

# ST. JOHNS HIGH SCHOOL

## *INTERSCHOLASTIC ATHLETICS*



2020-2021  
*YEAR END REPORT*



Chris R. Ervin, CAA  
Director of Activities

*"Teaching leadership and character in the quest for athletic excellence"*

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# INTRODUCTION

The following report focuses on facts and figures highlighting the 2020-21 school year at St. Johns High School pertaining to interscholastic athletics. The report addresses several components of the athletic program including league affiliation, sport offerings, classifications and coaching statistics. However, the intent of these findings relate directly to the opportunities provided to student-athletes through their participation in interscholastic athletics, and the benefits experienced that will serve as lessons for a life-time.

The 2020-21 school year was very successful for our student-athletes, coaches and teams while competing in the Capital Area Activities Conference (CAAC). **Redwing success** included three CAAC Team Championships, two MHSAA Team District Championships, two MHSAA Pre-Regional Team Championships, one MHSAA Team Regional Championship, six Team Academic All-State Honors, 20 student-athletes earned Individual Academic All-State Honors, eight student-athletes earned All-State Honors, and one student-athlete won an individual state championship.

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Director of Activities

# CAPITAL AREA ACTIVITIES CONFERENCE ALIGNMENT



**2020-21**

**Blue**

DeWitt  
East Lansing  
Grand Ledge  
Holt  
Lansing Everett  
Okemos  
Waverly  
(7)

**Red**

Fowlerville  
Haslett  
Lansing Eastern  
Mason  
St. Johns  
Williamston  
(6)

**White**

Charlotte  
Eaton Rapids  
Ionia  
Lansing Catholic  
Lansing Sexton  
Portland  
(6)

19 Schools

# VARSIITY SPORTS

## Girls

### **Fall:**

Cross Country  
Golf  
Sideline Cheer\*  
Swimming & Diving  
Volleyball

### **Winter:**

Basketball  
Competitive Cheer  
Gymnastics (Co-op)  
Dance\*

### **Spring:**

Soccer  
Softball  
Tennis  
Track & Field  
Lacrosse

*MHSAA Sports: (12) Var. Sports*

*SJPS Sports: (14) Var. Sports*

## Boys

### **Fall:**

Cross Country  
Football  
Soccer  
Tennis

### **Winter:**

Basketball  
Ice Hockey (Co-op)  
Swimming & Diving  
Wrestling

### **Spring:**

Baseball  
Golf  
Track & Field  
Lacrosse

*(12) Var. Sports*

*(12) Var. Sports*

*\*Denotes SJPS Varsity Sports but not MHSAA Sanctioned Sport*

### **Additional Non-sanctioned SJPS Activities:**

Equestrian

# CLASSIFICATIONS

## **Division I:**

- Boys Basketball
- Girls Basketball
- Gymnastics (Co-op w/ Haslett/Williamston/Bath)
- Ice Hockey (Co-op w/ DeWitt/Mason/Lansing Catholic)
- Volleyball

## **Division II:**

- Baseball
- Competitive Cheerleading
- Boys & Girls Cross Country
- Boys & Girls Golf
- Boys & Girls Lacrosse
- Boys & Girls Soccer
- Softball
- Boys & Girls Track and Field
- Wrestling

## **Division III:**

- Football
- Boys & Girls Swimming & Diving
- Boys & Girls Tennis

## PAID COACHING STAFF

	<u>Staff</u>	<u>Non-Staff</u>	<u>Total</u>
<b>Varsity Head Coaches</b>	<b>16</b>	<b>11</b>	<b>27</b>
<b>JV Head Coaches</b>	<b>10</b>	<b>2</b>	<b>12</b>
<b>Freshman Head Coaches</b>	<b>2</b>	<b>3</b>	<b>5</b>
<b>Assistant Coaches</b>	<b>1</b>	<b>9</b>	<b>10</b>
<b>Total</b>	<b>29</b>	<b>25</b>	<b>54</b>

59% of Head Varsity Coaches are teaching staff personnel.

83% of Head JV Coaches are teaching staff personnel.

40% of Head Freshman Coaches are teaching staff personnel.

\*Excludes volunteer coaches and Equestrian.

