ST. JOHNS HIGH SCHOOL *INTERSCHOLASTIC ATHLETICS*



2014-2015 **YEAR END REPORT**





Chris R. Ervin, CAA Director of Activities

"Teaching leadership and character in the quest for athletic excellence"

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INTRODUCTION

The following report focuses on facts and figures highlighting the 2014-15 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2014-15 school year was an astounding success for the student-athletes, coaches and teams while competing in the Capital Area Activities Conference (CAAC). **Redwing success** included six (6) CAAC Championships, two (2) MHSAA Team District Championships, seven (7) teams earned Academic All-State Honors, 22 student-athletes earned Academic All-State Honors, 27 All-State Athletes, and five (5) coaches earned post season honors. To highlight the year's success, five (5) student-athletes won Individual State Championships and the Varsity Girls Track and Field Team won the MHSAA Division II Team State Championship, the sixth team state championship in school history.

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CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT



2014-15

<u>Blue</u>

East Lansing Grand Ledge Holt Jackson Lansing Eastern Lansing Everett Lansing Sexton Okemos (8)

Red

DeWitt Haslett Mason Owosso St. Johns Waverly

(6)

White

Ionia

Portland

Williamston

Eaton Rapids

Lansing Catholic

Fowlerville

20 Schools

(6)

VARSITY SPORTS

<u>Girls</u>

Fall:
Cross Country
Golf
Sideline Cheer*
Swimming & Diving
Volleyball

Winter: Basketball Competitive Cheer Gymnastics

Boys

Fall: Cross Country Football Soccer Tennis

Winter: Basketball Ice Hockey (Co-op w/ DeWitt) Swimming & Diving Wrestling

Spring:	Spring:
Soccer	Baseball
Softball	Golf
Tennis	Track & Field
Track & Field	

MHSAA Sports:	(11) Var. Sports	(11) Var. Sports

SJPS Sports: (12) Var. Sports (w/Sideline Cheer) (11) Var. Sports

Additional Non-sanctioned SJPA & MHSAA activities: Equestrian

Dance

CLASSIFICATIONS

Class A:

- Boys Basketball
- Girls Basketball
- Volleyball

Division I:

- Baseball
- Gymnastics
- Ice Hockey (Co-op w/ DeWitt)
- Softball

Division II:

- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Boys & Girls Soccer
- Boys Swimming & Diving
- Girls Swimming & Diving
- Boys Tennis
- Girls Tennis
- Boys & Girls Track and Field
- Wrestling

Division III:

- Football

PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
Varsity Head Coaches	13	9	22
JV Head Coaches	4	8	12
Freshman Head Coaches	3	2	5
Assistant Coaches	1	13	14
Total	21	32	53

40% of paid coaching staff at St. Johns High School are teaching staff personnel. This is a 6% decrease from 2013-14.

59% of our Head Varsity Coaches are teaching staff personnel. This is a 1% decrease from 2013-14.

*Excludes volunteer coaches, Dance and Equestrian. Includes coaches that split salaries and Ice Hockey (co/op w/ DeWitt).

CELEBRATIONS & ACCOLADES

CAAC Conference Champions (Team)

- Boys Cross Country
- Softball
- Girls Swimming & Diving
- Boys Track & Field
- Girls Track & Field
- Wrestling

MHSAA District Champions (Team)

- Boys Golf
- Wrestling

MHSAA State Champions (Team)

• Girls Track & Field

MHSAA Tournament Success (Team)

- Boys Cross Country 18th Place in Division II
- Girls Golf 13th Place in Division II
- Girls Swimming & Diving 29th Place in Division II
- Boys Swimming & Diving 30th Place in Division II
- Boys Track & Field 13th Place in Division II
- Girls Track & Field State Champions in Division II

Academic All-State (Teams)

- Volleyball
- Boys Cross Country
- Boys Swimming & Diving
- Boys Basketball
- Girls Basketball
- Girls Soccer
- Softball

Academic All-State (Athletes)

- Ashley Heyer Volleyball
- Karrigan Smith Cross Country
- Dani Schaub Soccer
- Maddie Wilsey Soccer
- Cassis Rapelje Soccer
- Kylie Hollis Soccer
- Sarah Drury Soccer
- Anna Clarizio Soccer
- Alex Davis Softball, Girls Swim
- Chelsea Rossow Girls Swim
- Chris Wells Boys Swim
- Pauline Carbonnelle Track & Field
- Jen Eaton Track & Field
- Anna Krumm Track & Field

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Academic All-State (Athletes) cont.

- Milah Montle Track & Field
- Maddie Maloney Track & Field
- Lyndsay Pung Track & Field
- Karrigan Smith Track & Field
- Emily Wohlfert Track & Field
- Jake Eaton Track & Field
- Dillan Haviland Track & Field
- Nick Weber Baseball

All-State Athletes

- Karrigan Smith Cross Country, Track & Field
- Codey Cook Cross Country, Track & Field
- Josiah Quinn Cross Country
- Austin Ervin Football
- Eric Nunn Golf
- Zach Rosendale Golf
- Olivia Trombley Soccer
- Jake Eaton Track & Field
- Dillan Haviland Track & Field
- Steven Linton Track & Field
- Matt Ouderkirk Track & Field
- Josiah Quinn Track & Field
- Joren Ruhf Track & Field
- Pauline Carbonnelle Track & Field
- Jen Eaton Track & Field
- Anna Krumm Track & Field
- Maddie Maloney Basketball, Track & Field
- Milah Montle Track & Field
- Lyndsay Pung Track & Field
- Emily Wohlfert Track & Field
- Derek Droste Wrestling
- Jake Gnegy Wrestling
- Trent Lashuay Wrestling
- Logan Massa Wrestling
- Ian Parker Wrestling
- Ty Wildmo Wrestling
- Nic Sturgis Wrestling

