

ST. JOHNS HIGH SCHOOL

INTERSCHOLASTIC ATHLETICS



2015-2016
YEAR END REPORT



Chris R. Ervin, CAA
Director of Activities

“Teaching leadership and character in the quest for athletic excellence”

INTRODUCTION	1
CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMEMT	2
VARSITY SPORTS	3
CLASSIFICATIONS	4
COACHING STAFF	5
CELEBRATIONS & ACCOLADES	6
ATHLETIC AWARDS	9
FALL SPORTS REVIEW	10
WINTER SPORTS REVIEW	15
SPRING SPORTS REVIEW	20
OVERALL ATHLETES PARTICIPATION STATISTICS	25

INTRODUCTION

The following report focuses on facts and figures highlighting the 2015-16 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2015-16 school year was an astounding success for the student-athletes, coaches and teams while competing in the Capital Area Activities Conference (CAAC). **Redwing success** included seven (7) CAAC Team Championships, four (4) MHSAA Team District Championships, three (3) MHSAA Team Regional Championships, girls basketball advanced to the MHSAA State Semi-Finals, wrestling finished as MHSAA Division II Runner-Up, and boys golf won the MHSAA Division II Team State Championship. Furthermore, ___ teams earned Team Academic All-State Honors, ___ student-athletes earned Individual Academic All-State Honors, ___ student-athletes earned All-State Honors, and two (2) student-athletes won individual state championships.

Chris R. Ervin, CAA
Director of Activities

CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT



2015-16

Blue

- East Lansing
- Grand Ledge
- Holt
- Jackson
- Lansing Eastern
- Lansing Everett
- Lansing Sexton
- Okemos

(8)

Red

- DeWitt
- Haslett
- Mason
- Owosso
- St. Johns
- Waverly

(6)

White

- Eaton Rapids
- Fowlerville
- Ionia
- Lansing Catholic
- Portland
- Williamston

(6)

20 Schools

VARSIITY SPORTS

Girls

Fall:

Cross Country
Golf
Sideline Cheer*
Swimming & Diving
Volleyball

Winter:

Basketball
Competitive Cheer
Gymnastics

Spring:

Soccer
Softball
Tennis
Track & Field

MHSAA Sports: (11) Var. Sports

SJPS Sports: (12) Var. Sports (w/Sideline Cheer) (11) Var. Sports

Boys

Fall:

Cross Country
Football
Soccer
Tennis

Winter:

Basketball
Ice Hockey (Co-op w/ DeWitt)
Swimming & Diving
Wrestling

Spring:

Baseball
Golf
Track & Field

Additional Non-sanctioned SJPA & MHSAA activities:

Equestrian
Dance

CLASSIFICATIONS

Class A:

- Boys Basketball
- Girls Basketball
- Volleyball

Division I:

- Baseball
- Gymnastics
- Ice Hockey (Co-op w/ DeWitt)
- Softball

Division II:

- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Boys & Girls Soccer
- Girls Swimming & Diving
- Boys Tennis
- Girls Tennis
- Boys & Girls Track and Field
- Wrestling

Division III:

- Football
- Boys Swimming & Diving

PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
Varsity Head Coaches	13	10	23
JV Head Coaches	5	8	13
Freshman Head Coaches	3	2	5
Assistant Coaches	1	11	12
Total	22	31	53

42% of paid coaching staff at St. Johns High School are teaching staff personnel.

57% of our Head Varsity Coaches are teaching staff personnel.

*Excludes volunteer coaches, Dance and Equestrian. Includes coaches that split salaries, Ice Hockey (co/op w/ DeWitt) and fall Sideline Cheer.

CELEBRATIONS & ACCOLADES

CAAC Conference Champions (Team)

- Boys Cross Country
- Girls Swimming & Diving
- Girls Basketball
- Wrestling
- Boys Golf
- Boys Track & Field
- Girls Track & Field

MHSAA District Champions (Team)

- Football
- Wrestling
- Girls Basketball
- Boys Golf

MHSAA Regional Champions (Team)

- Girls Basketball
- Wrestling
- Boys Track and Field

MHSAA State Semi-Finalist (Team)

- Girls Basketball

MHSAA State Runners-Up (Team)

- Wrestling

MHSAA State Champions (Team)

- Boys Golf

MHSAA Tournament Success (Team)

- Girls Golf – 8th Place in Division II
- Boys Cross Country – 12th Place in Division II
- Girls Swimming & Diving – 20th Place in Division II
- Girls Basketball – Class A Semi-Finalist
- Wrestling – Division II State Runner-Up
- Boys Track & Field – 13th Place in Division II
- Girls Track & Field – 36th Place in Division II

Academic All-State (Teams)

- Boys Tennis
- Girls Golf
- Boys Cross Country
- Boys Basketball
- Girls Basketball
- Softball
- Girls Swimming & Diving
- Boys Swimming & Diving

Academic All-State (Athletes)

- Mikayla Quaderer – Girls Golf
- Josiah Quinn – Cross Country
- Dillan Haviland – Cross Country
- Jessica Hafner – Volleyball
- Brooke Mazzolini – Volleyball
- Morgan Weber – Volleyball
- Kierstin Litwiller – Competitive Cheer
- Catherine Voisin – Girls Swimming
- Alaine Banninga – Girls Swimming
- Emma Schaefer – Girls Swimming
- Isabelle Bradley – Girls Swimming
- Vince Jandernoa – Boys Swimming
- Caleb Trayer – Boys Swimming
- Nate Rossow – Boys Swimming
- Jake Eaton – Track & Field
- Gabe McClain – Track & Field
- Lexi McPherson – Girls Soccer
- Madi Schafer – Girls Soccer
- Jasmine Barratt – Girls Soccer