# CELEBRATIONS & ACCOLADES

## CAAC Conference Champions (Team)

- Boys Cross Country
- Girls Tennis
- Baseball

## MHSAA District Champions (Team)

- Boys Tennis
- Baseball

## MHSAA Pre-Regional Champions (Team)

- Boys Cross Country
- Girls Cross Country

## MHSAA Regional Champions (Team)

- Boys Cross Country

## MHSAA Tournament Success (Team)

- Boys Cross Country - MHSAA Division II State Runner-Up
- Girls Cross Country - 17th Place in Division II
- Girls Swim & Dive - 30th Place in Division III
- Girls Tennis - 10th Place in Division III

## Academic All-State (Teams)

- Boys Cross Country
- Volleyball
- Boys Basketball
- Girls Basketball
- Competitive Cheer
- Boys Golf

## Academic All-State (Athletes)

- Griffin Armbrustmacher - Cross Country
- Bryce Brown - Cross Country, Track
- Ryan Brown - Cross Country, Track
- Michael Dennis - Cross Country
- Sarah Zehr - Cross Country
- Kelly DeLiso - Golf
- Teagan Sanders - Golf
- Emma Blanchard - Volleyball
- Josie Jones - Volleyball
- Rachel Rustad - Volleyball, Basketball
- Brianna Boak - Competitive Cheer
- Allie Brown - Competitive Cheer
- Elizabeth Corey - Competitive Cheer
- Ella Koenigsknecht - Competitive Cheer
- Molly Schloegl - Competitive Cheer
- Nate Middleton - Golf
- Austin George - Baseball



### **All-State Athletes**

- Ryan Brown - Cross Country
- Bryce Brown - Cross Country
- Griffin Armbrustmacher - Cross Country
- Brock Miller - Football
- Adam Waszak - Football
- Rachel Rustad - Basketball
- C.J. Krum - Wrestling
- Ryan Brown - Track

### **Individual State Champions**

- C.J. Krum - Wrestling (215 lbs.)

## **ATHLETIC AWARDS**

### **CAAC Senior Scholar-Athletes**

- Alyssa Benit, Madison Bolyard, Bryce Brown, Ryan Brown, Elizabeth Corey, Kelly DeLiso, Roger Heinlen, Sean Kelly, Brock Miller, Rachel Rustad, Caleb Teeples.

### **Outstanding Senior Athlete Award**

- CJ Krum and Sarah Zehr

### **12 Season Athletic Excellence Award**

- Sean Kelly and Beau VanAbel

## FALL SPORTS REVIEW

### BOYS CROSS COUNTRY:

**Varsity Participation:** 21 Student-Athletes

**Record:** 4-0 CAAC (Champions)

**Head Coach:** Robert Sackrider

#### **Honors:**

**CAAC:** Ryan Brown, Griffin Armbrustmacher, Bryce Brown, Jacob Dennis, Michael Dennis, Henry Pope, Troy Cramer.

**CAAC All-Academic:** Luke Apostol, Griffin Armbrustmacher, Bryce Brown, Ryan Brown, Troy Cramer, Michael Dennis, Tyler Dohm, Austin Drolett, Roger Heinlen, Sam Sackrider, Isaac Staib.

**All-Area:** Griffin Armbrustmacher (LSJ Dream Team), Bryce Brown (LSJ Dream Team), Ryan Brown (LSJ Dream Team), Troy Cramer, Jacob Dennis, Michael Dennis, Henry Pope.

**Team Pre-Regional Champions**

**Team Regional Champions**

**All-Regional:** Ryan Brown, Griffin Armbrustmacher, Bryce Brown, Jacob Dennis, Michael Dennis.

**MHSAA Division II State Runner-Up**

**All-State:** Ryan Brown (7th), Bryce Brown (23rd), Griffin Armbrustmacher (29th)

**Team Academic All-State:** 4th in Division II (3.948 GPA)

**Individual Academic All-State:** Bryce Brown, Michael Dennis, Ryan Brown, Griffin Armbrustmacher.

### GIRLS CROSS COUNTRY:

**Varsity Participation:** 22 Student-Athletes

**Record:** 3-1 CAAC (2nd Place)

**Head Coach:** Robert Sackrider

#### **Honors:**

**CAAC:** Sarah Zehr, Clara Fletcher, Erica Feldpausch, Eleanor Young, Lily Sackrider, Maribel Montiel.

**CAAC All-Academic:** Alyssa Benit, Madison Bolyard, Grace Moeggenborg, Maribel Montiel, Isabelle Scheidler, Emily Voisinet, Eleanor Young, Sarah Zehr.

