ST. JOHNS HIGH SCHOOL *INTERSCHOLASTIC ATHLETICS*



2018-2019 **YEAR END REPORT**





Chris R. Ervin, CAA Director of Activities

"Teaching leadership and character in the quest for athletic excellence"

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INTRODUCTION

The following report focuses on facts and figures highlighting the 2018-19 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the Athletic Program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2018-19 school year was very successful for our student-athletes, coaches and teams while competing in the Capital Area Activities Conference (CAAC). **Redwing success** included five CAAC Team Championships, one MHSAA Team District Championship, one MHSAA Team Regional Championship, nine Team Academic All-State Honors, 24 student-athletes earned Individual Academic All-State Honors, five student-athletes earned All-State Honors, and four student-athletes won individual state championships.

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CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT



2018-19

Blue

DeWitt East Lansing Grand Ledge Holt Lansing Everett Okemos Waverly (7)

Red

Fowlerville Haslett Lansing Eastern Mason St. Johns Williamston

(6)

19 Schools

White

Charlotte Eaton Rapids Ionia Lansing Catholic Lansing Sexton Portland

(6)

VARSITY SPORTS

<u>Girls</u>

Fall:	
Cross Country	
Golf	
Sideline Cheer*	
Swimming & Diving	
Volleyball	

Winter:

Basketball Competitive Cheer Gymnastics (Co-op) Dance*

Spring:

Soccer Softball Tennis Track & Field Lacrosse

Boys

Fall: Cross Country Football Soccer Tennis

Winter:

Basketball Ice Hockey (Co-op) Swimming & Diving Wrestling

Spring:

Baseball Golf Track & Field Lacrosse

MHSAA Sports:	(12) Var. Sports	(12) Var. Sports
SJPS Sports:	(14) Var. Sports	(12) Var. Sports

*Denotes SJPS Varsity Sports but not MHSAA Sanctioned Sport

Additional Non-sanctioned SJPS Activities: Equestrian

CLASSIFICATIONS

Division I:

- Boys Basketball
- Girls Basketball
- Gymnastics (Co-op w/ Haslett/Williamston/Bath)
- Ice Hockey (Co-op w/ DeWitt/Mason/Lansing Catholic)
- Volleyball

Division II:

- Baseball
- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Boys & Girls Lacrosse
- Boys & Girls Soccer
- Softball
- Girls Tennis
- Boys & Girls Track and Field
- Wrestling

Division III:

- Football
- Boys & Girls Swimming & Diving
- Boys Tennis

PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
Varsity Head Coaches	14	11	25
JV Head Coaches	8	6	14
Freshman Head Coaches	3	2	5
Assistant Coaches	6	5	11
Total	31	24	55

46% of Head Varsity Coaches are teaching staff personnel.57% of Head JV Coaches are teaching staff personnel.60% of Head Freshman Coaches are teaching staff personnel.

*Excludes volunteer coaches and Equestrian.

CELEBRATIONS & ACCOLADES

CAAC Conference Champions (Team)

- Girls Cross Country
- Football
- Girls Golf
- Ice Hockey
- Wrestling

MHSAA District Champions (Team)

• Wrestling

MHSAA Regional Champions (Team)

• Ice Hockey

MHSAA Tournament Success (Team)

- Girls Golf (14th Place in Division II)
- Boys Tennis (18th Place in Division III)
- Boys Cross Country (18th Place in Division II)
- Girls Cross Country (6th Place in Division II)
- Boys Swimming and Diving (21st Place in Division III)
- Girls Track and Field (14th Place in Division II)

Academic All-State (Teams)

- Boys Cross Country
- Girls Cross Country
- Girls Golf
- Volleyball
- Ice Hockey
- Boys Basketball
- Girls Basketball
- Girls Soccer
- Softball

Academic All-State (Athletes)

- Troy Cramer Cross Country
- Ryan Brown Cross Country
- Taryn Chapko Cross Country
- Sarah Zehr Cross Country
- Lauren Lasceski Cross Country
- Ellie Palmatier Girls Golf
- Molly Thelen Volleyball
- Alyson Gonzales Volleyball
- Abbey Voisinet Volleyball
- Brooke Gnegy Volleyball
- Haylie Hosford Volleyball
- Becca Bunn Swimming
- Alyssa Driscoll Swimming
- Madi Kotowicz Swimming

- Morgan Leavitt Swimming
- Kyler McNamara Swimming
- Bryce Smith Swimming
- Joe Voisinet Swimming
- Jordyn Jones Girls Soccer
- Nicole Miller Softball
- Aubrey Kiel Softball
- Brooke Gnegy Softball
- Alex George Baseball
- Gabe Carpenter Golf