All-State Athletes

- Abby Murray – Girls Golf
- Dillan Haviland – Cross Country
- Josiah Quinn – Cross Country
- Kayla Bellant – Girls Swimming
- Rachel Ely – Girls Swimming
- Emma Schaefer – Girls Swimming
- Catherine Voisin – Girls Swimming
- Steven Linton – Football
- Tanner Motz – Football
- Brett Fedewa – Wrestling
- Jake Gnegy – Wrestling
- Trent Lashuay – Wrestling
- Ian Parker – Wrestling
- Brock Petrak - Diving
- Cayden Petrak – Diving
- J.D. Gilroy – Diving
- Maddie Maloney – Girls Basketball
- Erica Ballinger – Girls Basketball
- Brooke Mazzolini – Girls Basketball
- Steven Linton – Track & Field
- Joren Ruhf – Track & Field
- Gabe McClain – Track & Field
- Jake Eaton – Track & Field
- Lauren Lasceski – Track & Field
- Milah Montle – Track & Field

All-State Athletics cont...

- Jennifer Eaton – Track & Field
- Brecken Simon – Track & Field
- Mariah Munro – Track & Field
- Maddie Maloney – Track & Field
- Emily Wohlfert – Track & Field
- Eric Nunn – Boys Golf
- Zach Rosendale – Boys Golf
- Lexi McPherson – Girls Soccer

All-Americans

- Catherine Voisin – Girls Swimming
- Alaine Banninga – Girls Swimming
- Nate Rossow – Boys Swimming
- Caleb Trayer – Boys Swimming
- Vince Jandernoa – Boys Swimming

Individual State Champions

- Ian Parker – Wrestling
- Steven Linton – Track & Field

Coaching

- Rick Schultz – MIGCA Regional Coach of the Year
- Tylor Fick – MISCA Division III Diving Coach of the Year
- Mark Lasceski – LSJ Coach of the Year
- Derek Phillips – LSJ Division II Coach of the Year
- Paul Sternburgh – LSJ Coach of the Year/MIGCA Division II Coach of the Year

ATHLETIC AWARDS

CAAC Senior Scholar-Athletes

- Jennifer Eaton, Jacob Gnegy, Brendan Kiel, Brooke Mazzolini, Caleb McCastle, Milah Montle, Josiah Quinn, Ryan Simon, Matthew Soros, Emily Wohlfert.

Army Reserves Scholar-Athlete Award

- Jessica Hafner & Jacob Eaton

Marines Distinguished Athlete Award

- Jennifer Eaton & Zane Paksi

SJYAA Volunteer Award

- Jessica Hafner, Brendan Kiel, Ryan Simon, Emily Wohlfert.

Andrew Nelson Award

- Catherine Voisin & Nathan Rossow

Diane Moss Memorial Scholarship

- Jennifer Eaton & Jacob Eaton

James McCarthy Memorial Scholarship

- Richelle Childers & Caleb Trayer

Michelle Boog Memorial Scholarship

- Nathan Rossow

Roberto Rodriguez Scholarship

- Mikayla Quaderer & Hannah Hartenburg

Earl R. Lancaster Award

- Jennifer Eaton & Ryan Simon

Outstanding Senior Athlete Award

- Brooke Mazzolini & Steven Linton

MHSAA Farm Bureau Scholar-Athlete Award

- Jennifer Eaton (Finalist), Jacob Eaton, Jake Gnegy, Jessica Hafner, Samuel Parsons.

St. Johns Athletic Boosters Scholarship

- Richelle Childers, Jacob Eaton, Jennifer Eaton, Trevor Feldpausch, Megan Goerge, Jessica Hafner, Kara Hartenburg, Brendan Kiel, Ryan Simon, David Suidgeest, Catherine Voisin, Emily Wohlfert.

12 Season Athletic Excellence Award

- Brooke Mazzolini

FALL SPORTS REVIEW

FOOTBALL:

Varsity Participation: 40 Student-Athletes

Record: 8-4 Overall, 4-1 CAAC (2nd Place)

Head Coach: David Mariage

Honors:

CAAC: Noalyn Gove (OL), Steven Linton (RB), Tyler Wilson (OL), Blake Thelen (QB), Blake Stewart (RB – HM), Colin Rosendale (WR – HM), Jake Gnegy (DL), Joren Ruhf (DB), Blake Stewart (LB), Michael Lambert (DL), Tanner Motz (LB), Ryan Simon (LB – HM).

CAAC All-Academic: Hayden Dyer, Jacob Dorn, Jake Eaton, Jacob Ernst, Bret Fedewa, Ross Feldpausch, Jake Fox, Jake Gnegy, Tanner Motz, Brett Post, Clay Purtill, Ryan Simon, Matt Soros, Blake Stewart, Ethan Webster.

MHSAA District Champions

All-Area: Tanner Motz (LSJ Dream Team), Coach Dave Mariage, Steven Linton, Blake Stewart, Noalyn Gove, Jake Gnegy, Tyler Wilson (HM), Ryan Simon (HM).

All-State: Steven Linton (HM), Tanner Motz (HM)

JV Participation: 17 Student-Athletes

Record: 6-3 Overall, 3-1 CAAC

Head Coach: Jake Parker

Freshman Participation: 28 Student-Athletes

Record: 5-4 Overall, 2-2 CAAC

Head Coach: Rick LaBar

Assistant Coaches: John Archambault, Andy Schmitt, Mark Burnash, Ryan Lindquist, Andrew Tisdale, Kevin Pettigrew.