**All-Area:** Erica Feldpausch, Clara Fletcher, Sarah Zehr

**Team Pre-Regional Champions**

**All-Regional:** Team 3rd Place, Sarah Zehr, Clara Fletcher

**State Qualifiers:** Team (17th Place in Division II)

**Individual Academic All-State:** Sarah Zehr

### EQUESTRIAN (Non-Sanctioned Activity)

**Varsity Participation:** 7 Student-Athletes

**Head Coach:** Jan Mehney

**FOOTBALL:**

**Varsity Participation:** 36 Student-Athletes

**Record:** 2-5 Overall, 1-3 CAAC (4th)

**Head Coach:** Andy Schmitt

**Honors:**

**CAAC:** Brock Miller (OFF & DEF), Adam Waszak (OFF & DEF), CJ Krum (DEF), Brad Burnash (OFF - HM), Bailey Nobach (DEF - HM).

**CAAC All-Academic:** Hunter Brown, Brad Burnash, Gabe Cleland, JT Jolly, John Kinkema, Aidan Koneval, Matthew McCastle, Brock Miller, Bailey Nobach, Carter Nobis, Carson Pieters, Caleb Teeple, Braylon Thelen, Beau VanAbel, Adam Waszak.

**All-Area:** Brock Miller (LSJ Dream Team), Adam Waszak, CJ Krum (HM).

**All-State:** Brock Miller (HM), Adam Waszak (HM)

**JV Participation:** 20 Student-Athletes

**Record:** 3-3 Overall, 2-2 CAAC

**Head Coach:** Jake Parker

**Freshman Participation:** 29 Student-Athletes

**Record:** 0-4-1 Overall, 0-0-1 CAAC

**Head Coach:** Dave Mariage

**Assistant Coaches:** John Archambault, Rick LaBar, Mark Burnash, Kevin Pettigrew, Russ Waggoner, Bean Barrett, Michael Ballor.

**Volunteer Coaches:** Paul Golupski, Bob Paksi, Kenny Clark.

**GIRLS GOLF:****Varsity Participation:** 6 Student-Athletes**Record:** 3-0 Overall, CAAC (3rd Place)**Head Coach:** Rick Schultz**Honors:****CAAC:** Teagan Sanders, Kenzie Eccleton (HM), Leah Gorman (HM).**CAAC All-Academic:** Kelly DeLiso, Lucy Eckley, Teagan Sanders, Hailey Skaryd.**All-Area:** Kelly DeLiso, Teagan Sanders**Individual Academic All-State:** Kelly DeLiso, Teagan Sanders.**JV Participation:** 6 Student-Athletes**Record:** 2-3 Overall**Head Coach:** Chris Cramer**SIDELINE CHEERLEADING:****Varsity Participation:** 16 Student-Athletes**Head Coach:** Kay Shephard**JV Participation:** 0 Student-Athletes**Head Coach:** Ashley VanCourt

**BOYS SOCCER:****Varsity Participation:** 20 Student-Athletes**Record:** 7-4-4 Overall, 1-2-1 CAAC (3rd)**Head Coach:** Lukas Feldpausch**Honors:****CAAC:** Logan Johnson, Brandon Kushnier, Max Willis, Spencer Howell (HM), Ethan Carter (HM), Kalki Tommasi (HM), Justin Ye (HM).**CAAC All-Academic:** Ty Badge, Ethan Carter, Jimmy Gentner, Logan Johnson, Kaden Keller, Brandon Kusnier, Jarrett Labean, Aiden Martinez, Max Willis.**All-Area:** Logan Johnson, Brandon Kushnier, Max Willis.**All-District:** Spencer Howell, Logan Johnson, Brandon Kushnier.**JV Participation:** 14 Student-Athletes**Record:** 6-3-2 Overall, 2-0-2 CAAC**Head Coach:** Ryan Nevins**GIRLS SWIMMING & DIVING:****Varsity Participation:** 23 Student-Athletes**Record:** 7-5 Overall, 3-4 CAAC (5th)**Head Coach:** Aaron Stine**Assistant Coaches:** Peter Sperry, Stacie Smith**Honors:****CAAC:** 200 Medley Relay (6th - Maria Dennany, Emma Hameline, Elliott Alden, Gracie Wesner), Katrina Munro (7th - 200 Freestyle, 8th - 100 Butterfly), Katarina Schaefer (2nd - 200 IM, 2nd - 500 Freestyle), 200 Freestyle Relay (2nd - Laney Voisinet, Katrina Munro, Katarina Schaefer, Teagan Martens), Teagan Martens (3rd - 50 Freestyle, 7th - 100 Butterfly), Laney Voisinet (3rd - 100 Freestyle), 400 Freestyle Relay (3rd - Katrina Munro, Laney Voisinet, Teagan Martens, Katarina Schaefer).**CAAC All-Academic:** Mallory Morrison, Katrina Munro, Elayna Pagels, Laney Voisinet.**All-Area/MISCA All-Zone:** Katarina Schaefer, Teagan Martens (2nd Team), Laney Voisinet (HM), Katrina Munro (HM), Hannah Spitzley (HM), Coach Stacie Smith (HM).**State Qualifiers:** Team (30th Place in Division III), Katarina Schaefer (23rd - 200 Yard IM, 21st place - 500 Yard Freestyle), Hannah Spitzley (12th - Diving), Ashlee Smith (28th - Diving), 400 Yard Freestyle Relay (14th - Laney Voisinet, Katrina Munro, Teagan Martens, Katarina Schaefer).