All-State Athletes

- Taryn Chapko Cross Country
- Jacob Brya Wrestling
- Kaleob Whitford Wrestling
- Taryn Chapko Track and Field
- Taylor Schroeder Girls Soccer

Individual State Champions

- Cayden Petrak Diving
- Jacob Brya Wrestling
- Kaleob Whitford Wrestling
- Taryn Chapko Track and Field

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Coaching

- Josh Gove (Regional Tennis Coach of the Year)
- Stacie Smith (Zone 7 Diving Coach of the Year)
- Kim Brewbaker (Zone 7 Swimming HM Coach of the Year)

ATHLETIC AWARDS

CAAC Senior Scholar-Athletes

• Gabe Carpenter, Wesley Cressman, Ann Marie Falor, Alex George, Brooke Gnegy, Lauren Lasceski, Megan Lasceski, Gabriel McClain, Jake Nurenberg, Ellie Palmatier.

SJYAA Volunteer Award

• Baylie Dush, Jaden Hafner, Lauren Lasceski, Colton Powell.

Andrew Nelson Award

• Morgan Leavitt and Bryce Smith

Diane Moss Memorial Scholarship

• Jacob Nurenberg and Meagan Moeggenborg

Michelle Boog Memorial Scholarship

• Anna McCastle

Earl R. Lancaster Award

• Megan Lasceski & Alex George

Outstanding Senior Athlete Award

• Kyler McNamara & Lauren Lasceski

MHSAA Farm Bureau Scholar-Athlete Award

• Aubrey Kiel, Madisyn Kotowicz, Lauren Lasceski, Megan Lasceski, Nicole Miller, Alex George, Robert Goerge, Colton Powell.

St. Johns Athletic Boosters Scholarship

• Corry Cressman, Wes Cressman, Baylie Dush, Ann Marie Falor, Alex George, Bobby Goerge, Jaden Hafner, Jordyn Jones, Aubrey Kiel, Anna McCastle, Nicole Miller, Jacob Nurenberg, Ellie Palmatier, Colton Powell, Cole Thomas.

<u>12 Season Athletic Excellence Award</u>

- Lauren Lasceski
- Megan Lasceski
- Anna McCastle

<u>Rich Thompkins Multi-Sport Athlete Award</u>

• Lauren Lasceski

FALL SPORTS REVIEW

BOYS CROSS COUNTRY:

Varsity Participation: 35 Student-Athletes **Record**: CAAC (2nd) **Head Coach**: Robert Sackrider

Honors:

CAAC: Griffin Armbrustmacher, Troy Cramer, Jacob Dennis, Fernando Jimenez, Cody Rapelje.
CAAC All-Academic: Peter Apostol, Bryce Brown, Jacob Brown, Ryan Brown, Troy Cramer, Adam Eichenberg, Mitchell Gritsavage, Roger Heinlen, Jake Nurenberg, Cody Rapelje.
All-Area: Cody Rapelje
All-Regional: Jacob Dennis
State Qualifiers: Team (18th Place in Division II)
Academic All-State: Team, Troy Cramer, Ryan Brown.

GIRLS CROSS COUNTRY:

Varsity Participation: 30 Student-Athletes Record: CAAC (Champions) Head Coach: Robert Sackrider

Honors:

CAAC: Taryn Chapko, Miah Haviland, Guadalupe Jimenez, Lauren Lasceski, Addie Somers, Katelyn Voisinet, Sarah Zehr.
CAAC All-Academic: Taryn Chapko, Emily Clark, Ann Marie Falor, Miah Haviland, Lauren Lasceski, Megan Lasceski, Anna McCastle, Reagann Meyers, Erin Middleton, Marina Montiel, Gretchen Olson, Katelyn Voisinet, Makaylah Voisinet, Sarah Zehr.
All-Area: Taryn Chapko (LSJ Dream Team), Lauren Lasceski, Addie Somers, Sarah Zehr.
All-Regional: Taryn Chapko, Lauren Lasceski, Addie Somers.
State Qualifiers: Team (6th Place in Division II)
All-State: Taryn Chapko (3rd Place)
Academic All-State: Team, Taryn Chapko, Sarah Zehr, Lauren Lasceski.