Volunteer Coaches: Bob Paksi, Scott Spaulding, Bob Barber, Paul Golupski, Bill Burton, Matt Woodhams, Russ Waggoner.

BOYS CROSS COUNTRY:

Varsity Participation: 22 Student-Athletes

Record: CAAC (Champions)

Head Coach: Robert Sackrider

Honors:

CAAC: Josiah Quinn (1st), Dillan Haviland (1st), Mason Berridge (1st), Joey Fox (2nd), Trevor Luznak (2nd), Nolan Wirth (2nd), Andrew Menard (2nd), Brady Falor (HM).

CAAC All-Academic: Brady Falor, Joey Fox, Dillan Haviland, Brendan Kiel, Trevor Luznak, Andrew Menard, Josiah Quinn.

All-Area: Dillan Haviland (LSJ Dream Team), Josiah Quinn.

Regional: Team (3rd Place), Dillan Haviland (Champion), Josiah Quinn (6th).

State Qualifiers: Team (12th Place), Dillan Haviland, Josiah Quinn, Mason Berridge, Joey Fox, Trevor Luznak, Nolan Wirth.

All-State: Dillan Haviland (11th), Josiah Quinn (27th)

Team Academic All-State

Individual Academic All-State: Josiah Quinn, Dillan Haviland

GIRLS CROSS COUNTRY:

Varsity Participation: 19 Student-Athletes

Record: CAAC (2nd Place)

Head Coach: Robert Sackrider

Honors:

CAAC: Jennifer Eaton (1st), Milah Montle (1st), Lauren Lasceski (2nd), Brecken Simon (2nd), Emily Wohlfert (HM), Anna McCastle (HM).

CAAC All-Academic: Jennifer Eaton, Megan Gust, Anna Krumm, Milah Montle, Mariah Munro, Brecken Simon, Emily Wohlert.

All-Area: Jennifer Eaton

Regional: Lauren Lasceski (13th)

State Qualifiers: Lauren Lasceski (137th)

Academic All-State:

State Champion:

GIRLS GOLF:

Varsity Participation: 6 Student-Athletes

Record: 7-1 Overall, 4-1 (2nd CAAC)

Head Coach: Rick Schultz

Honors:

CAAC: Abby Murray (CAAC Champion), Alli Eccleton, Adriann Simison, Mikayla Quaderer, Meg Curtin (HM).

CAAC All-Academic: Allie Eccleton, Meg Curtin, Hannah Hartenburg, Abby Murray, Adriann Simison, Mikayla Quaderer.

All-Area: Abby Murray (LSJ Dream Team), Alli Eccleton, Adriann Simison (HM).

State Qualifiers: Team (8th Place in Division II)

All-State: Abby Murray (HM)

Individual Academic: Mikayla Quaderer (MHSGCA Academic All-State)

Team Academic: MHSGCA Team Academic All-State

Coaching: Rick Schultz (MIGCA Regional Coach of the Year)

JV Participation: 3 Student-Athletes

Head Coach: Rick Schultz

Volunteer Coach: Richard Blink

BOYS TENNIS:

Varsity Participation: 19 Student-Athletes

Record: 4-7-1 Overall, 2-2-1 CAAC (3rd Place)

Head Coach: Josh Gove

Honors:

CAAC: Jamison Cleaver (2nd - #1 Singles), Joey Deliso (HM 4th - #2 Singles), Mitch Nylander (HM 4th - #3 Singles), Lee Rademacher/David Suidgeest (2nd - #1 Doubles), Andy Briggs/Caleb Paksi (2nd - #2 Doubles), Tony Fedewa/Jeremy Brocker (HM 4th - #3 Doubles), Nate Wenzlick/Jack Pope (3rd - #4 Doubles).

CAAC All-Academic: Andy Briggs, Jeremy Brocker, Joe Deliso, Tony Fedewa, David Suidgeest.

Team Academic: MHSTCA Team Academic All-State

JV Participation: (Included in Varsity Participations)

Head Coach: Josh Gove

BOYS SOCCER:

Varsity Participation: 17 Student-Athletes

Record: 6-11-6 Overall, 2-3 CAAC (4th Place)

Head Coach: Karl Hanover

Honors:

CAAC: Nick Hitchens, Grant Moeggenborg, Bobby Stehlik (HM),
Jacob Warnnar (HM), Nathan Stehlik (HM).

CAAC All-Academic: Nick Hitchens, Brian Hufnagel, Logan Martens,
Damian Martinez, Matthew McCarthy, Caleb McCastle, Grant Moeggenborg,
Brock Petrak, Brett Post, David Pung, Andrew Sampson, Cody Semrau, Jacob Warnaar.