**BOYS TENNIS:**

**Varsity Participation:** 12 Student-Athletes  
**Record:** 15-5-2 Overall, 2-1-1 CAAC (2nd)  
**Head Coach:** Josh Gove

**Honors:**

**CAAC:** Jake Lasceski, Alex Owen, Coye Ojibway, Austin George, Joe Thornburgh, Seth Wells, Jacob Kowatch, Logan Schroeder, Caden Ojibway.  
**CAAC All-Academic:** Austin George, Jake Lasceski, Caden Ojibway, Coye Ojibway, Alex Owen, Seth Wells.  
**Team District Champions**  
**All-Area:** Joe Thornburgh/Austin George (LSJ Dream Team), Jake Lasceski, Alex Owen.

**JV Participation:** 9 Student-Athletes  
**Head Coach:** Josh Gove

**VOLLEYBALL**

**Varsity Participation:** 12 Student-Athletes  
**Record:** 17-11-1 Overall, 3-1 CAAC (2nd)  
**Head Coach:** Katy White

**Honors:**

**CAAC:** Kendall White, Rachel Rustad, Kennedy Sturgis, Josie Jones, Karsyn Near, Emma Blanchard (HM).  
**CAAC All-Academic:** Emma Blanchard, Jessi Burgess, Josie Jones, Karsyn Near, Kaylee Powelson, Kendall Slamka, Kennedy Sturgis, Allie Sundberg, Rachel Rustad.  
**All-Area:** Kendall White (LSJ Dream Team), Rachel Rustad, Josie Jones (HM), Karsyn Near (HM), Kennedy Sturgis (HM).  
**All-Region:** Rachel Rustad, Kendall White  
**Individual Academic All-State:** Emma Blanchard, Josie Jones, Rachel Rustad.  
**Team Academic All-State:** MIVCA Team Academic All-State

**JV Participation:** 12 Student-Athletes  
**Record:** 10-5 Overall, 0-2 CAAC  
**Head Coach:** Cheryl Maloney

**Freshman Participation:** 10 Student-Athletes  
**Record:** 8-5 Overall, 3-1 CAAC  
**Head Coach:** Shawna Foerster

## WINTER SPORTS REVIEW

### BOYS BASKETBALL

**Varsity Participation:** 15 Student-Athletes

**Record:** 4-12 Overall, 1-9 CAAC (6th)

**Head Coach:** Nate Wade

**Asst. Coach:** Luke Feldpausch

**Honors:**

**CAAC:** Anthony Mazzolini, Rohn Timm (HM)

**CAAC All-Academic:** Evan Gillespie, Kaden Keller, Sean Kelly, Brody Kusnier, Jake Lasceski, Anthony Mazzolini, Cooper McCastle, Bailey Nobach, Victor Payment, Carson Pieters, Caleb Teeples, Rohn Timm, Seth Wells.

