participation:** 15 Student-Athletes

**Record:** 15-20 Overall, 4-6 CAAC (4<sup>th</sup>)

**Head Coach:** Jake Parker

**Volunteer Coaches:** Bob Barber, Denny Parker, Rick Vining, Doug Wooley.

### **Honors:**

**CAAC:** Max Ballinger, Austin Cleaver, Scott Sperry, Matt Pearsall (HM),  
Karson Mikula (HM).

**CAAC All-Academic:** Adam Gudbrandson, Bryce LaBar, Chris Lounds, Alex Seman,  
Zach Werner.

**All-Area:** Max Ballinger

**All-District:** Max Ballinger, Austin Cleaver.

**All-District Academic:** Zach Werner, Bryce LaBar.

**Academic All-State:** Zach Werner

**JV Participation:** 15 Student-Athletes

**JV Record:** 21-7 Overall, 7-3 CAAC

**Head Coach:** Rick LaBar

**Volunteer Coaches:** Matt Woodhams

**Freshman Participation:** 8

**Freshman Record:** 6-3

**Volunteer Coaches:** Garek Henry

## BOYS GOLF:

**Varsity Participation:** 7 Student-Athletes

**Record:** CAAC (3<sup>rd</sup> Place)

**Head Coach:** Paul Sternburgh

### **Honors:**

**CAAC:** Tyler Mazzolini, Zach Peters, Jamison Galloway (HM), Jackson Niemi (HM),  
James Schroeder (HM).

**CAAC All-Academic:** Tyler Mazzolini, Zach Peters, Drew Karber.

**Regional:** MHSAA Division II - 3<sup>rd</sup> Place Team Finish

**State:** MHSAA Division II - 15<sup>th</sup> Place Team Finish

**Individual Academic All-State:** None

**Team Academic:** None

**All-Area:** None

**Coaching Honors:** Paul Sternburgh (MIGCA Regional Coach of the Year)

**JV Participation:** 6 Student-Athletes

**Record:** Overall, CAAC

**Head Coaches:** Rick Schultz

## **GIRLS SOCCER:**

**Varsity Participation:** 21 Student-Athletes

**Record:** 13-6 Overall, 3-2 CAAC (3<sup>rd</sup> Place)

**Head Coach:** Kim Brewbaker

**Volunteer Coach:** Jennifer Benjamin

### **Honors:**

**CAAC:** Megan Feldpausch, Katie Ivan, Katie Curley, Chelsey Thelen, Molly Feldpausch (HM), Jordan Hufnagel (HM), Emily Simon (HM), Carly Lenneman (HM), Anna Clarizio, Madison Lake-Wickham (HM), MacKenzie Graff (HM), Mikayla Silm (HM).

**CAAC All-Academic:** Anna Clarizio, Megan Feldpausch, Molly Feldpausch, Mackenzie Graff, Kylie Hollis, Jordan Hufnagel, Katie Ivan, Alyssa June, Madison Lake-Wickham, Nichole Leasher, Carly Lenneman, Rebecca Sabin, Mikayla Silm, Emily Simon, Chelsey Thelen, Hannah Trevino.

**All-Area:** Megan Feldpausch, Katie Curley.

**All-District:** Madison Lake-Wickham, Molly Feldpausch, Megan Feldpausch, Chelsey Thelen, Katie Curley, Mackenzie Graff, Katie Ivan.

**All-State:** Megan Feldpausch (HM)

**Individual Academic All-State:** None

**Team Academic All-State:** None

**JV Participation:** 20 Student-Athletes

**Record:** 10-4 Overall, 2-2 CAAC

**Head Coach:** Wendi Eldridge

## **GIRLS SOFTBALL**

**Varsity Participation:** 14 Student-Athletes

**Record:** 27-13 Overall, 9-1 CAAC (Champions)

**Head Coach:** Barry Palmer

**Volunteer Coaches:** Tim Palmer, Kevin Smith

### **Honors:**

**CAAC:** MacKenzie Thelen, Hannah Schneider, Elizabeth Vincent, Brette Smith, Claire Whitford, Amanda Reust, Kayleigh Smith, Mallory Rhines (HM).

**CAAC All-Academic:** Amanda Reust, Mallory Rhines, Hannah Schneider, Jenna Schumaker, Liz Skaryd, Brette Smith, Karrigan Smith, Courtney Sturgis, MacKenzie Thelen, Elizabeth Vincent, Claire Whitford.

**District:** Team District Champions, Elizabeth Vincent, Amanda Reust, Brette Smith, MacKenzie Thelen, Claire Whitford, Hannah Schneider.