Individual State Champions

- Karrigan Smith Cross Country, Track & Field (1,600 M Run)
- Steven Linton Track & Field (400 M Run)
- Logan Massa Wrestling
- Ian Parker Wrestling
- Ty Wildmo Wrestling

All-Americans

Logan Massa

Other Awards

- Karrigan Smith LSJ Female Athlete of the Year
- Logan Massa Dave Schultz State & Regional Award Winner
- Boys Basketball BCAM Top 100 Sportsmanship Award

Coaching

- Kim Brewbaker MISCA Zone 7 Girls Swim Coach of the Year
- Bob Sackrider LSJ Division II Boys Cross Country Coach of the Year
- Jim Makarauskas MISCA Zone 7 (HM) Boys Diving Coach of the Year
- Derek Phillips LSJ All-Area Coach of the Year
- Neil Feldpausch LSJ Girls Track and Field Coach of the Year, MITCA Division II Coach of the Year

ATHLETIC AWARDS

CAAC Senior Scholar-Athletes

• Alexandra Davis, Ashley Heyer, Masen Pieters, Lyndsay Pung, Ryan Ruff, Karrigan Smith, Josh Theis, Chris Wells, Maddie Wilsey, Duncan Wright.

Army Reserves Scholar-Athlete Award

• Lyndsay Pung & Duncan Wright

Marines Distinguished Athlete Award

• Alex Davis & Chris Wells

SJYAA Volunteer Award

• Elizabeth Kebler, Alexander Murray, Lyndsay Pung, Josh Theis

Andrew Nelson Award

• Alex Davis & Chris Wells

Diane Moss Memorial Scholarship

• Lyndsay Pung

James McCarthy Memorial Scholarship

• Chelsea Rossow & Brenden Harless

Earl R. Lancaster Award

• Alex Davis & Alex Murray

Outstanding Senior Athlete Award

- Karrigan Smith
- Codey Cook
- Austin Ervin

MHSAA Farm Bureau Scholar-Athlete Award

• Alexandra Davis, Justin Hallead, Elizabeth Kebler, Madelyn Slamka, Lauren St George, Wolfgang Stark, Christopher Wells.

St. Johns Athletic Boosters Scholarship

• Erin Briggs, Alex Davis, Justin Hallead, Elizabeth Kebler, Katie Maloney, Allison Marier, Alex Murray, Nic Niznak, Lyndsay Pung, Ryan Ruff, Nicole Salander, Danielle Schaub, Karrigan Smith, Kayleigh Smith, Josh Theis, Sarah Thelen, Nick Weber, Chris Wells.

Detroit Athletic Club HS Athlete of the Year

• Logan Massa (Finalist)

Dave Schultz Midwest Region Award

Logan Massa

MIAAA Scholarship

• Chris Wells

FALL SPORTS REVIEW

FOOTBALL:

Varsity Participation: 41 Student-Athletes **Record**: 8-2 Overall, 4-1 CAAC (2nd Place) **Head Coach**: David Mariage

Honors:

CAAC: Blake Stewart, Angus Arthur, Austin Ervin, Justin Hallead, Nic Sturgis, Chris Wells, Cole Williams, Ronnie Ford, Josh Theis, Anthen Ruhf (HM), Jake Gnegy (HM), Nic Niznak (HM).
CAAC All-Academic: Angus Arthur, Jeff Box, Oliver Cocco, Jake Eaton, Jake Fox, Jake Gnegy, Justin Hallead, Tanner Motz, Ryan Simon, Matt Soros, Blake Stewart, Josh Theis, Chris Wells.
All-Area: Justin Hallead (LSJ Dream Team), Nic Sturgis, Angus Arthur, Blake Stewart (HM), Austin Ervin (HM), Chris Wells (HM), Cole Williams (HM).
All-State: Austin Ervin (AP Special Mention)

JV Participation: 18 Student-Athletes **Record**: 7-2 Overall, 4-1 CAAC **Head Coach**: Jake Parker

Freshman Participation: 22 Student-Athletes **Record**: 5-4 Overall, 2-3 CAAC **Head Coach**: Rick LaBar

Assistant Coaches: John Archambault, Mark Burnash, Ryan Lindquist, Andrew Tisdale, Kevin Pettigrew, Matt Pettigrew.

Volunteer Coaches: Bob Paksi, Scott Spaulding, Bob Barber, Paul Golupski, Bill Burton, Matt Woodhams, Russ Waggoner.

BOYS CROSS COUNTRY:

Varsity Participation: 23 Student-Athletes Record: CAAC (Champions) Head Coach: Robert Sackrider

Honors:

CAAC: Codey Cook (1st), Josiah Quinn (1st), Ryan Wohlfert (1st), Nolan Wirth (1st), Duncan Wright (2nd), Mason Berridge (2nd), Joey Fox (HM), Brady Falor (HM), Jimmy Thalison (HM).
CAAC All-Academic: Brady Falor, Trevor Feldpausch, Brendan Kiel, Josiah Quinn, Wolfgang Stark, Duncan Wright.
All-Area: Bob Sackrider (Division II Coach of the Year), Codey Cook, Josiah Quinn.
Regional: Team (3rd Place), Codey Cook (Regional Champion), Josiah Quinn (All-Region).
State Qualifiers: Team (18th Place in Division II)
All-State: Codey Cook (12th Place), Josiah Quinn (29th Place)
Team Academic All-State: MITCA Team Academic All-State

GIRLS CROSS COUNTRY:

Varsity Participation: 16 Student-Athletes **Record**: CAAC (2nd Place) **Head Coach**: Robert Sackrider

Honors:

CAAC: Karrigan Smith (1st), Jennifer Eaton (2nd), Milah Montle (2nd), Emily Wohlfert (HM).
CAAC All-Academic: Jennifer Eaton, Megan Gust, Anna Krumm, Milah Montle, Lyndsay Pung, Karrigan Smith, Emily Wohlfert.
All-Area: Karrigan Smith (LSJ Runner of the Year)
Regional: Karrigan Smith (Regional Champion)
All-State: Karrigan Smith (1st Place)
Academic All-State: Karrigan Smith
State Champion: Karrigan Smith (MHSAA Division II)

GIRLS GOLF:

Varsity Participation: 8 Student-Athletes **Record**: CAAC (2nd Place) **Head Coach**: Rick Schultz

Honors:

CAAC: Adriann Simison, Abby Murray, Hannah Hartenburg, Alli Eccleton.
CAAC All-Academic: Kylie Stroub, Adriann Simison, Mikayla Quaderer, Hannah Hartenburg, Meg Curtain.
All-Area: Abby Murray, Alli Eccleton (HM).
MHSAA – 13th Place in MHSAA Division II

JV Participation: 5 Head Coach: Rick Schultz Volunteer Coach: Richard Blink

BOYS TENNIS:

Varsity Participation: 14 Student-Athletes **Record**: 6-8 Overall, 3-2 CAAC (3rd Place) **Head Coach**: Josh Gove

Honors:

CAAC: Jamison Cleaver (3rd - #1 Singles), Alex Murray (3rd - #2 Singles), Joey Deliso (HM - #4 Singles), Lee Rademacher/David Suidgeest (2nd - #1 Doubles), Ryan Ruff/Austin Pohl (2nd - #2 Doubles), Caleb Paksi/Andy Briggs (HM - #3 Doubles), Tony Fedewa/Angelo Castronova (3rd - #4 Doubles).
CAAC All-Academic: David Suidgeest, Ryan Ruff, Lee Rademacher, Alex Murray, Tony Fedewa, Jeremy Brocker, Andy Briggs.
All-Area: David Suidgeest/Lee Rademacher

JV Participation: (Included in Varsity Participations) **Head Coach**: Josh Gove

BOYS SOCCER:

Varsity Participation: 21 Student-Athletes **Record**: 10-11-1 Overall, 1-4 CAAC (5th Place) **Head Coach**: Karl Hanover

Honors:

CAAC: Masen Pieters (HM), Nick Bierstetel (HM), Jimmy Steingreaber (HM), Connor Holland (HM), Alex Shileika (HM), Thad Shileika (HM), Ryan Carey (HM). **CAAC All-Academic**: Oliver Cocco, Connor Holland, Matt McCarthy, Caleb McCastle, Grant Moeggenborg, Brock Petrak, Masen Pieters, Brett Post, Andrew Sampson, Riley Ruff, Jimmy Steingreaber, Jacob Warnaar. **All-District:** Ryan Carey, Jimmy Steingreaber, Grant Moeggenborg, Masen Pieters, Connor Holland.

JV Participation: 17 Student-Athletes **Record**: 8-8-4 Overall, 0-4-1 CAAC **Head Coach**: Rick Carlson

GIRLS SWIMMING & DIVING:

Varsity Participation: 25 Student-Athletes Record: 10-0 Overall, 7-0 CAAC (1st Place) Head Coach: Kim Brewbaker Assistant Coaches: Terri Grider, Jim Makarauskas, Katelyn Childers

Honors:

CAAC: Medley Relay (Kayla Bellant, Meg Pope, Catherine Voisin, Callie LaBar), Alex Davis (200 Freestyle), Emma Schaefer (200 IM, 100 Breaststroke), Rachel Ely (50 Freestyle, 100 Butterfly), Catherine Voisin (100 Butterfly, 200 IM -HM), Alex Davis (500 Freestyle), Meg Pope (500 Freestyle, 100 Breaststroke), 200 Freestyle Relay (Emma Schaefer, Callie LaBar, Alex Davis, Rachel Ely), Callie LaBar (100 Backstroke, 50 Freestyle - HM), Kayla Bellant (100 Backstroke), 400 Freestyle Relay (Catherine Voisin, Emma Schaefer, Alex Davis, Rachel Ely), Tess Burnash (200 Freestyle – HM, 100 Butterfly – HM), Alaine Banninga (Diving – HM), Sarah Hileman (100 Freestyle – HM), Autumn Petrick (100 Backstroke – HM), Amber Cousineau (100 Breaststroke - HM). CAAC All-Academic: Alaine Banninga, Richelle Childers, Alex Davis, Rachel Ely, Emily Eldred, Sarah Hileman, Callie LaBar, Chelsea Rossow, Emma Schaefer, Sarah Sochor, Catherine Voisin, All-Area/MISCA All-Zone: Kim Brewbaker (Zone 7 Coach of the Year), Alex Davis, Rachel Ely, Emma Schaefer, Catherine Voisin, Meg Pope, Callie LaBar (2nd), Amber Cousineau (2nd), Tess Burnash (HM), Kayla Bellant (HM), Sarah Hileman (HM),

Autumn Petrick (HM), Alaine Banninga (HM).