**All-Area:** Anthony Mazzolini (HM)

**Team Academic:** BCAM Team Academic All-State (Highest GPA in Division I)

**JV Participation:** 16 Student-Athletes

**Record:** 11-4 Overall, 9-1 CAAC

**Head Coach:** Joe Foster

**Freshman Participation:** 13 Student-Athletes

**Record:** 9-6 Overall, 6-4 CAAC

**Head Coach:** Andrew Jennings

### GIRLS BASKETBALL

**Varsity Participation:** 11 Student-Athletes

**Record:** 7-9 Overall, 6-4 CAAC (3rd)

**Head Coach:** Mark Lasceski

**Honors:**

**CAAC:** Rachel Rustad, Lexi Maloney, Kerri Miller (HM), Audrey Rademacher (HM).

**CAAC All-Academic:** Lexi Maloney, Kerri Miller, Claudia Paksi, Audrey Rademacher, Rachel Rozen, Rachel Rustad, Josie Stehlik

**All-Area:** Rachel Rustad (LSJ Dream Team), Lexi Maloney (HM).

**All-State:** Rachel Rustad BCAM HM

**Individual Academic:** Rachel Rustad

**Team Academic:** BCAM Team Academic All-State

**JV Participation:** 10 Student-Athletes

**Record:** 9-6 Overall, 6-4 CAAC

**Head Coach:** Brooke Samec

**Freshman Participation:** 10 Student-Athletes

**Record:** 8-4 Overall, 3-1 CAAC

**Head Coach:** Katie Maloney

**COMPETITIVE CHEERLEADING****Varsity Participation:** 15 Student-Athletes**Record:** CAAC (3rd Place)**Head Coach:** Kay Shepard**Honors:****CAAC:** Edith Corey, Elizabeth Corey, Ella Koenigsknecht, Molly Schloegl, Allie Brown (HM), Natalie LaBean (HM), Natalie Ensign (HM).**CAAC All-Academic:** Brianna Boak, Allie Brown, Elizabeth Corey, Maddison Sanborn, Molly Schloegl.**All-Area:** Molly Schloegl (LSJ Dream Team), Natalie Ensign**All-District:** Edith Corey (HM)**Academic All-State:** Brianna Boak, Molly Schloegl, Elizabeth Corey, Allie Brown, Ella Koenigsknecht.**Team Academic All-State:** Team Academic HM All-State (3.623 GPA)**DANCE TEAM****Varsity Participation:** 20 Student-Athletes**Head Coach:** Michelle Lindquist**GYMNASTICS****Varsity Participation:** 2 Student-Athletes**Record:** 3-6 CAAC**Head Coach:** Marcie Durso (Haslett United Coop)**Honors:****CAAC:** Hannah Spitzley**CAAC All-Academic:** Ashlee Smith**All-Area:** Hannah Spitzley**ICE HOCKEY****Varsity Participation:** 4 Student-Athletes**Record:** 9-7 Overall, 6-3 SWSCHL (2nd)**Head Coach:** Travis VanTighem**Honors:****SCHL:** Logan Dunham (HM), Logan Johnson, Coye Ojibway.**League Academic:** Logan Dunham, Logan Johnson, Coye Ojibway.**All-Area:** Logan Johnson (LSJ Dream Team)



**BOYS SWIMMING & DIVING****Varsity Participation:** 12 Student-Athletes**Record:** 1-5 Overall, 1-5 CAAC (5<sup>th</sup> Place)**Head Coach:** Katelyn Childers & Peter Sperry**Assistant Coaches:** Cassie Dollman-Jersey**Honors:****CAAC:****CAAC All-Academic:** Koy Grams, Graham Harger, Preston Longoria.**MISCA/All-Area:** Koy Grams (HM), Shane VanAbeL (HM)**WRESTLING****Varsity Participation:** 16 Student-Athletes**Record:** 17-10 Overall, 3-2 CAAC (4<sup>th</sup> Place)**Varsity Coach:** Derek Phillips**JV Coach:** Kevin Pettigrew**Honors:****CAAC:** Sean Pettigrew (3rd), Austin Dailey (HM), Wes Schultz (3rd), Jacob Brya (1st), Cole Riedel (3rd), Blair Miller (3rd), Dylan Sova (HM), Justice Gonzalez (1st), Braden Ball (3rd), Ryan Dimmick (1st), C.J. Krum (1st).**CAAC All-Academic:** Jacob Brya, John Kinkema, Cole Riedel, Beau VanAbeL.**All-Area:** C.J. Krum (LSJ Wrestler of the Year), Jacob Brya**District:** C.J. Krum (Champion)**Regional:** C.J. Krum (Champion)**All-State:** C.J. Krum**State Champion:** C.J. Krum (215 lbs.)