All-District: Nick, Hitchens, Grant Moeggenborg, Jacob Warnaar

JV Participation: 21 Student-Athletes

Record: 9-6-1 Overall, 1-2-1 CAAC

Head Coach: Rick Carlson

Volunteer Coach: Jason Sperry

GIRLS SWIMMING & DIVING:

Varsity Participation: 23 Student-Athletes

Record: 10-0 Overall, 7-0 CAAC (Champions)

Head Coach: Kim Brewbaker

Assistant Coaches: Katelyn Childers, Tylor Fick

Volunteer Coaches: Terri Grider, Jim Makarauskas

Honors:

CAAC: 200 Medley Relay – 3rd Place (Autumn Petrick, Amber Cousineau, Tess Burnash, Callie LaBar), Rachel Ely (1st – 200 Freestyle, 1st – 500 Freestyle), Emma Schaefer (2nd – 200 IM, 3rd – 100 Breaststroke), Catherine Voisin (3rd – 50 Freestyle, 2nd – 100 Butterfly), Callie LaBar (6th – Diving, 4th – 100 Backstroke), Autumn Petrick (7th – 100 Butterfly, 3rd – 100 Backstroke), Tess Burnash (8th – 100 Butterfly), Kayla Bellant (5th – 100 Freestyle, 2nd – 100 Backstroke), 200 Freestyle Relay – 2nd Place (Kayla Bellant, Emma Schaefer, Catherine Voisin, Rachel Ely), Amber Cousineau (4th – 100 Breaststroke), 400 Freestyle – 2nd Place (Catherine Voisin, Kayla Bellant, Emma Schaefer, Rachel Ely).
CAAC All-Academic: Alaine Banninga, Tess Burnash, Richelle Childers, Emily Eldred, Rachel Ely, Tatum Grams, Elizabeth Henry, Sarah Hileman, Callie LaBar, Emma Schaefer, Catherine Voisin.
All-Area: Rachel Ely (LSJ Dream Team), Emma Schaefer (LSJ Dream Team), Catherine Voisin (LSJ Dream Team).
MISCA All-Zone: Rachel Ely, Catherine Voisin, Emma Schaefer, Kayla Bellant (2nd), Amber Cousineau (2nd), Callie LaBar (2nd), Tess Burnash (HM), Autumn Petrick (HM), Alaine Banninga (HM).
State Qualifiers: Team (20th Place in Division II), Medley Relay (29th – Autumn Petrick, Amber Cousineau, Catherine Voisin, Callie LaBar), Emma Schaefer (28th – 200 IM, 28th – 500 Freestyle), 400 Freestyle Relay (20th – Catherine Voisin, Kayla Bellant, Emma Schaefer, Rachel Ely), 400 Freestyle Relay (20th – Catherine Voisin, Kayla Bellant, Emma Schaefer, Rachel Ely).
All-State: Rachel Ely (15th – 200 IM, 13th – 500 Freestyle), Catherine Voisin (10th – 100 Butterfly), 200 Freestyle Relay (14th – Catherine Voisin, Kayla Bellant, Emma Schaefer, Rachel Ely).
Individual Academic All-State/All-Americans: Catherine Voisin, Alaine Banninga, Emma Schaefer, Isabelle Bradley.
Team Academic All-State

SIDELINE CHEERLEADING:

Varsity Participation: 12 Student-Athletes

Head Coach: Jennifer Brewer

JV Participation: 12 Student-Athletes

Head Coach: Kay Witt

VOLLEYBALL

Varsity Participation: 13 Student-Athletes

Record: 23-20-2 Overall, 4-6 CAAC (4th Place)

Head Coach: Katy White

Volunteer Coach: Cheryl Maloney

Honors:

CAAC: Alyssa Elsea, Maddie Maloney (HM), Brooke Mazzolini (HM),
Olivia Waszak (HM).

CAAC All-Academic: Miriah Dershem, Alyssa Elsea, Jessica Hafner, Isabel Kosnik,
Maddie Maloney, Brooke Mazzolini, Brittany VanHorn, Morgan Weber.

All-Area: Alyssa Elsea (HM)

All-Region:

Academic All-State: Jessica Hafner, Brooke Mazzolini, Morgan Weber.

JV Participation: 12 Student-Athletes

Record: 35-4-3 Overall, 9-1 CAAC

Head Coach: Kelly Hutchinson & Marcy Powelson

Freshman Participation: 10 Student-Athletes

Record: 26-9-1 Overall, 7-3 CAAC

Head Coach: Rachel Gnegy

EQUESTRIAN (Non-Sanctioned Activity)

Varsity Participation: 9 Student-Athletes

Head Coach: Kathy Lowell

WINTER SPORTS REVIEW

BOYS BASKETBALL

Varsity Participation: 13 Student-Athletes

Record: 6-15 Overall, 3-7 CAAC (4th Place)

Head Coach: John Archambault

Volunteer Coaches: Darren Scott, Paul Golupski

Honors:

CAAC: Caleb Paksi, Ben Feldpausch (HM), Nathan Steibe (HM), Alex Hudak (HM).

CAAC All-Academic: Hayden Dyer, Ben Feldpausch, Ross Feldpausch, Brandon Huhn, Alex Hudak, Tommy Jury, Matt Stewart.

All-Area: Caleb Paksi (HM)

Team Academic: BCAM Class A Team Academic All-State (HM)

JV Participation: 12 Student-Athletes

Record: 8-11 Overall, 3-6 CAAC

Head Coach: Cole Cornwell

Freshman Participation: 13 Student-Athletes

Record: 6-12 Overall, 3-6 CAAC

Head Coach: Bryce Wischmeyer

GIRLS BASKETBALL

Varsity Participation: 10 Student-Athletes

Record: Overall, 8-2 CAAC (Co-Champions)

Head Coach: Mark Lasceski

Volunteer Coaches: Kari Walters

Honors:

CAAC: Maddie Maloney, Brooke Mazzolini, Erika Ballinger, Jamie Carroll (HM), Jessica Hafner (HM).

CAAC All-Academic: Erika Ballinger, Jamie Carroll, Jessica Hafner, Maddie Maloney, Olivia Maurer, Brooke Mazzolini, Alexis Sillman, Emily Thelen, Brittany VanHorn.