EQUESTRIAN (Non-Sanctioned Activity)

Varsity Participation: 11 Student-Athletes Head Coach: Jan Mehney

FOOTBALL:

Varsity Participation: 36 Student-Athletes Record: 5-5 Overall, 4-1 CAAC (Tri-Champions) Head Coach: Dave Mariage

Honors:

CAAC: Kyler McNamara (OL), Noah Kudwa (OL), Jaymn Medlock (RB),
Konnor Near (RB), Reece Armbrustmacher (OL – HM), Cole Thomas (TE – HM),
Noah Kudwa (DL), Luke Purtill (DB), Mitch Nylander (DB), Cole Thomas (LB),
Konnor Near (LB), Kyler McNamara (DL – HM), Corry Cressman (OL - HM),
Carson VanDeberg (DB - HM).
CAAC All-Academic: Colton Powell, Cole Thomas, Nate Konieczny, Caden Davis,
Nic Rosendale, Keegan Kinne, Brock Miller, Konnor Near, Jaymn Medlock,
Noah Kudwa, Reece Armbrustmacher, Sam Hallead, Kyler McNamara, Eric Farrell.
All-Area: Jamyn Medlock (RB), Konnor Near (RB), Kyler McNamara (OL),
Cole Thomas (LB), Noah Kudwa (HM), Mitch Nylander (HM), Luke Purtill (HM).

JV Participation: 23 Student-Athletes **Record**: 4-5 Overall, 3-1 CAAC **Head Coach**: Jake Parker

Freshman Participation: 23 Student-Athletes **Record**: 1-6 Overall, 1-0 CAAC **Head Coach**: Andy Schmitt

Assistant Coaches: John Archambault, Rick LaBar, Mark Burnash, Kevin Pettigrew, Russ Waggoner. Volunteer Coaches: Scott Spaulding, Bill Burton, Matt Woodhams.

GIRLS GOLF:

Varsity Participation: 6 Student-Athletes Record: 7-0 Overall, 5-0 CAAC (Champions) Head Coach: Rick Schultz

Honors:

CAAC: Tuesday Lewis (CAAC Individual Champion), Ellie Palmatier, Teagan Sanders, Megan Purves (HM).
CAAC All-Academic: Megan Purves, Teagan Sanders, Ellie Palmatier.
All-Area: Tuesday Lewis (LSJ Dream Team), Ellie Palmatier (LSJ Dream Team), Teagan Sanders.
Regional: Team 3rd Place
State Qualifiers: Team 14th Place in Division II
Individual Academic All-State: Ellie Palmatier
Team Academic All-State: MHSGCA Team Academic All-State

JV Participation: 8 Student-Athletes Record: 3-3 Overall, 2-1 CAAC Head Coach: Chris Cramer

SIDELINE CHEERLEADING:

Varsity Participation: 17 Student-Athletes Head Coach: Kay Shephard

JV Participation: 9 Student-Athletes **Head Coach**: Ashley VanCourt

BOYS SOCCER:

Varsity Participation: 19 Student-Athletes **Record**: 10-7-2 Overall, 2-3 CAAC (4th Place) **Head Coach**: Karl Hanover

Honors:

CAAC: Nick Trombley, Cody Wood (HM), Allen Hartsuff (HM),
Gabe Carpenter (HM), Gabe McClain (HM), Trevor Benit (HM).
CAAC All-Academic: Trevor Benit, Gabe Carpenter, Carter Everts, Quintin Lounds,
Gabe McClain, Austin Sampson, Canyon Thornton, Alex Vrabel, Nick Trombley.
CAAC Silver Cup Soccer Champions
All-Area: Nick Trombley
All-District: Nick Trombley

JV Participation: 23 Student-Athletes Record: 8-5 Overall, 3-2 CAAC Head Coach: Lukas Feldpausch

GIRLS SWIMMING & DIVING:

Varsity Participation: 26 Student-Athletes Record: 5-5 Overall, 2-4 CAAC (5th Place) Head Coach: Kim Brewbaker Assistant Coaches: Katelyn Childers, Stacie Smith

Honors:

CAAC: 200 Medley Relay (3rd – Zoe Vance, Kenzie McNamara, Teagan Martens, Katrina Munro), Teagan Martens (6th – 100 Butterfly), Zoe Vance (8th – 100 Freestyle, 2nd – 100 Backstroke), 200 Freestyle Relay (5th – Teagan Martens, Madi Kotowicz, Katrina Munro, Zoe Vance), 400 Freestyle Relay (6th – Maria Dennany, Madi Kotowicz, Emma Hamelink, Kenzie McNamara).

CAAC All-Academic: Elliott Alden, Becca Bunn, Emma Collins, Alyssa Driscoll, Lydia Ely, Madi Kotowicz, Morgan Leavitt, Katrina Munro, Lexi Powers, MacKenzie Schafer, Zoe Vance.