**All-Region:** Elizabeth Vincent

**All-Area:** Elizabeth Vincent (LSJ Dream Team), Hannah Schneider, Brette Smith, Kayleigh Smith (HM).

**All-State:** None

**Team Academic:** MHSSCA Team Academic All-State

**Individual Academic All-State:** Amanda Reust, Mallory Rhines, Brette Smith, Elizabeth Vincent.

**Other:** Brette Smith, MHSSCA Scholarship Recipient

**Coaching:** Barry Palmer (District Coach of the Year).

**JV Participation:** 15 Student-Athletes

**Record:** 21-4 Overall, CAAC

**Head Coach:** Brooke Samec

## **GIRLS TENNIS**

**Varsity Participation:** 12 Student-Athletes

**Record:** 3-5 Overall, 3-2 CAAC (3rd Place)

**Head Coach:** Angela Pertler

**Volunteer Coach:** Bailey Gurski

### **Honors:**

**CAAC:** Emily Fedewa (2<sup>nd</sup> Place - #1 Singles), Megan Chant (3<sup>rd</sup> Place - #2 Singles), Sarah Nodarse (3<sup>rd</sup> Place - #3 Singles), Megan Hyde (1<sup>st</sup> Place - #4 Singles), Amanda Baugher/Jessi Fedewa (2<sup>nd</sup> Place - #1 Doubles), Morgan Wierman/Lauren Suidgeest (3<sup>rd</sup> Place - #2 Doubles), Emily Knaus/Katelyn Curtis (2<sup>nd</sup> Place - #3 Doubles), Bailee Wilkins/Jessica Powers (3<sup>rd</sup> Place - #4 Doubles.)

**CAAC All-Academic:** Amanda Baugher, Megan Chant, Katelyn Curtis, Jessi Fedewa, Megan Hyde, Emily Knaus, Sarah Nodarse, Jessica Powers, Lauren Suidgeest, Bailee Wilkins.

**Regional:** Amanda Baugher/Jessi Fedewa (Regional Champions - #1 Doubles.)

**All-Area:** Jessi Fedewa/Amanda Baugher (#1 Doubles)

**Team Academic:** MHSTCA Team Academic All-State

**JV Participation:** 18 Student-Athletes

**Record:** Overall, CAAC

**Head Coach:** Karl Hanover

## **BOYS TRACK & FIELD**

**Varsity Participation:** 48 Student-Athletes

**Record:** CAAC (5th Place)

**Head Coach:** David Mohre

**Assistant Coaches:** Neil Feldpausch, Gary Sykes

### **Honors:**

**CAAC:** Spencer Shellberg (3<sup>rd</sup> – 1,600 M Run), Drew Hyatt (2<sup>nd</sup> – 800 M Run), 1,600 M Relay – 3<sup>rd</sup> (Jason Villarreal, Collin Nurenberg, Mike Schafer, Tyler Howard), Devin Smith (2<sup>nd</sup> – Discus), Devin Simon (2<sup>nd</sup> – High Jump), Matt Dainton (3<sup>rd</sup> – High Jump), Josh Ewart (5<sup>th</sup> – 100 M Dash), T.J. Havens (6<sup>th</sup> – 100 M Dash), 800 M Relay – 4<sup>th</sup> (Devin Simon, Ben Thelen, Jason Villarreal, Matt Dainton), 400 M Relay – 4<sup>th</sup> (Josh Ewart, T.J. Havens, Jason Villarreal, Ben Thelen), Tyler Howard (6<sup>th</sup> – 400 M Dash), Collin Nurenberg (4<sup>th</sup> – 800 M Run), Josh Ewart (6<sup>th</sup> – 200 M Dash), Calvin Butts (5<sup>th</sup> – Shot Put), Devin Simon (4<sup>th</sup> – Long Jump), Nate Feldpausch (4<sup>th</sup> – High Jump), Mike Schafer (6<sup>th</sup> – Pole Vault).

**CAAC All-Academic:** Nate Feldpausch, Mike Schafer, Brett Wreggelsworth, Spencer Shellberg, Kyler VanWormer, Josh Ewart, Michael Hentemann, Collin Nurenberg.

**All-Area:** None

**Honor Roll Meet Performers:** Devin Simon (6<sup>th</sup> - High Jump, 8<sup>th</sup> - Discus), Spencer Shellberg (8<sup>th</sup> - 1,600 M Run), Codey Cook 10<sup>th</sup> - 1,600 M Run), Drew Hyatt (3,200 M Run).

**State Qualifiers:** Devin Smith (15<sup>th</sup> – Discus), Drew Hyatt (18<sup>th</sup> - 3,200 M Run).

## **GIRLS TRACK & FIELD**

**Varsity Participation:** 27 Student-Athletes

**Record:** 1-4 CAAC (4th Place)

**Head Coach:** Darren Scott

**Assistant Coaches:** Neil Feldpausch, Gary Sykes

### **Honors:**

**CAAC:** Karrigan Smith (1<sup>st</sup> – 800 M Run), Karrigan Smith (2<sup>nd</sup> – 1600 M Run), Kayla Kraft (4<sup>th</sup> – 1,600 M Run), Lyndsay Pung (5<sup>th</sup> – 400 M Dash), Jenee Chapko (8<sup>th</sup> – 400 M Dash), Dallas Austin (6<sup>th</sup> – 200 M Dash), Kayla Kraft (4<sup>th</sup> – 3,200 M Run), 400 M Relay – 3<sup>rd</sup> (Dallas Austin, Kelsey Bowles, Ashley Terpening, Rachel Smith), 800 M Relay – 3<sup>rd</sup> (Dallas Austin, Kelsey Bowles, Lyndsay Pung, Ashley Terpening), 1600 M Relay – 3<sup>rd</sup> (Dallas Austin, Lyndsay Pung, Jenee Chapko, Karrigan Smith), Ashley Terpening (4<sup>th</sup> - Long Jump), Leah Thelen (7<sup>th</sup> – Long Jump), Krista Moore (6<sup>th</sup> – Discus, 7<sup>th</sup> - Shot Put).