District: Class A District Champions

Regional: Class A Regional Champions

All-Area: Mark Lasceski (LSJ Coach of the Year), Maddie Maloney (LSJ Dream Team), Erika Ballinger (HM), Brooke Mazzolini (HM).

All-State: Maddie Maloney (Detroit News 4th Team) & (BCAM's Best Class A), Erika Ballinger (Detroit News HM), Brooke Mazzolini (Detroit News HM).

Team Academic: BCAM Class A Team Academic All-State (HM)

Coaching: Mark Lasceski (BCAM Region 8 Coach of the Year)

Other: BCAM Top 100 Sportsmanship Award

JV Participation: 10 Student-Athletes

Record: 15-4 Overall, 6-3 CAAC

Head Coach: Charlie Howes

Volunteer Coach: Alex Goerge

GIRLS BASKETBALL cont...

Freshman Participation: 10 Student-Athletes

Record: 1-14 Overall, 1-7 CAAC

Head Coach: Brooke Samec

WRESTLING

Varsity Participation: 18 Student-Athletes

Record: 28-5 Overall, 4-1 CAAC (Co-Champions)

Head Coach: Derek Phillips

Assistant Coaches: Tyler Dickenson, Scott Wood

Honors:

CAAC: Brendan Zelenka (Champion), Emilio Sanchez (Champion), Derek Selden (Champion), Ian Parker (Champion), Bret Fedewa (Champion), Lucas McFarland (Champion), Jake Gnegy (Champion), Garrett McCaul (2nd), Trent Lashuay (2nd), Matt Nunn (2nd), Cross Gonzalez (3rd), Braxton Parks (3rd), Blake Thelen (4th).

CAAC All-Academic: Brendan Zelenka, Derek Selden, Trent Lashuay, Ian Parker, Bret Fedewa, Derek Droste, Carter Bradley, Jake Gnegy.

All-Area: Ian Parker (LSJ Wrestler of the Year/Dream Team), Trent Lashuay (LSJ Dream Team), Brendan Zelenka, Emilio Sanchez, Bret Fedewa, Lucas McFarland, Jake Gnegy, Derek Phillips (Division II All-Area Coach of the Year).

District: Team District Champions, Jake Gnegy (Champion), Brendan Zelenka (Champion), Trent Lashuay (Champion), Ian Parker (Champion), Bret Fedewa (Champion), Lucas McFarland (Champion), Braxton Parks (3rd), Emilio Sanchez (3rd), James Whitaker (3rd), Derek Selden (4th).

Regional: Team Regional Champions, Emilio Sanchez (3rd), James Whitaker (4th), Trent Lashuay (Champion), Ian Parker (Champion), Brett Fedewa (2nd), Lucas McFarland (Champion), Jake Gnegy (Champion), Brendan Zelenka (2nd).

State Qualifiers: Lucas McFarland, Emilio Sanchez, James Whitaker, Brendan Zelenka.

All-State: Ian Parker (Champion), Trent Lashuay (Runner-Up), Jake Gnegy (3rd), Brett Fedewa (5th).

MHSAA Division II Team State Runners-Up

State Champions: Ian Parker

JV Participation: 8 Student-Athletes

Record: NA

Head Coach: Tyler Dickenson

COMPETITIVE CHEERLEADING

Varsity Participation: 17 Student-Athletes

Record: CAAC (4th Place)

Head Coach: Jennifer Brewer

Honors:

CAAC: Callie Coffman, Kierstin Litwiller, Rilee Wilkinson (HM), Becka Jones (HM).

CAAC All-Academic: Miriah Moore, Gabriella Sible, Kierstin Litwiller.

All-Area: Callie Coffman (2nd Team), Kierstin Litwiller (HM)

Academic All-State: Kierstin Litwiller

JV Participation: 9 Student-Athletes

Record: NA

Head Coach: Kay Witt

GYMNASTICS

Varsity Participation: 4 Student-Athletes

Record: 1-12 Overall, 1-5 CAAC (6th Place)

Head Coach: Deb Davis

Honors:

CAAC All-Academic: Emilie Krish, Emily Soto

Regional Qualifiers: Emilie Krish, Madison Moore, Emily Soto.

BOYS SWIMMING & DIVING

Varsity Participation: 25 Student-Athletes

Record: 7-1 Overall, 6-1 CAAC (2nd Place)

Head Coach: Kim Brewbaker

Assistant Coaches: Katelyn Childers, Tylor Fick

Volunteer Coaches: Jim Makarauskas

Honors:

CAAC: Medley Relay – HM (Vince Jandernoa, Caleb Trayer, Justin Brown, Brett Post), Ben Rumney (HM - 200 Freestyle), Jakob Jorda (HM – 200 Ind. Medley), Justin Woodbury (HM – 50 Freestyle), JD Gilroy (Diving), Brock Petrak (Diving), Cayden Petrak (Diving), Zeke Ely (HM – 100 Freestyle), Ben Rumney (500 Freestyle), Jakob Jorda (HM – 500 Freestyle), 200 Freestyle Relay – HM (Zeke Ely, Brett Post, Ben Rumney, Justin Woodbury), Justin Brown (HM – 100 Backstroke), Justin Woodbury (100 Breaststroke), 400 Freestyle Relay (Zeke Ely, Jakob Jorda, Justin Woodbury, Ben Rumney).

CAAC All-Academic: Sam Beagle, Zeke Ely, Bryce Harger, Lucas Jandernoa, Vince Jandernoa, Brock Petrak, Brett Post, Nate Rossow, Ben Rumney, Tommy Sovereign, Caleb Trayer, Justin Woodbury.