All-Area/MISCA All-Zone: Zoe Vance, Lydia Ely, Emma Collins (HM). State Qualifiers: Zoe Vance (100 Backstroke)

Individual Academic All-State/All-American: Becca Bunn, Alyssa Driscoll, Madi Kotowicz, Morgan Leavitt.

BOYS TENNIS:

Varsity Participation: 12 Student-Athletes **Record**: 6-3-3 Overall, 2-1-2 CAAC (3rd Place) **Head Coach**: Josh Gove

Honors:

CAAC: Jack Pope (HM - #2 Singles), Bobby George (2nd - #3 Singles), Nate Wenzlick (2nd - #4 Singles), Jack Thalison/Alex George (2nd - #1 Doubles), Wes Cressman/Jake Lasceski (3rd - #2 Doubles), Noah Rumney/Alex Pung (2nd - #3 Doubles), Alex Pervine/Eric Jackson (HM - #4 Doubles).
CAAC All-Academic: Wes Cressman, Alex George, Bobby Goerge, Alex Pung, Nate Wenzlick.
All-Area: Jack Thalison/Alex George
Regionals: Bobby Goerge (#3 Singles Champion), Noah Rumney/Alex Pung (#3 Doubles Regional Champions).
State Qualifiers: Team (18th Place in Division III)
Coaching: Regional Coach of the Year

JV Participation: 18 Student-Athletes **Head Coach**: Josh Gove

VOLLEYBALL

Varsity Participation: 12 Student-Athletes **Record**: 19-22-5 Overall, 6-4 CAAC (2nd Place) **Head Coach**: Katy White

Honors:

CAAC: Brooke Gnegy, Kylee White, Kiana Martens, Abbey Voisinet (HM), Molly Thelen (HM).
CAAC All-Academic: Brooke Gnegy, Alyson Gonzales, Haylie Hosford, Alexa Jakus, Kiana Martens, Ashley Miller, Mallory Smith, Molly Thelen, Abbey Voisinet.
All-Area: Brooke Gnegy, Kiana Martens (HM), Kylee White (HM).
All-Region: Brooke Gnegy
Individual Academic All-State: Molly Thelen, Alyson Gonzales, Abbey Voisinet, Brooke Gnegy, Haylie Hosford.
Academic All-State: MIVCA Team Academic All-State

JV Participation: 13 Student-Athletes Record: 31-8-2 Overall, 8-2 CAAC Head Coach: Cheryl Maloney Asst. Coach: Heather Dedyne

Freshman Participation: 8 Student-Athletes **Record**: Overall, CAAC **Head Coach**: Shawna Foerster

WINTER SPORTS REVIEW

BOYS BASKETBALL

Varsity Participation: 14 Student-Athletes Record: 3-18 Overall, 0-10 CAAC (6th) Head Coach: John Archambault Volunteer Coaches: Paul Golupski

Honors:

CAAC: Kody Thomas, Cole Thomas (HM).
CAAC All-Academic: Tom Brewbaker, Eric Farrell, Oliver Glinke, Quintin Lounds, Anthony Mazzolini, Jaymn Medlock, Colton Powell, Blake Powelson, Alex Pung, Cole Thomas.
All-Area: Kody Thomas (HM)
Team Academic: BCAM Division I Team Academic All-State (HM)

JV Participation: 13 Student-Athletes **Record**: 3-15 Overall, 1-8 CAAC **Head Coach**: Nate Wade

Freshman Participation: 15 Student-Athletes **Record**: 12-6 Overall, 7-1 CAAC **Head Coach**: Joe Foster

GIRLS BASKETBALL

Varsity Participation: 12 Student-Athletes **Record**: 13-10 Overall, 5-5 CAAC (3rd) **Head Coach**: Mark Lasceski

Honors:

CAAC: Maddie Robbins, Lauren Lasceski, Nicole Miller, Abby Koneval (HM), Rachel Rustad (HM).
CAAC All-Academic: Gabby Dobernick, Abby Koneval, Lauren Lasceski, Megan Lasceski, Lexi Martens, Reagan Meyers, Kerri Miller, Nicole Miller, Maddie Robbins, Rachel Rustad.
All-Area: Lauren Lasceski (HM), Maddie Robbins (HM).
Team Academic: BCAM Divison I Team Academic All-State (HM)

JV Participation: 10 Student-Athletes **Record**: 12-6 Overall, 4-2 CAAC **Head Coach**: Charlie Howes

Freshman Participation: 8 Student-Athletes **Record**: 4-13 Overall, 1-4 CAAC **Head Coach**: Brooke Samec