State Qualifiers: Team – 29th Place in Division II, Medley Relay (17th – Autumn Petrick, Meg Pope, Catherine Voisin, Callie LaBar), Alex Davis (19th – 200 Freestyle), Rachel Ely (31st – 200 Freestyle), Emma Schaefer (27th – 200 IM), Catherine Voisin (18th – 100 Butterfly), Rachel Ely (18th – 100 Freestyle), Alex Davis (15th – 500 Freestyle), 200 Freestyle Relay (17th – Callie LaBar, Kayla Bellant, Alex Davis, Rachel Ely), Meg Pope (22nd – 100 Breaststroke), Emma Schaefer (24th – 100 Breaststroke), 400 Freestyle Relay (20th – Emma Schaefer, Catherine Voisin, Alex Davis, Rachel Ely). **Individual Academic All-State/All-Americans**: Chelsea Rossow, Alex Davis.

SIDELINE CHEERLEADING:

Varsity Participation: 17 Student-Athletes Head Coach: Jennifer Brewer

JV Participation: 14 Student-Athletes **Head Coach**: Kay Witt

VOLLEYBALL

Varsity Participation: 12 Student-Athletes **Record**: 21-18-5 Overall, 4-6 CAAC (4th Place) **Head Coach**: Sheri Becker

Honors:

CAAC: Maddy Slamka, Chloe Waszak, Katie Maloney, Bree Smith (HM), Ashley Heyer (HM).
CAAC All-Academic: Alyssa Elsea, Jessica Hafner, Ashley Heyer, Izzy Kosnik, Katie Maloney, Brooke Mazzolini, Maddy Slamka, Morgan Weber.
All-Area: Maddy Slamka (HM), Chloe Waszak (HM).
All-Region: Maddy Slamka
Academic All-State: MIVCA Team Academic All-State, Ashley Heyer.

JV Participation: 10 Student-Athletes Record: 32-0 Overall, 10-0 CAAC Head Coach: Kelly Hutchinson & Marcy Powelson

Freshman Participation: 10 Student-Athletes **Record**: 32-2-2 Overall, 8-2 CAAC **Head Coach**: Rachel Gnegy

EQUESTRIAN (Non-Sanctioned Activity)

Varsity Participation: 13 Student-Athletes Head Coach: Kathy Lowell

WINTER SPORTS REVIEW

BOYS BASKETBALL

Varsity Participation: 13 Student-Athletes Record: 10-11 Overall, 5-5 CAAC (4th Place) Head Coach: Denny Baratono Volunteer Coaches: Al Stewart, Paul Golupski

Honors:

CAAC: Tyler Bates, Austin Ervin, Chase Brocker (HM).
CAAC All-Academic: Tyler Bates, Chase Brocker, Ben Feldpausch, Ross Feldpausch, Alex Hudak, Matt Marshall, Brett Mazzolini, Ryan Ruff, Josh Theis, Adam Thompson.
All-Area: Austin Ervin (HM), Tyler Bates (HM)
Team Academic: BCAM Team Academic All-State
Other: BCAM Top 100 Sportsmanship Award

JV Participation: 11 Student-Athletes **Record**: 20-0 Overall, 10-0 CAAC **Head Coach**: John Archambault

Freshman Participation: 13 Student-Athletes Record: 11-8 Overall, 6-4 CAAC Head Coach: Cole Cornwell Volunteer Coach: Bryce Wischmeyer

GIRLS BASKETBALL

Varsity Participation: 10 Student-Athletes Record: 14-9 Overall, 4-6 CAAC (4th Place) Head Coach: Mark Lasceski Volunteer Coaches: Kari Walters

Honors:

CAAC: Maddie Maloney, Ellie Kebler (HM), Brooke Mazzolini (HM).
CAAC All-Academic: Lauren Bates, Erika Ballinger, Jamie Carroll, Jessica Hafner, Ellie Kebler, Brooke Mazzolini, Olivia Trombley, Maddie Wilsey.
All-Area: Maddie Maloney
All-State: Maddie Maloney (HM)
Team Academic: BCAM Team Academic All-State (HM)

JV Participation: 11 Student-Athletes Record: 14-6 Overall, 7-3 CAAC Head Coach: Charlie Howes Volunteer Coach: Alex Goerge

Freshman Participation: 10 Student-Athletes **Record**: 10-8 Overall, 3-4 CAAC **Head Coach**: Brooke Samec

WRESTLING

Varsity Participation: 17 Student-Athletes Record: 21-3 Overall, 5-0 CAAC (Champions) Head Coach: Derek Phillips Assistant Coaches:

Honors:

CAAC: Team (League Champions), Brendan Zelenka (Champion), Emilio Sanchez (Champion), Trent Lashuay (Champion), Ian Parker (Champion), John Baker (Champion), Tyler Welch (HM), Lucas McFarland (2nd), Derek Droste (Champion), Bret Fedewa (Champion), Ronnie Ford (HM), Logan Massa (Champion), Ty Wildmo (Champion), Nic Sturgis (2nd), Jake Gnegy (Champion). CAAC All-Academic: Derek Droste, Bret Fedewa, Jake Gnegy, Trent Lashuay, Ian Parker. All-Area: Logan Massa (LSJ Wrestler of the Year), Ty Wildmo (LSJ Dream Team), Trent Lashuay, Ian Parker, Derek Droste, Bret Fedewa, Nic Sturgis, Jake Gnegy, Derek Phillips (LSJ All-Area Coach of the Year.) **District**: Team (District Champions), Brendan Zelenka (2nd), Emilio Sanchez (2nd), Trent Lashuay (Champion), Ian Parker (Champion), John Baker (Champion), Lucas McFarland (2nd), Bret Fedewa (3rd), Derek Droste (4th), Logan Massa (Champion), Ty Wildmo (Champion), Nic Sturgis (3rd), Michael Moore (4th), Jake Gnegy (Champion). Regional: Brendan Zelenka (4th), Emilio Sanchez (4th), Trent Lashuay (Champion), Ian Parker (Champion), Derek Droste (2nd), Bret Fedewa (3rd), Logan Massa (Champion), Ty Wildmo (Champion), Nic Sturgis (4th), Jake Gnegy (4th). State Oualifiers: Bret Fedewa, Brendan Zelenka, Emilio Sanchez. All-State: Derek Droste (5th), Nic Sturgis (5th), Jake Gnegy (6th), Trent Lashuay (7th). State Champions: Logan Massa, Ian Parker, Ty Wildmo. All-American: Logan Massa (Wrestling USA) Dave Schultz Award: Logan Massa (State and Regional Winner)