MISCA/All-Area: Cayden Petrak (Dream Team), Brock Petrak (Dream Team), J.D. Gilroy (Dream Team), Justin Woodbury, Ben Rumney, Zeke Ely, Jakob Jorda (HM).

State Qualifiers: Team (15th Place in Division III), 200 Medley Relay – 20th (Zeke Ely, Justin Woodbury, Justin Brown, Brett Post), Ben Rumney (14th – 200 Freestyle), Jakob Jorda (38th – 200 IM), Cayden Petrak (4th – Diving), Brock Petrak (7th – Diving), J.D. Gilroy (10th – Diving), Zeke Ely (27th – 100 Freestyle), Ben Rumney (22nd – 500 Freestyle), Jakob Jorda (39th – 500 Freestyle), 200 Freestyle Relay – 16th (Zeke Ely, Brett Post, Justin Woodbury, Ben Rumney), Justin Woodbury (19th – 100 Breaststroke), 400 Freestyle Relay – 13th (Zeke Ely, Ben Rumney, Justin Woodbury, Jakob Jorda).

All-State: Cayden Petrak, Brock Petrak, J.D. Gilroy.

Individual Academic All-State/All-Americans: Vince Jandernoa, Caleb Trayer, Nate Rossow.

Team Academic All-State

Coaching: Tylor Fick – MISCA Division III Diving Coach of the Year

ICE HOCKEY

Varsity Participation: 5 Student-Athletes

Record: Overall, 1-9-2 CAAC (7th Place)

Head Coach: Tyler DeLong

Honors:

CAAC: None

CAAC All-Academic: Andrew Menard, Anthony Sleep, Thane Sutfin.

DANCE TEAM (Non-Sanctioned Activity)

Varsity Participation: 24 Student-Athletes

Head Coach: Michelle Lindquist

SPRING SPORTS REVIEW

BASEBALL:

Varsity Participation: 14 Student-Athletes

Record: 20-15 Overall, 6-4 CAAC (Place)

Head Coach: Jake Parker

Volunteer Coaches: Denny Parker

Honors:

CAAC: Avery Maurer, Adam Proctor, Addison Swarthout, Brandon Huhn, Parker Ackerman, Alex Hudak (HM), Brett Smith (HM).

CAAC All-Academic: Alex Hudak, Brandon Huhn, Brendan Kiel, Adam Proctor.

All-Area: Avery Maurer (LSJ Dream Team), Adam Proctor (LSJ Dream Team), Brandon Huhn, Addison Swarthout, Parker Ackerman (HM).

All-District: Avery Maurer, Adam Proctor, Parker Ackerman.

All-District Academic: Brandon Huhn, Brendan Kiel, Adam Proctor.

All-Region: Adam Proctor

Academic All-State:

JV Participation: 13 Student-Athletes

JV Record: 8-10-2 Overall, 6-3 CAAC

Head Coach: Rick LaBar

Freshman Participation: 15 Student-Athletes

Freshman Record: 5-16

Head Coach: Jeff Hudak

BOYS GOLF:

Varsity Participation: 8 Student-Athletes

Record: CAAC (Champions)

Head Coach: Paul Sternburgh

Honors:

CAAC: Zach Rosendale, Eric Nunn, Zeke Ely (HM), Nate Brown (HM).

CAAC All-Academic: Nate Brown, Zeke Ely, Trent Lashuay, Eric Nunn, Zach Rosendale.

All-Area:

Team District Champions

MHSAA Division II Team State Champions

All-State: Eric Nunn (Runner Up), Zach Rosendale (5th)

Coaching: Paul Sternburgh (LSJ Coach of the Year), MIGCA Div. II Coach of the Year

JV Participation: 11 Student-Athletes

Head Coaches: Rick Schultz

GIRLS SOCCER:

Varsity Participation: 16 Student-Athletes

Record: 15-6 Overall, 2-3 CAAC (4th Place)

Head Coach: Kim Brewbaker

Volunteer Coach:

Honors:

CAAC: Olivia Trombley, Lexi McPherson, Chelsie Smith, Taylor Warnaar, Kylie Steingreaber, Sadie Wilson (HM), Abbey Schuelke (HM), Madi Schafer (HM), Molly Sochor (HM).

CAAC All-Academic: Jasmine Barratt, Noelle Cramer, Jessica Heyer, Myah Martinez, Lexi McPherson, Sydney Padgett, Madi Schafer, Abbey Schuelke, Chelsie Smith, Molly Sochor, Kylie Steingreaber, Olivia Trombley, Taylor Warnaar.

All-Area: Olivia Trombley (LSJ Dream Team), Lexi McPherson, Chelsie Smith.

All-District: Lexi McPherson, Chelsie Smith, Abby Schuelke, Taylor Warnaar, Madi Schafer, Kylie Steingreaber.

All-Region: Lexi McPherson

Individual Academic All-State: Lexi McPherson, Madi Schafer, Jasmine Barratt

All-State: Lexi McPherson (HM)

Division II Team Academic All-State

JV Participation: 14 Student-Athletes

Record: 7-4-2 Overall, 2-3 CAAC

Head Coach: Amber Guerrero

GIRLS SOFTBALL

Varsity Participation: 13 Student-Athletes

Record: 20-17 Overall, 7-3 CAAC (2nd Place)

Head Coach: Barry Palmer

Volunteer Coaches: Kevin Smith, Felicia Gingrich, Cassondra Wilkie, Jennifer Putmon

Honors:

CAAC: Jamie Carroll, Adriann Simison, Kendall Smith, Seneca DeSander, Brittany VanHorn, Maya Zell (HM), Lauren Bates (HM).