## SPRING SPORTS REVIEW

### BASEBALL:

**Varsity Participation:** 17 Student-Athletes

**Record:** Overall, 9-1 CAAC (Champions)

**Head Coach:** Jake Parker

**Volunteer Coach:** Denny Parker, Chad Konieczny, Kenny Clark

#### **Honors:**

**CAAC:** Brody Kusnier, Logan Dunham, Alex Owen, Logan Keilen, Landon Mikula, Brennan Feldpausch (HM), Grant Armbrustmacher (HM), Murray Palmatier (HM).

**CAAC All-Academic:** Grant Armbrustmacher, Cooper Bullock, Brad Burnash, Logan Dunham, Brennan Feldpausch, Austin George, Cooper Holden, Brody Kusnier, Landen Mikula, Alex Owen.

**All-Area:** Logan Keilen (LSJ Dream Team), Logan Dunham, Brody Kusnier, Landon Mikula, Alex Owen.

**District:** Team District Champions, Logan Dunham, Logan Keilen, Brody Kusnier.

**District All-Academic:** Austin George, Brody Kusnier, Alex Owen, Brennan Feldpausch, Brad Burnash.

**Region All-Academic:** Austin George

**All-Region:** Logan Keilen, Brody Kusnier.

**Individual Academic All-State:** Austin George

**JV "A" Participation:** 13 Student-Athletes

**Record:** 1-15 Overall, 1-3 CAAC

**Head Coach:** Jeremy Colton

**JV "B" Participation:** 9 Student-Athletes

**Record:** 11-11-1 Overall, 4-4 CAAC

**Head Coach:** Mark Burnash

### BOYS GOLF:

**Varsity Participation:** 6 Student-Athletes

**Record:** CAAC (4th)

**Head Coach:** Rick Schultz

#### **Honors:**

**CAAC:** Nate Middleton (HM)

**CAAC All-Academic:** Ethan Carter, Kaden Keller, Nate Middleton, Troy Thelen.

**All-Area:** Nate Middleton

**Individual Academic All-State:** Nate Middleton

**Team Academic All-State:** MIGCA Team Academic All-State

### JV BOYS GOLF:

**JV Participation:** 10 Student-Athletes

**Record:** CAAC (4th)

**Head Coach:** Chris Cramer

**BOYS LACROSSE****Varsity Participation:** 14 Student-Athletes**Record:** 0-11 Overall, 0-6 CAAC**Head Coach:** Pat Witt**Honors:****CAAC All-Academic:** Ty Badge, Beau VanAbe**GIRLS LACROSSE****Varsity Participation:** 14 Student-Athletes**Record:** 2-10 Overall, 0-10 CAAC**Head Coach:** Jeff Draher**Honors:****CAAC:** Laura Schloegl, Vanessa Bailey (HM).**CAAC All-Academic:** Vanessa Bailey, Lauren Beck, Allie Brown, Maddie Metzmaker, Madison Sanborn, Laura Schloegl, Isabelle Ward.**All-Area:** Vanessa Bailey, Laura Schloegl**GIRLS SOCCER:****Varsity Participation:** 16 Student-Athletes**Record:** 7-9-1 Overall, 0-3-1 CAAC (4th)**Varsity Head Coach:** Sam Sibilski**Honors:****CAAC:** Emma Martinez, Hayley Elms (HM), Paige Jubeck (HM), Josie Stehlik (HM).**CAAC All-Academic:** Holly Bertram, Hailey Elms, Georgia Fromson, Paige Jubeck, Emma Martinez, Emma Simon, Josie Stehlik.**CAAC Copper Cup Champions****All-District:** Hailey Elms, Paige Jubeck, Emma Martinez.**JV Participation:** 15 Student-Athletes**Record:** 2-9-2 Overall, 1-4 CAAC**JV Head Coach:** Ryan Nevins