JV Participation: 15 Student-Athletes **Record**: NA **Head Coach**: Brian Gibbs

COMPETITIVE CHEERLEADING

Varsity Participation: 13 Student-Athletes Record: CAAC (4th Place) Head Coach: Jennifer Brewer

Honors:

CAAC: Miriah Moore, Dulci Roberts, Becka Jones, Samantha Vance (HM), Rilee Wilkinson (HM). CAAC All-Academic: Miriah Moore

JV Participation: 16 Student-Athletes **Record**: NA **Head Coach**: Kay Witt

GYMNASTICS

Varsity Participation: 11 Student-Athletes **Record**: 1-12 Overall, 1-5 CAAC (6th Place) **Head Coach**: Deb Davis

Honors:

CAAC All-Academic: Aubree Newhall, Halie Schilling, Sarah Sochor, Taylor Stewart, Lauren St. George.Regional Qualifiers: Aubree Newhall, Sarah Sochor, Lauren St. George, Halie Schilling, Emily Soto.

BOYS SWIMMING & DIVING

Varsity Participation: 25 Student-Athletes Record: 10-0-1 Overall, 6-0-1 CAAC (2nd Place) Head Coach: Kim Brewbaker Assistant Coaches: Jim Makarauskas

Honors:

CAAC: 200 Medley Relay - 5th (Vincent Jandernoa, Chris Wells, Justin Brown, Justin Woodbury), Ben Rumney (7th – 200 Freestyle, 3rd – 500 Freestyle), Brad Garmyn (1st – 200 IM, 1st – 100 Freestyle), Justin Woodbury (4th – 50 Freestyle, 4th – 100 Breaststroke), J.D. Gilroy (1st – Diving), Brock Petrak (3rd – Diving), Brenden Harless (6th – 500 Freestyle), Mason Berridge (7th – 500 Freestyle), 200 Freestyle Relay – 2nd (Justin Woodbury, Ben Rumney, Brenden Harless, Brad Garmyn), Vincent Jandernoa (8th – 100 Backstroke), Chris Wells (7th – 100 Breaststroke), 400 Freestyle Relay – 2nd (Zeke Ely, Ben Rumney, Brenden Harless, Brad Garmyn). CAAC All-Academic: Brad Garmyn, Vince Jandernoa, Blake Koschmider, Brock Petrak, Brett Post, Nate Rossow, Ben Rumney, Tommy Sovereign, Caleb Trayer, Chris Wells, Justin Woodbury. MISCA/All-Area: Brad Garmyn (LSJ Dream Team), J.D. Gilroy (LSJ Dream Team), Ben Rumney (2nd Team), Mason Berridge (HM), Brenden Harless (HM), Justin Woodbury (HM), Zeke Ely (HM), Vince Jandernoa (HM), Justin Brown (HM), Austin McCarrick (HM), Jim Makarauskas (HM Diving Coach of the Year). State Qualifiers: Team – 30th Place in Division II, Medley Relay (31st - Vince Jandernoa, Justin Woodbury, Justin Brown, Brenden Harless), Brad Garmyn (18th – 200 Freestyle), JD Gilroy (16th – Diving), Brock Petrak (18th – Diving), Brad Garmyn (23rd -100 Freestyle), 200 Free Relay (16th - Justin Woodbury, Ben Rumney, Brenden Harless, Brad Garmyn), 400 Free Relay (23rd - Zeke Ely, Ben Rumney, Brenden Harless, Brad Garmyn). Individual Academic All-State/All-Americans: Chris Wells Team Academic All-State: MISCA Team Academic All-State

ICE HOCKEY

Varsity Participation: 5 Student-Athletes Record: Overall, CAAC (Place) Head Coach: Tyler DeLong

Honors:

CAAC: None CAAC All-Academic: Anthony Sleep, Thane Sutfin.

DANCE TEAM (Non-Sanctioned Activity)

Varsity Participation: 23 Student-Athletes Head Coach: Michelle Lindquist

SPRING SPORTS REVIEW

BASEBALL:

Varsity Participation: 17 Student-Athletes Record: 23-13 Overall, 7-3 CAAC (2nd Place) Head Coach: Jake Parker Volunteer Coaches: Denny Parker

Honors:

CAAC: Jimmy McKane, Avery Maurer, Adam Proctor, Addison Swarhtout, Josh Endres, Tyler Bates (HM), Austin Pohl (HM), Jake Crum (HM), Ethan Webster (HM).
CAAC All-Academic: Tyler Bates, Alex Hudak, Brandon Huhn, Brendan Kiel, Jimmy McKane, Adam Proctor, Lee Rademacher, Anthony Sleep, Nick Weber, Ethan Webster.
All-Area: Jimmy McKane (LSJ Dream Team), Avery Maurer, Adam Proctor, Addison Swarthout, Josh Endres (HM).
All-District: Jimmy McKane, Avery Maurer, Adam Proctor, Addison Swarthout, Josh Endres (HM).
All-District Academic: Nick Weber, Brendan Kiel
All-Region: Adam Proctor
Academic All-State: Nick Weber