CAAC All-Academic: Mary Ballor, Lauren Bates, Jamie Carroll, Leah Colthorp, Gabbie Jones, Adriann Simison, Molly Thelen, Brittany VanHorn.

All-District: Kendall Smith, Jamie Carroll, Seneca DeSander, Maya Zell, Lauren Bates.

All-Area:

All-Region: Kendall Smith

MHSSCA Team Academic All-State

Individual Academic All-State:

JV Participation: 13 Student-Athletes

Record: 19-8 Overall, 6-2 CAAC

Head Coach: Brooke Samec

GIRLS TENNIS

Varsity Participation: 14 Student-Athletes

Record: 4-5-2 Overall, 2-2-1 CAAC (3rd Place)

Head Coach: Karl Hanover

Honors:

CAAC: Autumn Brown, Paige Fleischer, Jessica Hafner, Kelsey Karasek, Katey Kelly, Brooke Mazzolini, Richelle Childers (HM), Tory Hill (HM), Megan Goerge (HM), McKenna Thelen (HM).

CAAC All-Academic: Danielle Brewbaker, Autumn Brown, Richelle Childers, Tory Hill, Megan Goerge, Jessica Hafner, Kelsey Karasek, Katey Kelly, Brooke Mazzolini, McKenna Thelen, Amanda Yount.

All-Area: Brooke Mazzolini/Jessica Hafner (LSJ Doubles Dream Team)

Regional: Autumn Brown/Katey Kelly (Regional Champions - #4 Doubles)

JV Participation: 17 Student-Athletes

Record: 3-3-3 Overall, 2-1-1 CAAC

Head Coach: Schalla Benedict

BOYS TRACK & FIELD

Varsity Participation: 52 Student-Athletes

Record: 5-0 CAAC (Champions)

Head Coach: David Mohre

Assistant Coaches: Gary Sykes, Chris Wells, Collin Nurenberg

Honors:

CAAC: Steven Linton (1st – 100 M Dash, 1st – 400 M Run), Joren Ruhf (4th – 100 M Dash, 3rd – 400 M Run), Blake Stewart (5th – 100 M Dash), Jake Eaton (2nd – 800 M Run), Nolan Wirth (3rd – 800 M Run), Brady Falor (4th – 800 M Run), Josiah Quinn (1st – 1600 M Run, 1st – 3200 M Run), Dillan Haviland (2nd – 1600 M Run), Cody Rapelje (5th – 1600 M Run, 6th – 3200 M Run), Andrew Menard (5th – 3200 M Run), Collin Rosendale (3rd – 110 M Hurdles, 3rd – 300 M Hurdles), 400 M Relay – 2nd (Blake Stewart, Jake Eaton, J.D. Gilroy, Joren Ruhf), 800 M Relay – 3rd (Blake Stewart, J.D. Gilroy, Gabe McClain, Tommy Jury), 1600 M Relay – 3rd (Jake Eaton, Joren Ruhf, Gabe McClain, Steven Linton), 3200 M Relay – 1st (Nolan Wirth, Dillan Haviland, Brady Falor, Josiah Quinn), Travis Feldpausch (2nd – High Jump), Ross Feldpausch (3rd – High Jump), Zane Paksi (3rd – Pole Vault), Kade Heibeck (3rd – Long Jump), Levi Hayworth (2nd – Shot Put, 2nd – Discus).

CAAC All-Academic: Jake Eaton, Brady Falor, Ross Feldpausch, Dillan Haviland, Tommy Jury, Gabe McClain, Zane Paksi, Josiah Quinn, Blake Stewart.

All-Regional: Team Regional Champions, Jake Eaton, Brady Falor, Travis Feldpausch, J.D. Gilroy, Dillan Haviland, Levi Hayworth, Kade Heibeck, Steven Linton, Gabe McClain, Zane Paksi, Josiah Quinn, Joren Ruhf, Javin Ross, Blake Stewart, Nolan Wirth.

All-Area: Steven Linton (400 M Dash – LSJ Dream Team), 1600 M Relay (LSJ Dream Team – Gabe McClain, Joren Ruhf, Jake Eaton, Steven Linton), 400 M Relay (Blake Stewart, Jake Eaton, J.D. Gilroy, Joren Ruhf), Levi Hayworth (Shot Put).

Honor Roll Meet Performers: Blake Stewart, Joren Ruhf, Jake Eaton, Steven Linton, J.D. Gilroy, Ross Feldpausch, Javin Ross, Brady Falor, Kade Heibeck, Levi Heyworth, Zane Paksi, Josiah Quinn, Dillan Haviland, Collin Rosendale.

Honor Roll All-Acadmic: Brady Falor, Josiah Quinn, Dillan Haviland, Blake Stewart, Jake Eaton, Zane Paksi, Ross Feldpausch.

State Qualifiers: Team (13th Place in Division II), Levi Hayworth (11th - Shot Put), Josiah Quinn (14th - 3200 M Run), Zane Paksi (10th - Pole Vault), Javin Ross (17th - Discus), Joren Ruhf (12th - 400 M Run), 3200 M Relay – 19th (Brady Falor, Dillan Haviland, Josiah Quinn, Nolan Wirth), 400 M Relay (Jake Eaton, J.D. Gilroy, Joren Ruhf, Blake Stewart), 1600 M Relay (Jake Eaton, Steven Linton, Gabe McClain, Joren Ruhf), Steven Linton (100 M Dash, 200 M Dash).