COMPETITIVE CHEERLEADING

Varsity Participation: 18 Student-Athletes Record: CAAC (6th Place) Head Coach: Kay Shepard Asst. Coach: Ashley VanCourt

Honors:

CAAC: Ana Goodrich (HM), Molly Schloegl.
CAAC All-Academic: Elizabeth Corey, Makenna Gamble, Evie Havens, Lucia Lopez, Valentina Iuri, Molly Schloegl, Olivia Viles.
All-District: Molly Schloegl (2nd), Ana Goodrich (HM),

DANCE TEAM

Varsity Participation: 20 Student-Athletes Head Coach: Michelle Lindquist

ICE HOCKEY

Varsity Participation: 6 Student-Athletes Record: 24-4-1 Overall, 5-0-1 CAAC (Champions) Head Coach: Travis VanTighem

Honors:

CAAC Academic: Coye Ojibway Team Regional Champions Team Academic All-State

BOYS SWIMMING & DIVING

Varsity Participation: 23 Student-Athletes Record: 6-3 Overall, 4-2 CAAC (3rd Place) Head Coach: Kim Brewbaker Assistant Coaches: Katelyn Childers, Stacie Smith Honors:

> CAAC: 200 Medley Relay – HM (Marcus Jones, Joe Voisinet, Jacob Ballor, Kyler McNamara), Bryce Smith (HM – 200 Freestyle), Joe Voisinet (HM – 200 Freestyle), Andreas Blaaberg (200 IM), Cayden Petrak (Diving), Sam Hudgens (HM – Diving), Andreas Blaaberg (100 Freestyle), Harrison Clapsadle (HM – 100 Freestyle), Bryce Smith (HM – 500 Freestyle), Harrison Clapsadle (HM – 100 Backstroke), 200 Freestyle Relay – (Andreas Blaaberg, Harrison Clapsadle, Joe Voisinet, Bryce Smith), Jacob Ballor (HM – 100 Breaststroke), 400 Freestyle Relay (Andreas Blaaberg, Kyler McNamara, Harrison Clapsadle, Bryce Smith). CAAC All-Academic: Jacob Ballor, Andreas Blaaberg, Harrison Clapsadle, Marcus Jones, Kyler McNamara, Bryce Smith, Joe Voisinet. MISCA/All-Area: Cayden Petrak (Diver of the Year), Bryce Smith (All-Area), Andreas Blaaberg (All-Area), Harrison Clapsadle (2nd Team), Joe Voisinet (HM), Sam Hudgens (HM). **Regional**: Cayden Petrak (Diving Champion), Sam Hudgens (5th – Diving) State Qualifiers: Team (21st Place in Division III), Bryce Smith (16th – 200 Freestyle, 15th – 100 Freestyle), Andreas Blaaberg (19th – 200 IM, 28th – 100 Freestyle), Harrison Clapsadle (38th – 100 Backstroke), Sam Hudgens (22nd – Diving), 200 Freestyle Relay – 18th (Andreas Blaaberg, Joe Voisinet, Harrison Clapsadle, Bryce Smith), 400 Freestyle Relay – 16th (Andreas Blaaberg, Harrison Clapsadle, Kyler McNamara, Bryce Smith), Cayden Petrak (1st – Diving). All-State: Cayden Petrak (Diving – 520.20 New D3 State Record) **State Champion**: Cayden Petrak (Diving) Individual Academic All-State: Kyler McNamara, Bryce Smith, Joe Voisinet. Academic All-American: Bryce Smith **Other:** Cayden Petrak (Division III Diver of the Year) **Coaching:** Stacie Smith (Zone 7 Diving Coach of the Year) Kim Brewbaker (Zone 7 HM Coach of the Year).

WRESTLING

Varsity Participation: 14 Student-Athletes Record: 15-3 Overall, 4-0 CAAC (Champions) Head Coach: Derek Phillips

Honors:

CAAC: Cody Wood (2nd), Chase Whitaker (4th), Kaleob Whitford (1st), Blair Miller (4th), Fernando Jimenez (2), Justice Gonzalez (1st), Keegan Kinne (1st), James Whitaker (1st), Braxton Parks (1st), CJ Krum (1st), Andy Fortin (4th), Brandon Yanna (2nd), Jacob Brya (1st). CAAC All-Academic: Jacob Brya, James Whitaker. All-Area: Kaleob Whitford (LSJ Dream Team), Jacob Brya (LSJ Dream Team), James Whitaker (LSJ Dream Team), CJ Krum. **District**: Team District Champions, Cody Wood (4th), Brendon Smith (3rd), Kaleob Whitford (1st), Justice Gonzalez (3rd), Keegan Kinne (3rd), James Whitaker (1st), Braxton Parks (3rd), CJ Krum (1st), Kane Larrison (4th), Brandon Yanna (3rd), Jacob Brya (1st). **Regional**: Kaleob Whitford (1st), James Whitaker (1st), CJ Krum (2nd), Jacob Brya (1st), Cody Wood (1^{st}) . State Qualifiers: Jacob Brya, Cody Wood, Kaleob Whitford, CJ Krum, James Whitaker. All-State: Jacob Brya, Kaleob Whitford. State Champions: Jacob Brya, Kaleob Whitford

JV Participation: 15 Student-Athletes **Record**: NA **Head Coach**: Mike Ballor

SPRING SPORTS REVIEW

BASEBALL:

Varsity Participation: 17 Student-Athletes Record: 10-20 Overall, 2-8 CAAC (5th Place) Head Coach: Jake Parker Volunteer Coaches: Denny Parker, Chad Konieczny

Honors:

CAAC: Connor Ackerman, Bobby Goerge, Alex George, Nathanael Konieczny (HM), Colton Powell (HM), Cole Thomas (HM).
CAAC All-Academic: Alex George, Colton Powell, Cole Thomas, Trevor Wood.
All-Area: Connor Ackerman, Alex George (HM), Bobby Goerge (HM).
All-District: Connor Ackerman
All-District Academic: Alex George, Trevor Wood, Cole Thomas, Bobby Goerge, Colton Powell.
Academic All-State: Alex George

JV Participation: 15 Student-Athletes **JV Record**: 12-11 Overall, 4-4 CAAC **Head Coach**: Mark Burnash

Freshman Participation: 13 Student-Athletes **Freshman Record**: 3-15 **Head Coach:** Austin Pohl

BOYS GOLF:

Varsity Participation: 8 Student-Athletes Record: CAAC (4th Place) Head Coach: Rick Schultz

Honors:

CAAC: Mason Bouck (HM). CAAC All-Academic: Gabe Carpenter, Wes Cressman. Academic All-State: Gabe Carpenter

JV Participation: 10 Student-Athletes **Head Coaches**: Chris Cramer

BOYS LACROSSE

Varsity Participation: 7 Student-Athletes Record: 3-11 Overall, 0-6 CAAC Head Coach: Pat Witt

Honors: CAAC Academic: Ty Badge

GIRLS LACROSSE

Varsity Participation: 8 Student-Athletes Record: 1-11 Overall, 0-7 CAAC Head Coach: Tammy Schneider

Honors:

CAAC: Ellie Palmatier (HM), Olivia Hall (HM), Ann Marie Falor (HM). **CAAC Academic**: Kendall Slamka, Olivia Hall, Madison Berkhousen, Olivia Menard, Ann Marie Falor, Ellie Palmatier, Gabby Dobernick, Rebecca Bunn.

GIRLS SOCCER:

Varsity Participation: 15 Student-Athletes **Record**: 11-6-2 Overall, 3-1-1 CAAC (2nd Place) **Head Coach**: Sam Sibilski

Honors:

CAAC: Taylor Schroeder, Paige Moore, Camille Schafer, Emma Martinez, Lexi Martens, Amy Smith (HM).
CAAC All-Academic: Payton Beebee, Jordyn Jones, Paige Jubeck, Karyssa Lennemann, Lexi Martens, Emma Martinez, Bailey Padgett, Camille Schafer, Taylor Schroeder, Amy Smith, Rachel Theis.
All-Area: Taylor Schroeder (LSJ Dream Team), Lexi Martens, Emma Martinez, Paige Moore, Camille Schafer.
All-District: Paige Jubeck, Lexi Martens, Paige Moore, Camille Schafer, Taylor Schroeder, Amy Smith.
All-Region: Taylor Schroeder
All-State: Taylor Schroeder (HM)
Individual Academic All-State: MHSSCA Team Academic All-State

JV Participation: 14 Student-Athletes **Record**: 10-5-1 Overall, 3-2 CAAC **Head Coach**: Ryan Nevins

GIRLS SOFTBALL

Varsity Participation: 12 Student-Athletes Record: 18-19 Overall, 6-4 CAAC (3rd Place) Head Coach: Kevin Smith Volunteer Coaches: Doug Woods, Mike Patrick, Cassondra Wilkie

Honors:

CAAC: Brooke Gnegy, Madi Knauf, Alexa Jakus, Nicole Miller, Reagann Meyers, Olivia Cardenas (HM), Aubrey Kiel (HM).
CAAC All-Academic: Brooke Gnegy, Aubrey Kiel, Reagann Meyers, Nicole Miller.
All-District: Reagann Meyers, Madi Knauf, Brooke Gnegy, Alexa Jakus.
All-Area: Alexa Jakus (LSJ Dream Team), Brooke Gnegy, Madi Knauf, Reagann Meyers, Nicole Miller (HM).
All-Region: Brooke Gnegy, Madi Knauf, Alexa Jakus.
Individual Academic All-State: Nicole Miller, Aubrey Kiel, Brooke Gnegy.
Team Academic All-State: MHSSCA Team Academic All-State

JV Participation: 18 Student-Athletes Record: 18-7-3 Overall, 3-3 CAAC Head Coach: Brooke Samec Asst. Coach: Jennifer Putmon

GIRLS TENNIS

Varsity Participation: 20 Student-Athletes **Record**: 11-3 Overall, 3-2 CAAC (3rd Place) **Head Coach**: Josh Gove

Honors:

CAAC: Teagan Sanders (3rd - #1 Singles), Jaden Hafner (2nd - #2 Singles), Jada Palmer (3rd - #3 Singles), Bailee Thelen (1st - #4 Singles), Lexi Maloney/Brooklyn Graham (3rd - #2 Doubles), Julie Grams/Katelynn Kemp (HM - #3 Doubles), Emma Blanchard/Maddie Palmatier (1st - #4 Doubles).
CAAC All-Academic: Emma Blanchard, Sophia Brya, Hannah Caroland, Kaitlin Doerr, Morgan Eiseler, Brooklyn Graham, Lindsey Myers, Maddie Palmatier, Jada Palmer, Paige Remenar, Teagan Sanders, Paige Weber.
All-Area: Teagan Sanders

JV Participation: 24 Student-Athletes Record: 12-0 Overall, 3-0 CAAC Head Coach: Schalla Swab

BOYS TRACK & FIELD

Varsity Participation: 70 Student-Athletes Record: 3-2 CAAC (4th Place) Head Coach: Dave Mohre Assistant Coaches: Gary Sykes, Chris Wells

Honors:

CAAC: Brock Miller (5th – 100 M Dash), Cass Paksi (4th – 200 M Dash), Gabe McClain (4th – 400 M Dash), Bailey Nobach (7th – 400 M Dash), Fernando Jimenez (3rd – 800 M Run), Peter Apostol (8th – 800 M Run), Griffin Armbrustmacher (7th – 1600 M Run), Jacob Dennis (6th – 3200 M Run), Cody Rapelje (7th – 3200 M Run), Blake Munger (1st – 300 M Hurdles, 5th – Pole Vault), Canyon Thornton (2nd – 300 M Hurdles, 3rd – Pole Vault), Cooper McCastle (4th – 300 M Hurdles, 6th – High Jump), 4 x 100 M Relay (2nd – Sean Kelly, Jaymn Medlock, Cass Paksi, Brock Miller), 4 x 200 M Relay (3rd – Cass Paksi, Bailey Nobach, Sean Kelly, Jaymn Medlock), 4 x 400 M Relay (4th – Gabe McClain, Matt Hoyland, Bailey Nobach, Fernando Jimenez), 4 x 800 M Relay (3rd – Cody Rapelje, Jacob Dennis, Troy Cramer, Fernando Jimenez), Henry Pope (6th – Long Jump), Charlie Bigelow (7th – Long Jump), Jaymn Medlock (8th – Shot Put), Kyler McNamara (4th – Discus). CAAC All-Academic: Christian Goss, Noah Kudwa, Gabe McClain, Kyler McNamara, Jacob Nurenberg, Cody Rapelje, Peter Apostol, Fernando Jimenez, Blake Munger, Cass Paksi, Canyon Thornton, Troy Cramer, Jacob Dennis, Matthew Hoyland, Sean Kelly, Jaymn Medlock, Brock Miller. Honor Roll Meet: Blake Munger (4th – 110 M Hurdles, 4th – 300 M Hurdles), Canyon Thornton (6th – Pole Vault, 6th – 300 M Hurdles), Fernando Jimenez $(13^{th} - 800 \text{ M Run}).$ **Regional**: Canyon Thornton (3rd – Pole Vault) **State Qualifiers**: Canyon Thornton (9th – Pole Vault)

GIRLS TRACK & FIELD

Varsity Participation: 44 Student-Athletes Record: 3-2 CAAC (3rd Place) Head Coach: Mike Maloney Assistant Coaches: Gary Sykes, Chris Wells