JV Participation: 13 Student-Athletes **JV Record**: 14-9 Overall, 6-3-1 CAAC **Head Coach**: Rick LaBar

Freshman Participation: 16 Freshman Record: 9-12 Head Coach: Jeff Hudak

BOYS GOLF:

Varsity Participation: 8 Student-Athletes **Record**: CAAC (2nd Place) **Head Coach**: Paul Sternburgh

Honors:

CAAC: Eric Nunn, Zach Rosendale, Jack Bouck (HM), Aaron Burns (HM), Masen Pieters (HM).
CAAC All-Academic: Eric Nunn, Masen Pieters, Zach Rosendale, Nathan Rossow, Justin Webster.
All-Area: Zach Rosendale (LSJ Dream Team), Eric Nunn (LSJ Dream Team).
Team District Champions
State Qualifier: Eric Nunn (15th Place)
All-State: Eric Nunn, Zach Rosendale

JV Participation: 13 Student-Athletes **Head Coaches**: Rick Schultz

GIRLS SOCCER:

Varsity Participation: 19 Student-Athletes Record: 16-5 Overall, 3-2 CAAC (4th Place) Head Coach: Kim Brewbaker Volunteer Coach:

Honors:

CAAC: Maddie Wilsey, Olivia Trombley, Lexi McPherson, Chelsie Smith,
Cassie Rapelje (HM), Anna Clarizio (HM), Kylie Hollis (HM), Abby Schuelke (HM).
CAAC All-Academic: Anna Clarizio, Sarah Drury, Kylie Hollis, Lexi McPherson,
Sydney Padgett, Cassie Rapelje, Claire Rickman, Olivia Ruppert, Madilyn Schafer,
Dani Schaub, Abby Schuelke, Brecken Simon, Chelsie Smith, Kylie Steingreaber,
Olivia Trombley, Maddie Wilsey.
All-Area: Olivia Trombley (LSJ Dream Team), Maddie Wilsey, Chelsie Smith.
All-District: Olivia Trombley, Maddie Wilsey, Lexi McPherson, Chelsie Smith,
Abby Schuelke.

All-Region: Olivia Trombley

Individual Academic All-State: Dani Schaub, Maddie Wilsey, Cassis Rapelje, Kylie Hollis, Sarah Drury, Anna Clarizio. **All-State**: Olivia Trombley (HM)

Division II Team Academic All-State

JV Participation: 17 Student-Athletes **Record**: 8-4-3 Overall, 2-3 CAAC **Head Coach**: Amber Guerrero

GIRLS SOFTBALL

Varsity Participation: 13 Student-Athletes
Record: 29-8 Overall, 10-0 CAAC (Champions)
Head Coach: Barry Palmer
Volunteer Coaches: Tim Palmer, Kevin Smith, Felicia Gingrich, Ashley Davis

Honors:

CAAC: Kayleigh Smith, Adriann Simison, Jamie Carroll, Jenna Sillman, Madison Ballinger, Maya Zell (HM), Kendall Smith (HM), Alex Davis (HM), Lauren Bates (HM).
CAAC All-Academic: Erika Sturgis, Adriann Simison, Jamie Carroll, Alex Davis, Lauren Bates.
All-District: Kayleigh Smith, Jenna Sillman, Jamie Carroll.
All-Area: Kayleigh Smith (LSJ Dream Team), Jamie Carroll, Adriann Simison, Jenna Sillman (HM), Madison Ballinger (HM).
MHSSCA Team Academic All-State Individual Academic All-State: Alex Davis

JV Participation: 14 Student-Athletes **Record**: 13-10 Overall, 3-5 CAAC **Head Coach**: Brooke Samec

GIRLS TENNIS

Varsity Participation: 15 Student-Athletes **Record**: 3-5-2 Overall, 2-1-2 CAAC (4th Place) **Head Coach**: Karl Hanover

Honors:

CAAC: Allie Marier (4th - #1 Singles), Meredith Robbins (4th - #2 Singles), Amanda Yount (3rd - #4 Singles), Brooke Mazzolini/Jessica Hafner (2nd - #1 Doubles), Erin Briggs/Megan Goerge (3rd - #2 Doubles), Josie Sillman/Hannah Jewell (4th - #3 Doubles), Katie Maloney/Richelle Childers (3rd - #4 Doubles). **CAAC All-Academic**: Alaine Banninga, Erin Briggs, Richelle Childers, Megan Goerge, Jessica Hafner, Kelsey Karasek, Katie Maloney, Allie Marier, Brooke Mazzolini, Meredith Robbins, Amanda Yount.

JV Participation: 20 Student-Athletes Record: 11-3 Overall, 5-0 CAAC Head Coach: Schalla Benedict

BOYS TRACK & FIELD

Varsity Participation: 51 Student-Athletes Record: 5-0 CAAC (Champions) Head Coach: David Mohre Assistant Coaches: Gary Sykes, Matt Deja, Chris Wells

Honors:

CAAC: 3,200 M Relay – 1st (Nolan Wirth, Brady Falor, Dillan Haviland, Jake Eaton), Steven Linton (1st - 100 M Dash, 1st - 400 M Run, 1st - 200 M Dash), 4 x 100 M Relay -1st (Tommy Jury, Tanner Motz, J.D. Gilroy, Blake Stewart), Codey Cook (1st – 800 M Run, 1st – 3,200 M Run, 2nd – 1,600 M Run), Collin Rosendale (2nd – 110 M Hurdles, 2nd – 300 M Hurdles), Jake Eaton (2nd – 800 M Run, 5th – Long Jump), Josiah Quinn (2nd – 3,200 M Run, 5th – 600 M Run), 4 x 200 M Relay – 3rd (J.D. Gilroy, Tommy Jury, Blake Stewart, Joren Ruhf), Matthew Ouderkirk (3rd – 400 M Run, 3rd – Pole Vault), Dillan Haviland (3rd – 800 M Run), Ryan Wohlfert (3rd – 3,200 M Run, 4th – 1600 M Run), 4 x 400 M Relay – 3rd (Jake Eaton, Joren Ruhf, Matthew Ouderkirk, Dillan Haviland), Joren Ruhf (6th – 100 M Dash), Blake Stewart (6th – 200 M Dash), Ross Feldpausch (3rd – High Jump), Levi Hayworth (3rd – Shot Put), Javin Ross (3rd – Discus), Chris Wells (4th – Discus), Zane Paksi (4th – Pole Vault), Tanner Motz (5th – Shot Put), J.D. Gilroy (5th – High Jump). $1^{st} - 3^{rd}$ All-League, $4^{th} - 6^{th}$ Honorable Mention All-League. CAAC All-Academic: Jake Eaton, Brady Falor, Ross Feldpausch, Dillan Haviland, Tommy Jury, Tanner Motz, Josiah Quinn, Blake Stewart. All-Regional: Steven Linton (1st – 400 M Dash, 2nd – 200 M Dash), Jake Eaton (1st - 800 M Run), Codey Cook (2nd - 1600 M Run, 8th - 3200 M Run), Josiah Quinn (2nd – 3200 M Run), Levi Hayworth (1st – Shot Put), Ross Feldpausch (3rd – High Jump), Chris Wells (4th – Discus), Collin Rosendale (4th – 300 M Hurdles, 5th – 110 M Hurdles), Matt Ouderkirk (5th – Pole Vault, 7th – 400 M Dash), Javin Ross (6th – Discus), Dillan Haviland (6th – 800 M Run), Tanner Motz (7th – Shot Put), 3200 M Relay – 1st (Josiah Quinn, Jake Eaton, Matt Ouderkirk, Steven Linton), 1600 M Relay – 2nd (Joren Ruhf, Jake Eaton, Matt Ouderkirk, Steven Linton), 800 M Relay – 6th (Tommy Jury, Blake Stewart, J.D. Gilroy, Joren Ruhf), 400 M Relay – 6th (Tommy Jury, Blake Stewart, J.D. Gilrov, Tanner Motz).

All-Area: Steven Linton (LSJ Dream Team – 400 M Dash, 3200 M Relay (Codey Cook, Dillan Haviland, Jake Eaton, Steven Linton).

Honor Roll Place Peformers: Steven Linton (100 M Dash, 200 M Dash, 400 M Dash, 800 M Dash), Codey Cook (800 M Run, 1600 M Run, 3200 M Run), Jake Eaton (800 M Run), Josiah Quinn (1600 M Run, 3200 M Run), Matthew Ouderkirk (Pole Vault), Zane Paksi (Pole Vault), Levi Hayworth (Shot Put), Javin Ross (Discus), Jake Eaton (Long Jump), 3200 M Relay (Codey Cook, Dillan Haviland, Josiah Quinn, Ryan Wohlfert), 400 M Relay (Tommy Jury, Joren Ruhf, Blake Stewart, Steven Linton).
Honor Roll All-Acadmic: Jake Eaton, Tommy Jury, Blake Stewart, Josiah Quinn, Zane Paksi.

State Qualifiers: Team (13th Place in Division II), Codey Cook (1600 M Run), Jake Eaton (800 M Run), Levi Hayworth (Shot Put), Steven Linton (200 M Dash, 400 M Dash), Josiah Quinn (3200 M Run), 3200 M Relay (Codey Cook, Jake Eaton, Dillan Haviland, Josiah Quinn), 1600 M Relay (Jake Eaton, Steven Linton, Matt Ouderkirk, Joren Ruhf).

State Champion: Steven Linton (400 M Run)

BOYS TRACK & FIELD cont.

All-State: Steven Linton (1st – 400 M Run), 3200 M Relay – 5th (Jake Eaton, Dillan Haviland, Codey Cook, Steven Linton), Codey Cook (12th – 1600 M Run), 1600 M Relay – 13th (Joren Ruhf, Matt Ouderkirk, Jake Eaton, Steven Linton), Josiah Quinn (3200 M Run – 16th).
Academic All-State: Jake Eaton, Dillan Haviland.
School Record: Steven Linton (48.94 – 400 M Dash, 22.25 – 200 M Dash), 1600 M Relay – 3:23.77 (Joren Ruhf, Jake Eaton, Matt Ouderkirk, Steven Linton), 3200 M Relay – 7:59.20 (Jake Eaton, Dillan Haviland, Codey Cook, Steven Linton).