State Champion: Steven Linton (400 M Dash)

All-State: 1600 M Relay – 2nd (Joren Ruhf, Gabe McClain, Jake Eaton, Steven Linton), Steven Linton (400 M Dash).

Academic All-State: Jake Eaton, Gabe McClain.

School Record: 1,600 M Relay – 3:22.36 (Jake Eaton, Steven Linton, Gabe McClain, Joren Ruhf), 400 M Relay – 44.01 (Blake Stewart, Jake Eaton, J.D. Gilroy, Joren Ruhf), Steven Linton (400 M Dash – 48.26)

GIRLS TRACK & FIELD

Varsity Participation: 40 Student-Athletes

Record: 3-2 CAAC (Co-Champions)

Head Coach: Neil Feldpausch

Assistant Coaches: Gary Sykes, Chris Wells, Collin Nurenberg

Honors:

CAAC: Emily Wohlfert (5th – 200 M Dash, 3rd – 400 M Run), Mariah Munro (1st – 400 M Run), Maddie Maloney (4th – 400 M Run), Brecken Simon (1st – 800 M Run), Jennifer Eaton (2nd – 800 M Run, 1st – 1600 M Run, 6th – 3200 M Run), Milah Montle (3rd – 800 M Run, 2nd – 1600 M Run), Lauren Lasceski (3rd – 1600 M Run, 4th – 3200 M Run), Emily Thelen (6th – 100 M Hurdles), Anna Krumm (4th – 300 M Hurdles), Abbey Voisinet (6th – 300 M Hurdles), 400 M Relay – 5th (Maddie Robbins, Abby Koneval, Katie Wohlfert, Maddie Crum), 800 M Relay – 2nd (Maddie Robbins, Emily Wohlfert, Mariah Munro, Maddie Crum), 1600 M Relay – 1st (Mariah Munro, Maddie Maloney, Emily Wohlfert, Brecken Simon), 3200 M Relay – 1st (Megan Lasceski, Maddie Maloney, Lauren Lasceski, Brecken Simon), Olivia Waszak (3rd – High Jump), Leeann Wilkins (2nd – Pole Vault), Mariya Pieters (5th – Discus).

CAAC All-Academic: Maddie Crum, Jennifer Eaton, Quinn Keilen, Anna Krumm, Maddie Maloney, Milah Montle, Mariah Munro, Kaleigh Schneider, Brecken Simon, Payton Simon, Emily Thelen, Leeann Wilkins, Emily Wohlfert, Katie Wohlfert.

All-Region: Milah Montle, Brecken Simon, Mariah Munro, Jennifer Eaton, Emily Wohlfert, Olivia Waszak, Leeann Wilkins, Maddie Maloney, Lauren Lasceski.

All-Area: 3200 M Relay (Lauren Lasceski, Milah Montle, Jennifer Eaton, Brecken Simon), Brecken Simon (800 M Run).

Honor Roll Meet Performers: Brecken Simon, Mariah Munro, Maddie Maloney, Milah Montle, Jennifer Eaton, Lauren Lasceski, Emily Wohlfert, Payton Simon, Leeann Wilkins.

Honor Roll Academic: Maddie Crum, Jennifer Eaton, Lauren Lasceski, Megan Lasceski, Maddie Maloney, Milah Montle, Mariah Munro, Maddie Robbins, Brecken Simon, Payton Simon, Emily Wohlfert.

State Qualifiers: Team (36th in Division II), Jennifer Eaton (11th - 800 M Run), Milah Montle (11th - 1600 M Run).

Academic All-State: Jennifer Eaton, Lauren Lasceski, Maddie Maloney, Milah Montle, Mariah Munro, Brecken Simon, Emily Wohlfert.

All-State: 3200 M Relay – 3rd (Lauren Lasceski, Milah Montle, Jennifer Eaton, Brecken Simon), 1600 M Relay – 8th (Mariah Munro, Maddie Maloney, Emily Wohlfert, Brecken Simon).

School Record: 3200 M Relay – 9:30.94 (Lauren Lasceski, Milah Montle, Jennifer Eaton, Brecken Simon)

2015-16 OVERALL ATHLETIC PARTICIPATION STATISTICS

OF SPORTS PER MALE ATHLETE

BOYS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL MALE ATHLETES
9 th Grade Boys	43	27	6	0	76
10 th Grade Boys	37	20	5	0	62
11 th Grade Boys	38	18	4	0	60
12 th Grade Boys	41	19	0	0	60
Total	159	84	15	0	258

OF SPORTS PER FEMALE ATHLETE

GIRLS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL FEMALE ATHLETES
9 th Grade Girls	39	24	5	0	68
10 th Grade Girls	42	18	4	0	64
11 th Grade Girls	41	14	1	0	56
12 th Grade Girls	33	13	2	0	48
Total	155	69	12	0	236

ATHLETIC PARTICIPATION BY GRADE / GENDER

GRADE	BOYS	GIRLS	TOTAL	% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION(494)
9 th	76	68	144	29%
10 th	62	64	126	25.5%
11 th	60	56	116	23.5%
12 th	60	48	108	22%
TOTAL	258	236	494	
% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (1,015)	25%	23%	49%	

ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

GRADE	# OF ATHLETES	% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (1,015)
9 th	144	14%
10 th	126	12%
11 th	116	11%
12 th	108	11%
TOTAL	494	49%

*Total enrollment based on February 10, 2016 MHSAA count (1,015 Students).