**CAAC All-Academic:** Kelsey Bowles, Lyndsay Pung, Karrigan Smith.

**All-Area:** Karrigan Smith (1600 M Run)

**Honor Roll Meet Performers:** None

**State Qualifiers:** Karrigan Smith (10<sup>th</sup> – 1,600 M Run, 13<sup>th</sup> - 3,200 M Run), Kayla Kraft (27<sup>th</sup> - 3,200 M Run).

**School Record:** Karrigan Smith 3200 M Run (11:21), 1600 M Run (5:06)



**2010-11 OVERALL ATHLETIC  
PARTICIPATION STATISTICS  
# OF SPORTS PER MALE ATHLETE**

<b>BOYS</b>	<b>1 SPORT ATHLETES</b>	<b>2 SPORT ATHLETES</b>	<b>3 SPORT ATHLETES</b>	<b>4 SPORT ATHLETES</b>	<b>TOTAL MALE ATHLETES</b>
<b>9<sup>th</sup> Grade Boys</b>	<b>45</b>	<b>25</b>	<b>7</b>	<b>0</b>	<b>77</b>
<b>10<sup>th</sup> Grade Boys</b>	<b>38</b>	<b>28</b>	<b>4</b>	<b>0</b>	<b>70</b>
<b>11<sup>th</sup> Grade Boys</b>	<b>52</b>	<b>23</b>	<b>0</b>	<b>0</b>	<b>75</b>
<b>12<sup>th</sup> Grade Boys</b>	<b>53</b>	<b>14</b>	<b>3</b>	<b>0</b>	<b>70</b>
<b>Total</b>	<b>188</b>	<b>90</b>	<b>14</b>	<b>0</b>	<b>292</b>

**# OF SPORTS PER FEMALE ATHLETE**

<b>GIRLS</b>	<b>1 SPORT ATHLETES</b>	<b>2 SPORT ATHLETES</b>	<b>3 SPORT ATHLETES</b>	<b>4 SPORT ATHLETES</b>	<b>TOTAL FEMALE ATHLETES</b>
<b>9<sup>th</sup> Grade Girls</b>	<b>41</b>	<b>17</b>	<b>6</b>	<b>0</b>	<b>64</b>
<b>10<sup>th</sup> Grade Girls</b>	<b>39</b>	<b>26</b>	<b>5</b>	<b>0</b>	<b>70</b>
<b>11<sup>th</sup> Grade Girls</b>	<b>25</b>	<b>18</b>	<b>2</b>	<b>0</b>	<b>45</b>
<b>12<sup>th</sup> Grade Girls</b>	<b>30</b>	<b>15</b>	<b>1</b>	<b>0</b>	<b>46</b>
<b>Total</b>	<b>135</b>	<b>76</b>	<b>14</b>	<b>0</b>	<b>225</b>

**ATHLETIC PARTICIPATION BY GRADE / GENDER**

<b>GRADE</b>	<b>BOYS</b>	<b>GIRLS</b>	<b>TOTAL</b>	<b>% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION (517)</b>
<b>9<sup>th</sup></b>	<b>77</b>	<b>64</b>	<b>141</b>	<b>27.3%</b>
<b>10<sup>th</sup></b>	<b>70</b>	<b>70</b>	<b>140</b>	<b>27.1%</b>
<b>11<sup>th</sup></b>	<b>75</b>	<b>45</b>	<b>120</b>	<b>23.2%</b>
<b>12<sup>th</sup></b>	<b>70</b>	<b>46</b>	<b>116</b>	<b>22.4%</b>
<b>TOTAL</b>	<b>292</b>	<b>225</b>	<b>517</b>	
<b>% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (1,068)</b>	<b>27%</b>	<b>21%</b>	<b>48%</b>	

**ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION**

<b>GRADE</b>	<b># OF ATHLETES</b>	<b>% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (1,068)</b>
<b>9<sup>th</sup></b>	<b>141</b>	<b>13%</b>
<b>10<sup>th</sup></b>	<b>140</b>	<b>13%</b>
<b>11<sup>th</sup></b>	<b>120</b>	<b>11%</b>
<b>12<sup>th</sup></b>	<b>116</b>	<b>11%</b>
<b>TOTAL</b>	<b>517</b>	<b>48%</b>

\*Total enrollment based on February 8, 2012 MHSAA count (1,068 Students).

\*Excludes Equestrian and Dance.

\* 5 Dual Participants in 2011-12