**GIRLS SOFTBALL****Varsity Participation:** 13 Student-Athletes**Record:** 11-19 Overall, 4-6 CAAC (4th)**Varsity Head Coach:** Gary Greider**Honors:****CAAC:** Avree Badgett, Maddi McKee, Olivia Cardenas, Courtney Cook (HM), Karissa Greider (HM).**CAAC All-Academic:** Emma Beals, Cortney Cook, Kelly DeLiso, Bethany Konieczny, Makenna Schneider, Aubrie McKee,**All-District:** Avree Badgett, Olivia Cardenas, Maddie McKee, Karissa Greider, Aubrie McKee (HM).**All-Area:** Avree Badgett, Olivia Cardenas, Maddi McKee.**JV Participation:** 10 Student-Athletes**Record:** 15-3-1, 6-1-1 CAAC**JV Head Coach:** Brooke Samec**GIRLS TENNIS****Varsity Participation:** 17 Student-Athletes**Record:** 10-1-2 Overall, 5-0 CAAC (Champions)**Varsity Head Coach:** Josh Gove**Honors:****CAAC:** Teagan Sanders (3rd), Lexi Maloney (1st), Bailee Thelen (1st), Isabel Thelen (1st), Lindsey Myers/Morgan Eiseler (2nd), Maddie Palmatier/Olivia Kudwa (1st), Ruby Dush/Paige Weber (2nd), Ella Heystek/Caroline Pope (1st).**CAAC All-Academic:** Allie Blanchard, Morgan Eiseler, Ella Heystek, Olivia Kudwa, Lexi Maloney, Lindsey Myers, Maddie Palmatier, Faith Robbe, Teagan Sanders, Bailee Thelen, Laney Voisinet, Paige Weber.**All-Area:** Teagan Sanders (LSJ Dream Team), Morgan Eiseler, Lindsey Myers.**Regionals:** Team Runner Up**State:** 10th Place in Division III**JV Participation:** 19 Student-Athletes**Record:** 9-1-2 Overall, 1-0-2 CAAC**JV Head Coach:** Katie Maloney

**BOYS TRACK & FIELD****Varsity Participation:** 37 Student-Athletes**Record:** 2-3 CAAC (3rd Place)**Head Coach:** Dave Mohre**Assistant Coaches:** Gary Sykes, Chris Wells**Honors:**

**CAAC:** Brock Miller (5th HM - 100 M Dash), Tyler Weber (5th HM - 200 M Dash), Bailey Nobach (6th HM - 400 M Run), Isaac Staib (7th HM - 400 M Run), Preston Sturgis (8th HM - 400 M Run), Griffin Armbrustmacher (2nd - 800 M Run), Ryan Brown (1st - 1600 M Run, 1st - 3200 M Run), Michael Dennis (2nd - 1600 M Run, 3rd - 3200 M Run), Bryce Brown (3rd - 1600 M Run, 2nd - 3200 M Run), Jacob Dennis (4th HM - 3200 M Run), Cooper McCastle (5th HM - 300 M Hurdles), Evan Gillespie (7th HM - Shot Put, 6th HM - Discus), Beau VanAbel (4th HM - Discus), Seth Wells (7th HM - Discus), Troy Cramer (3rd - Pole Vault), Chris Karasek (6th HM - Pole Vault), Matthew Thelen (7th HM - Pole Vault), 4 x 100 Relay (3rd - Hunter Brown, Cooper McCastle, Brock Miller, Sean Kelly), 4 x 200 M Relay (4th HM - Sean Kelly, Brock Miller, Tyler Weber, Bailey Nobach), 4 x 400 M Relay (2nd - Troy Cramer, Isaac Staib, Bailey Nobach, Griffin Armbrustmacher), 4 x 800 M Relay (1st - Troy Cramer, Bryce Brown, Ryan Brown, Griffin Armbrustmacher).

**CAAC All-Academic:** Griffin Armbrustmacher, Bryce Brown, Hunter Brown, Ryan Brown, Troy Cramer, Michael Dennis, Evan Gillespie, Roger Heinlen, Matthew Hoyland, Chris Karasek, Sean Kelly, Caleb Longoria, Cooper McCastle, Brock Miller, Bailey Nobach, Mitchell O'Malley, Zach Pierson, Sam Sackrider, Isaac Staib, Beau VanAbel, Tyler Weber, Seth Wells.

**All-Area:** Ryan Brown (1600 M Run, 3200 M Run)

**Regional:** 4 x 800 M Relay - 3rd (Troy Cramer, Bryce Brown, Ryan Brown, Griffin Armbrustmacher), Ryan Brown (3rd - 1600 M Run, 1st - 3200 M Run), Bryce Brown (2nd - 3200 M Run).

**State Qualifiers:** 4 x 800 M Relay - 14th (Troy Cramer, Bryce Brown, Ryan Brown, Griffin Armbrustmacher), Ryan Brown (1600 M Run, 8th - 3200 M Run), Bryce Brown (9th - 3200 M Run).