GIRLS TRACK & FIELD

Varsity Participation: 43 Student-Athletes Record: 5-0 CAAC (Champions) Head Coach: Neil Feldpausch Assistant Coaches: Gary Sykes, Matt Deja, Chris Wells

Honors:

CAAC: Pauline Carbonnelle (2nd – 100 M Dash, 1st – 200 M Dash, 3rd – 400 M Dash), Emily Wohlfert (3rd – 100 M Dash, 5th – 400 M Dash), Lyndsay Pung (3rd – 200 M Dash, 1st – 400 M Dash), Karrigan Smith (1st – 800 M Run, 1st 1600 M Run, 1st – 3200 M Run, $4^{\text{th}} - 400 \text{ M Dash}$), Anna Krumm ($3^{\text{rd}} - 300 \text{ M Hurdles}$), 400 M Relay – 3^{rd} (Maddy Slamka, Leah Thelen, Maddie Crum, Mariah Munro), 800 M Relay – 1st (Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle), 1600 M Relay -1st (Emily Wohlfert, Anna Krumm, Maddie Maloney, Lyndsay Pung), 3200 M Relay – 2nd (Milah Montle, Emily Wenzlick, Maddie Maloney, Jen Eaton), Olivia Waszak (2nd – High Jump), Maddie Crum (6th – 200 M Dash), Jen Eaton $(4^{th} - 800 \text{ M Run}, 4^{th} - 1600 \text{ M Run}, 6^{th} - 3200 \text{ M Run}),$ Maddie Maloney (5th – 800 M Run), Sierra Brown (6th – 100 M Hurdles). $1^{st} - 3^{rd}$ All-League, $4^{th} - 6^{th}$ Honorable Mention All-League. CAAC All-Academic: Anna Krumm, Catherine Voisin, Danielle Sievi, Emily Thelen, Emily Wenzlick, Emily Wohlfert, Jen Eaton, Karrigan Smith, Lyndsay Pung, Maddie Crum, Maddy Slamka, Maddie Maloney, Milah Montle, Pauline Carbonnelle, Sarah Thelen, Sierra Brown. All-Region: Pauline Carbonnelle (2nd – 400 M Dash), Lyndsay Pung (5th – 400 M Dash), Emily Wohlfert (6th – 400 M Dash), Karrigan Smith (1st 800 M Run, 1st – 1600 M Run), Jen Eaton (3rd – 800 M Run), Maddie Maloney (5th – 800 M Run), 800 M Relay – 4th (Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle), 1600 M Relay -2nd (Lyndsay Pung, Emily Wohlfert, Karrigan Smith, Pauline Carbonnelle), 3200 M Relay – 1st (Jen Eaton, Milah Montle, Maddie Maloney, Karrigan Smith), Olivia Waszak (5th – High Jump), Leah Thelen (8th – Long Jump). All-Area: Neal Feldpausch (LSJ Girls Track Coach of the Year), Karrigan Smith (LSJ Female Track Athlete of the Year), 3200 M Relay - LSJ Dream Team (Jen Eaton, Maddie Maloney, Milah Montel, Karrigan Smith), Karrigan Smith – LSJ Dream Team (1600 M Run & 800 M Run), 800 M Relay (Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle), 1600 M Relay (Lyndsay Pung, Emily Wohlfert, Karrigan Smith, Pauline Carbonnelle). Honor Roll Place Performers: Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle, Jen Eaton, Maddie Maloney, Karrigan Smith.

GIRLS TRACK & FIELD cont.

Honor Roll Academic: Jen Eaton, Milah Montle, Emily Wenzlick, Maddie Maloney, Karrigan Smith, Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle. State Qualifiers: Team (MHSAA Division II State Champions), Pauline Carbonnelle (400 M Dash), Karrigan Smith (800 M Run, 1600 M Run), Jen Eaton (800 M Run), 800 M Relay (Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle), 1600 M Relay (Lyndsay Pung, Emily Wohlfert, Karrigan Smith, Pauline Carbonnelle), 3200 M Relay (Jen Eaton, Milah Montle, Maddie Maloney, Karrigan Smith). Academic All-State: Jen Eaton, Milah Montle, Maddie Maloney, Karrigan Smith, Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle. **State Champion**: Karrigan Smith (1600 M Run) All-State: Karrigan Smith (1st - 1600 M Run, 3rd - 800 M Run), 800 M Relay - 5th (Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle), 1600 M Relay -2nd (Lyndsay Pung, Emily Wohlfert, Karrigan Smith, Pauline Carbonnelle), 3200 M Relay – 2nd (Jen Eaton, Maddie Maloney, Milah Montle, Karrigan Smith) **School Record**: Karrigan Smith (11:04.90 – 3200 M Run), 1:46.48 - 800 M Relay (Anna Krumm, Emily Wohlfert, Lyndsay Pung, Pauline Carbonnelle), 4:02.22 – 1600 M Relay (Lyndsay Pung, Emily Wohlfert, Karrigan Smith, Pauline Carbonnelle), 9:31.57 – 3200 M Relay (Jen Eaton, Milah Montle, Maddie Maloney, Karrigan Smith).

2014-15 OVERALL ATHLETIC PARTICIPATION STATISTICS

OF SPORTS PER MALE ATHLETE

BOYS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL MALE ATHLETES
9 th Grade Boys	31	24	8	0	63
10 th Grade Boys	35	23	7	0	65
11 th Grade Boys	45	23	0	0	68
12 th Grade Boys	35	15	4	0	54
Total	146	85	19	0	250

OF SPORTS PER FEMALE ATHLETE

GIRLS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL FEMALE ATHLETES
9 th Grade Girls	33	28	3	0	64
10 th Grade Girls	47	27	3	0	77
11 th Grade Girls	42	16	2	0	60
12 th Grade Girls	38	18	1	0	57
Total	160	89	9	0	258

ATHLETIC PARTICIPATION BY GRADE / GENDER

GRADE	BOYS	GIRLS	TOTAL	% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION(508)
9 th	63	64	127	25%
10 th	65	77	142	28%
11 th	68	60	128	25%
12 th	54	57	111	22%
TOTAL	250	258	508	
% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (1,053)	24%	25%	48%	

ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

GRADE	# OF ATHLETES	% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (1,053)
9 th	127	12%
10 th	142	14%
11 th	128	12%
12 th	111	11%
TOTAL	508	48%

*Total enrollment based on February 11, 2015 MHSAA count (1,053 Students).