Honors:

CAAC: Mackenzie Otberg (7th – 100 M Dash, 7th - 200 M Dash), Maddie Robbins (5th – 200 M Dash), Rachel Rozen (8th – 200 M Dash), Abbey Voisinet (5th – 400 M Dash, 1st – High Jump), Taryn Chapko (1st – 800 M Run, 1st - 1600 M Run), Anna McCastle (5th – 800 M Run), Guadalupe Alamillo-Jimenez (6th - 800 M Run, 4th – 1600 M Run), Addie Somers (3rd – 1600 M Run), Sarah Zehr (1st – 3200 M Run), Katelyn Voisinet (3rd – 3200 M Run), Alyssa Benit (5th – 100 M Hurdles, 7th – Pole Vault), 4 x 100 M Relay (5th – Katrina Munro, Mackenzie Otberg, Maddie Robbins, Jessica Weinberg), 4 x 200 M Relay (3rd – Mackenzie Otberg, Rachel Rozen, Maddie Robbins, Katrina Munro), 4 x 400 M Relay (4th – Guadalupe Alamillo-Jimenez, Abbey Voisinet, Rachel Rozen, Anna McCastle), 4 x 800 M Relay (1st – Taryn Chapko, Lauren Lasceski, Anna McCastle, Sarah Zehr), Kayla Mead (6th – Shot Put, 3rd – Discus). CAAC All-Academic: Alyssa Benit, Madison Bolyard, Taryn Chapko, Katie Ernst, Lexi Hicks, Lauren Lasceski, Anna McCastle, Mackenzie Otberg, Maddie Robbins, Rachel Rozen, Kate Voisinet, Abigail Voisinet, Sarah Zehr. Honor Roll Meet: 4 x 800 M Relay (2nd – Lauren Lasceski, Anna McCastle, Addie Somers, Sarah Zehr), Abby Voisinet (6th – High Jump), Lauren Lasceski (6th – 1600 M Run), Addie Somers (9th – 1600 M Run), Sarah Zehr (12th – 1600 M Run), Taryn Chapko (1st – 800 M Run/Honor Roll Meet Record). **Regional**: Team – 3rd Place, Taryn Chapko (Regional Champion – 400 M Run & 800 M Run), 4 x 800 M Relay (Regional Champions – Lauren Lasceski, Anna McCastle, Sarah Zehr, Taryn Chapko), Lauren Lasceski (6th – 3,200 M Run). All-Area: Taryn Chapko (LSJ Dream Team – 400 M Dash & 800 M Run), 3200 M Relay (Lauren Lasceski, Anna McCastle, Sarah Zehr, Addie Somers). State Qualifiers: Team (14th Place in Division II), Lauren Lasceski (18th – 3200 M Run), 4 x 800 M Relay (Lauren Lasceski, Anna McCastle, Sarah Zehr, Addis Somers). All-State: Taryn Chapko (3rs - 400 M Run, 1st - 800 M Run) State Champion: Taryn Chapko (800 M Run 2:15.14) School Record: Taryn Chapko (800 M Run – 2:12.36)

2018-19 OVERALL ATHLETIC PARTICIPATION STATISTICS

OF SPORTS PER MALE ATHLETE

BOYS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL MALE ATHLETES
9 th Grade Boys	36	27	11	0	74
10 th Grade Boys	34	31	5	1	71
11 th Grade Boys	33	24	4	0	61
12 th Grade Boys	43	24	4	0	71
Total	146	106	24	1	277

OF SPORTS PER FEMALE ATHLETE

GIRLS	1 SPORT ATHLETES	2 SPORT ATHLETES	3 SPORT ATHLETES	4 SPORT ATHLETES	TOTAL FEMALE ATHLETES
9 th Grade Girls	47	14	5	0	66
10 th Grade Girls	44	29	3	0	76
11 th Grade Girls	43	16	2	0	61
12 th Grade Girls	32	16	4	0	52
Total	166	75	14	0	255

ATHLETIC PARTICIPATION BY GRADE / GENDER

GRADE	BOYS	GIRLS	TOTAL	% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION(532)
9 th	74	66	140	26%
10 th	71	76	147	28%
11 th	61	61	122	23%
12 th	71	52	123	23%
TOTAL	277	255	532	
% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (938)	30%	27%	57%	

ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

GRADE	# OF ATHLETES	% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (938)
9 th	140	15%
10 th	147	16%
11 th	122	13%
12 th	123	13%
TOTAL	532	57%

*Total enrollment based on February 13, 2019 MHSAA count (938 Students).