**All-State:** Ryan Brown (8th - 3200 M Run)

**Academic All-State:** Bryce Brown & Ryan Brown

**GIRLS TRACK & FIELD**

**Varsity Participation:** 16 Student-Athletes

**Record:** 4-1 CAAC (2nd Place)

**Head Coach:** Mike Maloney

**Assistant Coaches:** Gary Sykes, Chris Wells

**Honors:**

**CAAC:** Rachel Rozen (6th HM - 200 M Dash, 2nd - 400 M Run, 5th HM - Shot Put), Alyssa Benit (8th HM - 200 M Dash, 5th HM - 100 M Hurdles, 5th HM - 300 M Hurdles, 3rd - Pole Vault), Rachel Rustad (6th HM - 400 M Run, 4th HM - High Jump), Sarah Zehr (1st - 800 M Run, 2nd - 1600 M Run, 3rd - 3200 M Run), Lily Sackrider (5th HM - 800 M Run), Erica Feldpausch (4th HM - 1600 M Run), Abby Young (6th HM - 1600 M Run), Clara Fletcher (2nd - 3200 M Run), Isabelle Branch (4th HM - 100 M Hurdles, 6th HM - 300 M Hurdles), Kerri Miller (3rd - Discus), Katelyn Thelen (4th HM - Pole Vault), Madison Bolyard (7th HM - Long Jump), 4 x 400 M Relay (3rd - Rachel Rustad, Rachel Rozen, Lily Sackrider, Erica Feldpausch), 4 x 800 M Relay (2nd - Erica Feldpausch, Clara Fletcher, Abby Young, Lily Sackrider).

**CAAC All-Academic:** Alyssa Benit, Madison Bolyard, Clara Fletcher, Kerri Miller, Rachel Rozen, Rachel Rustad, Katelyn Thelen, Abby Young, Eleanor Young, Sarah Zehr.

## 2020-21 OVERALL ATHLETIC PARTICIPATION STATISTICS

### # OF SPORTS PER MALE ATHLETE

<b>BOYS</b>	<b>1 SPORT ATHLETES</b>	<b>2 SPORT ATHLETES</b>	<b>3 SPORT ATHLETES</b>	<b>4 SPORT ATHLETES</b>	<b>TOTAL MALE ATHLETES</b>
<b>9<sup>th</sup> Grade Boys</b>	35	21	7	0	63
<b>10<sup>th</sup> Grade Boys</b>	27	18	4	0	49
<b>11<sup>th</sup> Grade Boys</b>	35	20	3	0	58
<b>12<sup>th</sup> Grade Boys</b>	33	20	2	1	56
<b>Total</b>	130	79	15	1	226

### # OF SPORTS PER FEMALE ATHLETE

<b>GIRLS</b>	<b>1 SPORT ATHLETES</b>	<b>2 SPORT ATHLETES</b>	<b>3 SPORT ATHLETES</b>	<b>4 SPORT ATHLETES</b>	<b>TOTAL FEMALE ATHLETES</b>
<b>9<sup>th</sup> Grade Girls</b>	47	15	7	0	69
<b>10<sup>th</sup> Grade Girls</b>	38	16	6	0	60
<b>11<sup>th</sup> Grade Girls</b>	30	9	0	0	39
<b>12<sup>th</sup> Grade Girls</b>	41	11	2	0	54
<b>Total</b>	156	51	15	0	222

### ATHLETIC PARTICIPATION BY GRADE / GENDER

<b>GRADE</b>	<b>BOYS</b>	<b>GIRLS</b>	<b>TOTAL</b>	<b>% OF ATHLETES BY GRADE vs. TOTAL ATHLETE PARTICIPATION(448)</b>
<b>9<sup>th</sup></b>	63	69	132	30%
<b>10<sup>th</sup></b>	49	60	109	24%
<b>11<sup>th</sup></b>	58	39	97	22%
<b>12<sup>th</sup></b>	56	54	110	24%
<b>TOTAL</b>	226	222	448	
<b>% OF BOY / GIRL ATHLETES vs. TOTAL STUDENT BODY (922)</b>	24%	24%	49%	

### ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION

<b>GRADE</b>	<b># OF ATHLETES</b>	<b>% OF ATHLETES BY GRADE vs. TOTAL STUDENT POPULATION (922)</b>
<b>9<sup>th</sup></b>	132	14%
<b>10<sup>th</sup></b>	109	12%
<b>11<sup>th</sup></b>	97	11%
<b>12<sup>th</sup></b>	110	12%
<b>TOTAL</b>	448	49% (-4% from 2019-20)

\*Total enrollment based on February 10, 2021 MHSAA count (922 Students).

